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# Island Sun

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SANIBEL & CAPTIVA ISLANDS, FLORIDA

DECEMBER 2, 2016

DECEMBER SUNRISE/SUNSET: 2 7:00 • 5:36 3 7:01 • 5:36 4 7:01 • 5:36 5 7:02 • 5:36 6 7:03 • 5:36 7 7:04 • 5:36 8 7:04 • 5:36



The kid's tent

photo courtesy SCC

## Luminary Lights Shine Bright At Community Church

The lights of Christmas will be twinkling on the campus of Sanibel Community Church (SCC) on Friday, December 2 with activities for all beginning at 5:30 p.m. There will be free food and drinks. All evening, live music will fill the air from the Praise Team, LOGOS Kids and Chancel Choir. There will be a petting zoo and kid's tent for the children and young at heart. Throughout the evening there will be the powerful Biblical dramatic presentation of *A Walk Through Bethlehem*. The Women's Guild will conduct their annual Holiday Bazaar with proceeds supporting numerous mission organizations. All are welcome to come enjoy an evening of fun, beginning the Christmas season with the focus on Christ.

Sanibel Community Church is an evangelical, non-denominational congregation with the church campus at 1740 Periwinkle Way. For more information, call 472-2684 or visit [www.sanibelchurch.com](http://www.sanibelchurch.com).✱

## Luminary Fun At Historical Village

What better way to begin this year's Luminary festivities than with a visit to the Christmas-decorated Sanibel Historical Village. In addition to being decked out in Christmas finery throughout the village, there are programs planned for adults and children alike.

It all happens from 3:30 to 5:30 p.m. on December 2, Luminary Day. Admission during those times is free for all.

Each building will have an interactive feature for all to enjoy, including treats.

This year's theme is A Sanibel 1950s Christmas... Residents, Snowbirds, Tourists, and Ferries. The museum has been collecting 1950s items from members of the community, on loan for

display during the holiday season.

"Thanks to our committee co-chairs Gayle Pence and Laura Beckenbaugh, we have many fun and interesting items from the 1950s," said museum Executive Director Emilie Alfino. "We have everything from an old Tinker Toy set, to a Smith Corona portable typewriter, a camera, binoculars, picnic baskets, an advent calendar, and a collection of *Saturday Evening Post* magazines. There is also a collection of 1950s women's bathing suits."

One of the highlights of the day will be the vintage Florida and other tablecloths from the collection of Nancy Siegel. Siegel, who has about 100 tablecloths in her collection, generously loaned a portion to the museum for its Christmas display.

It will be a musical event as well. Volunteer docent Dave Richard

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## Riverside Brass To Perform At Luminary Stroll

Luminary strollers are invited to enjoy traditional and not-so-traditional holiday music performed by Riverside Brass at Olde Sanibel Shoppes, located at 630 Tarpon Bay Road on Friday, December 2 from 6:30 to 7:30 p.m.

The program includes arrangements for brass of holiday favorites such as *Deck the Halls*, *Ding Dong! Merrily on High*, *Frosty the Snowman*, *I Saw Three Ships*, *Jingle Bells* and many others.

The Riverside Brass ensemble includes: David Michie and Ken Wise, trumpets; Claudia Burns, French horn; Chuck McClinton, trombone; and David McCormick, tuba.✱



Riverside Brass members, center front, David McCormick. Back, from left, Claudia Burns, Ken Wise, Chuck McClinton and David Michie

photo courtesy Riverside Brass

## South Seas Island Resort Holiday Stroll



A trolley transports people on a past Holiday Stroll photo courtesy South Seas Island Resort

This December, South Seas Island Resort on Captiva Island hosts its 4th annual Holiday Stroll. In conjunction with the 2016 Captiva Holiday Village, the 330-acre resort transforms its picturesque marina and north end with thousands of twinkling lights for a fun-filled holiday extravaganza in benefit of the Sanibel-Captiva Conservation Foundation, the Captiva Island Historical Society, Barbara Sumwalt Museum and the Epilepsy Foundation. On Friday and Saturday evenings from December 9 to 24, attendees enjoy live entertainment, arts and crafts, Santa visits, games and more.

Open to the public, tickets to the South Seas Holiday Stroll can be purchased at the door with a \$10 donation to this year's charities. Children ages 12 and under are free. Resort guests are invited to attend complimentary.

Holiday rates start from \$264 per night. For reservations or more information on South Seas Island Resort, call 1-800-533-5553 or visit [www.southseas.com](http://www.southseas.com).✱





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## Decking The Halls Of Historical Museum



Volunteers spent Monday morning "decking the halls" of the 1896 Sanibel School House, located on the grounds of the Sanibel Historical Museum & Village, in preparation for Friday's pre-Luminary Night gathering, which will begin at 3:30 p.m. Pictured above with some holiday décor, from left, is Patti Daly, Nancy Terelle, Andrew and Terry Jacob, Judy McBroom and Sean Daly. Below, Judy McBroom hanging paper fish decorated by members of the Sanibel-Captiva Girl Scouts - daisies, brownies and juniors - along red and green garland.

photos by Jeff Lysiak



## Mastersingers Holiday Performances

The Fort Myers Symphonic Mastersingers will have three December performances. The select ensemble of 80-plus voices, under the direction of artistic director Jeff Faux, will perform the Christmas portion of Handel's *Messiah* along with traditional Christmas carols at concerts on Sanibel, in downtown Fort Myers and at the Barbara B. Mann Performing Arts Hall.

On Saturday, December 10 at 7 p.m., the Mastersingers host a *Messiah* sing-along at Citygate Ministries, located at 1735 Jackson Street in Fort Myers. The annual event will be accompanied by strings and features professional soloists. *Messiah* scores will be provided to singers. There is no admission charge, but a free-will offering will be collected to benefit the youth music program at Citygate Ministries, with a goal of developing the next generation of musicians and worshippers.

On Sunday, December 11 the Mastersingers will perform *Messiah* and *More* at 6 p.m. at the Sanibel Community

Church, located at 1740 Periwinkle Way. The performance is free and will feature guest soloists and the Mastersingers Festival Orchestra. A love offering will be taken to benefit Angel Tree, part of Prison Fellowship to purchase toys for children with a parent in prison. Concertgoers are encouraged to bring new toys to be distributed to area youngsters.

On Sunday, December 18 at 7 p.m., the Mastersingers join the Gulf Coast Symphony in their annual holiday concert, Deck the Halls, at the Barbara B. Mann Performing Arts Hall, located at 13350 FSW Parkway in Fort Myers. Tickets are available by going to <http://barbarabmannperformingarts.hall-tickets.org/>.

"The holidays are a time for family and tradition," said Anthony Contino, Mastersingers president. "Singing the *Messiah* with our friends and neighbors in Fort Myers every year and our annual trip to the Sanibel Community Church are an essential part of the Mastersingers' family tradition," he said.

"We are also very excited about renewing our collaboration with the Gulf Coast Symphony. The Deck the Halls concerts are great fun and provide a perfect opportunity for a family outing to usher in the holidays," said Contino. ✨



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# City Of Sanibel Receives Four Sheriff Cruisers On Loan

The City of Sanibel has taken possession of four Lee County Sheriff cruisers to temporarily replace the cruisers damaged during the November 20 shooting of a Sanibel police officer and subsequent shootout. “We want to be certain our residents are aware that Sanibel police officers will be temporarily working from cruisers dressed with the markings of the Sheriff’s office,” announced City of Sanibel Chief of Police Jamie Phillips.

Three of the City’s five marked vehicles were damaged during the incident, including the one which Officer Jarred Ciccone was shot in while pulled over on the roadside and writing a ticket on Periwinkle Way. An additional cruiser was heavily damaged by gunfire when the suspect opened fire on a second Sanibel Police officer. A third marked cruiser received less damage from the gunfire. All three cruisers have been impounded as evidence by the Florida Department of Law Enforcement (FDLE.)

The level of assistance we have received from Lee County Sheriff Mike Scott cannot be measured,” stated Sanibel Chief of Police Jamie Phillips, while inspecting the loaned vehicles. Sanibel Mayor Kevin Ruane added, “Our cooperation and support with Sheriff Mike Scott has always been excellent. However, his personal commitment and the level of response of Sheriff Mike Scott on Sunday, and every day since, is more than phenomenal. The immediate and full force mobilization of Sheriff Scott’s resources Sunday night made the quick apprehension of the suspect possible.”

All four cruisers that have been loaned to the City of Sanibel from Lee County are high mileage vehicles slated for trade-in. One of the borrowed cruisers is a 2009 model Ford Crown Victoria and the other three are 2010 model Ford Crown Victorias.

Sanibel City Manager Judie Zimomra stated, “We have expedited acquisition of



Sanibel Police Chief Jamie Phillips  
photo courtesy City of Sanibel

# FISH, Farmers Market To Partner

The return of the Sanibel Farmers Market and its fruits, vegetables, breads, cheeses and other items is a blessing for the FISH Food Pantry.

Co-managers Betsy Ventura and Jean Baer organize and staff the market throughout its season. At their suggestion, vendors pack boxes of unsold fruit, vegetables and goodies for the food pantry at the end of every market on Sundays. FISH volunteers unload the treats each Sunday afternoon at the pantry, located at 2430 Periwinkle Way, directly behind Bleu Rendez-Vous French Bistro.

Coming soon to the market, again at the suggestion of Ventura and Baer, is a FISH wagon where customers can purchase market goods for FISH, drop off canned foods for the pantry and/or make donations showing their support for FISH.

“We wanted to begin this program as a pilot, testing it at the Sanibel market and partnering with FISH, to see its success,” said Baer. “If it is successful, we will bring it to our other markets to benefit other food pantries. We have asked a very talented local high school student, Hannah Fay, to paint the display in the wagon to resemble a fish tank. Hannah will also assist with the coordination of this effort as part of her high school studies. Our hope is to encourage market attendees to either purchase an item at the market

or to bring a non-perishable item to the market to place in the wagon as a donation to FISH.”

“FISH and our clients greatly appreciate the generosity of the farmer’s market,” said Maggi Feiner, FISH president and CEO. “We cannot thank Betsy and Jean enough for encouraging the vendors to supply healthy choices for our clients, and for coming up with the wonderful donation wagon idea. Their continued support and eagerness to find fresh ways to support FISH is an integral part of the success of our food pantry. And thanks to Hannah as well. We are pleased to showcase her artistic talent through the ‘fish tank’ design. She is truly a wonderful artist. Our volunteer teams, many of which include island youth earning community service hours, who pick up from the market and organize our food pantry on Sunday afternoons, deserve huge kudos. We could not provide these wonderful healthy foods to our community without their help.”

The food pantry is open Monday through Friday from 10 a.m. until 3:45 p.m. For more information, visit fishofsancap.org or call 472-4775.✱

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## Citizens Offer Gratitude For Sanibel Police



Sanibel Chief of Police Jamie Phillips, center, surrounded by three island residents - Jeanne Hamilton, Laurel Rosen and Dr. Pat Santucci - who delivered a petition with more than 1,000 signatures in support of the police department

photo by Jeff Lysiak

by Jeff Lysiak

When news of an officer-involved shooting on November 20 began to circulate across the islands last week, many citizens began looking for a way to offer support for the first responders who were involved in the incident.

And while FISH of SanCap was first to take action, setting up an assistance fund for Sanibel Police Department Officer Jarred Ciccone, shot in the line-of-duty while sitting in his patrol vehicle, others wondered what they could do.

Then, Jeanne Hamilton had an idea. "I just wanted to do something positive," said Hamilton. "I know how important having support for our local police officers is."

Teaming with Laurel Rosen and Dr. Pat Santucci, fellow participants in a tap dance class offered at BIG ARTS, Hamilton assembled a petition called Sanibel Blue - We Support You.

"We want the Sanibel police force to know how much they are appreciated," the petition reads. "They are always there when we need them. We, as a community, appreciate their professionalism and support. When you see policemen today, thank them for their valuable service."

The trio drew up the petition two days after the incident, then began soliciting signatures from adults, children and families.

"We wanted to get 1,000 signatures... and we surpassed that mark in five and a half days," explained Hamilton, who received signatures at BIG ARTS, the Herb Strauss Theater, Jerry's Market and at last weekend's Sanibel Masters Art Festival. "For a small community, this makes a big statement."

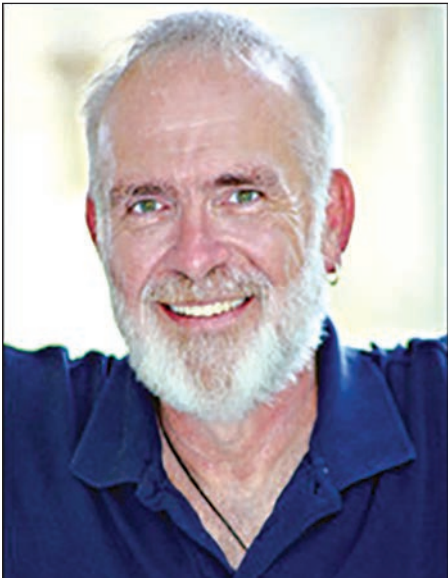
"We had people lining up to sign the petition," Santucci noted.

On Monday afternoon, the trio delivered a binder filled with the petition and 1,068 signatures to Sanibel Chief of Police Jamie Phillips.

"Thank you very much... this is much appreciated," said Phillips, who also received a big hug from the like-minded ladies. "This will make the healing process go even quicker."

Citizens wishing to provide assistance to SPD Officer Ciccone may make a donation to the City of Sanibel Employee Assistance Fund (Police Officer Ciccone) to FISH of SanCap, 2430-B Periwinkle Way, Sanibel, FL 33957 or by calling 472-4775.\*

## Christmas Magic At BIG ARTS Strauss Theater



Rob Sommers



Nicholas Salerno

BIG ARTS invites the whole family to experience a charming, unique adaptation of Charles Dickens' classic *A Christmas Carol* playing now through December 23. In this version by Christopher Schario, a young boy is whisked away into the world of Dickens' characters when a traditional reading of the timeless book takes a magical turn and the warm, humorous journey towards Scrooge's redemption unfolds before his - and the audience's - eyes.

Presented by special arrangement with the Dramatists Play Service Inc., New York at the BIG ARTS Strauss Theater, audiences will see faces new and old to the Sanibel community portraying familiar characters and stories - including Rob Sommers as Scrooge, local Katie Pankow as Belle, Nicholas Salerno as Tiny Tim, Galloway Stevens as Bob Cratchit, Jake Delaney as Christmas Present, and

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## CHRISTMAS AT SANIBEL COMMUNITY CHURCH



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### HOLLY & IVY CHRISTMAS BAZAAR

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### THE MASTERSINGERS MESSIAH AND MORE

**Sunday, December 11, 6 p.m.**

It will be an unforgettable evening with the Mastersingers and  
orchestra as they perform Traditional Christmas... and More.

A carol sing will begin at 5:30 p.m. and the  
concert begins at 6 p.m. and is free and open to the public!

A special offering will be taken for *Angel Tree Ministries*,  
bringing gifts to children who have a parent in prison.

### CANDLELIGHT CHRISTMAS EVE SERVICES Saturday, December 24

4 p.m. – Contemporary In The Sanctuary.

6 p.m. – Contemporary In The Sanctuary.

8 p.m. – Traditional With Choir In The Sanctuary

### CHRISTMAS MORNING SERVICES Sunday, December 25

9 a.m. – Traditional in the Historic Chapel

11 a.m. – Contemporary In The Sanctuary

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## St. Michael's Angels Bake Thanksgiving Pies For FISH Clients



Together, FISH Chairman of the Board John Pryor and his wife Judy coordinate the annual Thanksgiving partnership between St. Michael's and FISH  
photo by Jan Holly

Parishioners at St. Michael and All Angels Episcopal Church engaged in a baking frenzy recently, preparing pies for distribution to clients of FISH of Sanibel-Captiva, Inc. In all, 70 pumpkin and apple pies were delivered to FISH as a delicious addition to the charitable organization's annual Thanksgiving meal baskets. Protective containers for the pies were generously provided by Bailey's General Store.

According to Judy Pryor, who organizes the initiative each year, St. Michael's parishioners have been baking pies for FISH since 2008. "At first, we baked them in the church's kitchen. It was fun, but a challenge, since we didn't have quite the space necessary for the number of pies that were needed," she said. "Now, participants bake them at home, or purchase them freshly baked at selected groceries." Pryor says that sending freshly baked pies to FISH is especially rewarding, because "we are helping our own – our island neighbors."

In operation for 34 years, FISH was established as a means for islanders to give to one another. As John Pryor, chairman of the FISH board, says, "our motto is 'neighbors helping neighbors.' We want to support those in need who live, work or visit the islands – to help families live independently and with dignity."

Donations to FISH are always gratefully accepted. Tax-deductible gifts directly support the organization's mission, offering help, hope and happiness to islanders in need.

For further information about FISH and its charitable activities, visit the FISH Walk-In Center, 2430-B Periwinkle Way, [www.fishofsancap.org](http://www.fishofsancap.org), or contact Maggi Feiner, president and CEO of FISH at 472-4775 or [maggi@fishofsancap.org](mailto:maggi@fishofsancap.org).✽

## Church Bazaar

There will be a Holly & Ivy Bazaar at Sanibel Community Church on Friday, December 2 from noon to 8 p.m.

Expect gifts and decorating items for everyone, including holiday kitchen items, decorated Christmas trees, premium bagged pecans, holiday boutique, handmade quilted articles, jewelry, baked goods, homemade fudge, homemade cookies, handpainted ornaments and silent auction items.

Come to the bazaar, bring your family and friends and enjoy Luminary night. Lunch is available from noon to 3 p.m. Sanibel Community Church is located at 1740 Periwinkle Way.✽

## Island Unitarians To Congregate

Unitarian Universalists of the Islands will meet on Sunday, December 11 at 5 p.m. in Fellowship Hall at the Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. The public is welcome to attend.

The congregation will gather to hear, read and discuss a sermon by Reverend Karen Gustafson about the challenges of letting go of our real and perceived constraints when confronting unanticipated realities. Instead of retreating from these situations or clinging to old ways of thinking and doing to solve them, we can choose to see them as opportunities to pursue new directions.

Lively discussion, fellowship and refreshments follow the service.✽



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# Low-Speed Vehicle Permit Rejected By Commission

by Jeff Lysiak

Following a lengthy public hearing, members of the Sanibel Planning Commission rejected a conditional use permit application which sought to establish a low-speed vehicle rental business on the island.

On November 22, the owners of A Plus Golf Carts and Parts of Fort Myers petitioned the commission, seeking to bring their golf cart rental business to Sanibel. Their application, which had originally been scheduled to be heard in October, looked to bring seven low-speed vehicles to the 2427 Periwinkle Way outlet.

Sanibel Planning Department member Josh Wyman introduced the staff report to the commissioners and audience gathered at Mackenzie Hall.

“The applicant is requesting a change of use to convert an existing commercial retail unit – formerly the Ickle Pickle – into a vehicle rental business for seven street-legal (gasoline powered) low-speed vehicles at the subject site,” the report read, in part. “The rental inventory, which is proposed to be comprised of four 4-passenger vehicles and three 6-passenger vehicles, shall be entirely stored within Suite ‘A’ of the existing commercial building.”

Wyman also explained that the vehicles proposed to be rented are considered low-speed vehicles as defined by Florida Statutes and as such are considered street-legal by the State of Florida. The city staff review of the application did not involve the legal status of low-speed vehicles, but whether or not the proposed vehicular rental use “meets the specific and general requirements” of the Land Development Code applicable to conditional uses.

“The traffic impact statement provided by the applicant ... concludes

that the proposed use would have a very insignificant impact to the total amount of traffic on Periwinkle Way when compared with the previous retail use,” Wyman noted.

However, several members of the commission offered an alternate view of the potential traffic impact.

“It’s not the coming and going, but the use of the vehicles,” said commissioner John Talmage. Fellow commissioner Chuck Kettman suggested that the low speed (20 to 25 mph) of the golf carts along Sanibel’s main thoroughfare would cause “an inconvenience to people on the island.”

During public comment on the application, several residents spoke out against granting the permit. Larry Schopp, a member of the Committee of the Islands (COTI), read a passage from Objective 2 of the Sanibel Plan which calls for a “balanced” transportation system and “reduced traffic.”

“By granting this application, you would not be reducing traffic,” said Schopp. “In fact, you would be increasing the use of low-speed vehicles, which are likely to increase traffic backups.”

Resident Joel Salatino added that allowing low-speed vehicles to Sanibel’s already congested roadways “just compounds that problem.”

“Low-speed vehicles are very frustrating and will lead to more overtaking on our roads,” said David Bath, another member of COTI.

Billy Kirkland, owner of Billy’s Bikes and Rentals, told the commission that he was not in favor of bringing low-speed gas-powered vehicles to the island. “I’m not someone that wants to do it, but I can tell you that there will be other people ... personally, I’m not in favor of it,” he explained.

Following some additional testimony, commissioner Jason Maughan made a motion to deny the permit. Commissioners then voted, 5 to 1, against approving the application, with commissioner Tom Krekel casting the lone “yes” vote and vice chair Chris Heidrick abstaining due to having a prior business relationship with the applicant.✱

# Fund Established For Officer Shot On Duty

A designated fund has been established at FISH in response to inquiries the City of Sanibel has received as to how assistance can be provided to Sanibel Police Officer Jarred Ciccone, who was shot in the line of duty. Ciccone, age 43, has been a member of the department since January 8, 2007.

“Sanibel is a very generous community and we are very proud of our excellent Police Department,” said Sanibel Mayor Kevin Ruane when announcing the fund. “We are pleased that FISH is providing this option for citizens who choose to make a donation.”

In September 2007, Officer Ciccone was issued a Life Saving Award when he successfully interceded in an attempted suicide situation. Ciccone was presented the Phoenix Life Saving Award in 2015 when he administered AED and CPR to an unresponsive female at an on-island resort, saving her life.

Officer Ciccone has completed special advanced courses which qualify him for senior officer status. He is also regularly recognized with perfect attendance awards.

At approximately 7:57 p.m. on November 20, Officer Ciccone was shot by a passing motorist while completing a traffic citation in the vicinity of 2300 Periwinkle Way. The officer was transported to the hospital where he was treated for a gunshot wound to his shoulder. He has subsequently been released from the hospital.

The subject who shot the officer was arrested at his home after a shootout with police. The city activated the code red system, calling 497 phones in seven minutes in The Dunes neighborhood with both 911 alerts and later “all clear” messages.

This matter remains an ongoing investigation being conducted by the Florida Department of Law Enforcement.

Citizens wishing to provide assistance to Officer Ciccone may make a donation to the City of Sanibel Employee Assistance Fund (Police Officer Ciccone) at FISH, located at 2430-B Periwinkle Way on Sanibel or by calling 472-4775.✱

# City, FISH Offer Employee Assistance Fund

FISH of SanCap is a human services organization, focused for over 30 years on neighbors helping neighbors, with a mission to lend a helping hand to those who live, work or visit here.

The organization’s vision is to enrich the lives of everyone on Sanibel and Captiva through an array of food programs, island-based workshops, social services and Helping Hands.

The City Employee Assistance Fund was established at FISH by the City of Sanibel to assist any city employee experiencing extraordinary medical or financial challenges. In the past the

fund has helped employees during a death in the family, when a home was destroyed by fire, when a spouse was out of work or if there were uninsured medical expenses. Those who choose to assist city employees during these circumstances may donate to the dedicated fund.

In response to citizens who have requested how they could contribute to cover any uninsured expenses for the Ciccone family, a dedicated line-item has been established within the existing City Employee Assistance Fund established at FISH. Senior Officer Jarred Ciccone is a nearly 10-year veteran of the Sanibel Police Department who was shot in the line of duty on November 20 while conducting a routine traffic stop on Periwinkle Way.

For more information, visit [www.fishofsancap.org](http://www.fishofsancap.org).✱

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## Sea School To Be Featured In New PBS KIDS Show



A life-sized whale shark sand sculpture built by Sanibel Sea School students for the filming of *Splash and Bubbles* photo courtesy Sanibel Sea School

Sanibel Sea School will be featured in a new, marine biology-themed television series on *PBS KIDS*, called *Splash and Bubbles*. In May 2015, filmmakers visited the nonprofit to shoot an outreach program with visiting students from The Heights Foundation. The children participated in a reusable bag giveaway at Bailey's, built a life-sized whale shark sand sculpture, and shared their impressions of the ocean on camera. The videographers also captured footage of some of Sanibel's unique flora and fauna, including birds, live shells and algae.

The show will follow the adventures of its title character, Splash, a yellow fusilier fish who has migrated all over the oceans before settling down with his family in Reeftown. There, he teaches his fellow residents about what exists beyond the cozy confines of their coral walls. Together, Splash and his friends explore the world's oceans, where they meet wildly diverse marine animals and discover otherworldly undersea habitats, bringing back what they've learned to share with their neighbors.

"Splash creators' objectives are very well aligned with our mission at Sanibel Sea School – to improve the ocean's future, one person at a time," said Executive Director Dr. Bruce Neill. "In an ideal world, every child would have the opportunity to explore the ocean in person, but that's not realistic, so television programs like this are an excellent way to reach and inspire kids who are far from the sea."

*Splash and Bubbles* premiered November 23 on *PBS KIDS*. Sanibel Sea

School is featured in Episode 3, at the end of *How Bubbles Got Her Moves Back*, during Episode 6, after *Ripple's Whale of a Tale* and during Episode 9, after *Splash's Swim School*. The program will also be available for download on iTunes as new episodes are released.

To learn more, visit [www.sanibelseaschool.org](http://www.sanibelseaschool.org). ✨

## Coloring Book Signing

Well-known Florida artist Carroll Swayze will be making an appearance at MacIntosh Books & Paper, located at 2330 Palm Ridge Road on Saturday, December 3 from 11 a.m. until 1 p.m.

Swayze will be on island for a coloring book signing party, where she will autograph her first coloring book, talk about the drawing process and color with anyone who would like to join in. She will also bring a few of the pages finished and framed to give people an idea of what can be done with the artwork.

"My coloring book allows my collectors to participate with me on this adventure and get a little art therapy along the way," said Swayze. "Drawing, coloring and painting is just so much fun and relaxing, and people seem to have embraced the idea of playing with art again which is wonderful. The response has been incredible. I have book signings scheduled into the new year and will have to do another print edition soon. My second book will be out in early March and is turning into a combination of poetry, family recipes and coloring book. I'm really enjoying working this way. The black and white drawings allow me to get really detailed, so that anyone who colors the book will find a good challenge in them."

The event is free and open to the public. For more information, contact Swayze at 941-266-6434 or MacIntosh Books at 472-1447. ✨



image courtesy Carroll Swayze



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# Church Flights Hunger



Food Packing photo courtesy SCC

On November 19, Sanibel Community Church (SCC) hosted a community-wide event to help fight local hunger. Partnering with Meals of Hope from Naples, over 150 people gathered in the Fellowship Hall to produce over 74,000 meals. For over two hours, parts of the community, including members of a local Haitian church, the Sanibel Rotary Club, residents of Lifeline Family Center in Cape Coral, members of Teen Challenge, residents of The Gabriel House in Fort Myers and other community residents and SCC members went to work. All meals were given to the Harry Chapin Food Bank in Fort Myers for local distribution. This is the fifth time SCC has played host, with 2016 exceeding previous years' productivity.✱



WaterVentures Florida's Learning Lab will visit "Ding" Darling Saturday photo courtesy DDWS

## WaterVentures Traveling Lab To Visit 'Ding' Darling Refuge Site

In conjunction with the visiting Smithsonian Water/Ways exhibit at "Ding" Darling Visitor & Education Center through December 7, WaterVentures Florida's Learning Lab will make a one-day stop on Saturday, December 3. The 53-foot traveling science center features enriching and engaging activities that offer a hands-on look at Florida's diverse watersheds, water conservation and recycling. From 9 a.m. to 4 p.m., WaterVentures will provide experiential learning to inspire critical thinking and empower kids and adults to make a difference in the world around them. The WaterVentures vehicle visits schools, fairs, festivals and events throughout Florida. "The experience ties in nicely with our Water/Ways exhibit," said Sarah Lathrop, associate director of the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS), the nonprofit that is funding the Water/Ways visit. "The exhibit takes a global look at water relative to the environment, culture, history and religion, but also examines the issues and context facing our liquid assets here at home through collaborative programming we created internally." The Southwest Florida Fine Craft Guild is simultaneously showing an artful water and nature exhibition titled Engulfed throughout the duration of the Water/Ways exhibit.✱

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### BAT YAM-TEMPLE OF THE ISLANDS

The Reform Congregation of Bat Yam  
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night services at 7:30 p.m. in the Fellowship  
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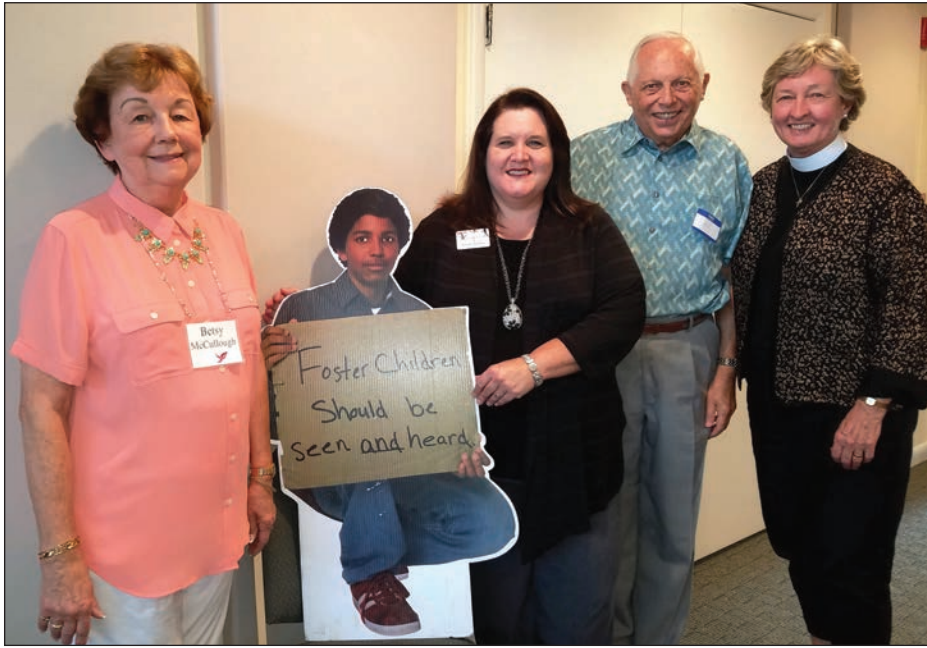
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## Guest Speaker At Women's Meeting



Women of St. Michael's president Betsy McCullough, left, and St. Michael's Rector Ellen Sloan, far right, welcome speaker Roxanne Wendling and longtime GAL volunteer Dr. John Harries photo courtesy Anita Mayle

On November 14, the Women of St. Michael and All Angels Episcopal Church held their first monthly meeting of the season, featuring a presentation by Roxanne Wendling, administrator for the Guardian ad Litem Foundation. Wendling's presentation, *The State of Our Children*, described the mission and work of the foundation, a nonprofit supporting Florida's 20th Judicial Circuit Guardian ad Litem (GAL) program.

GAL assists children who have been removed from their homes, through neglect, abuse or abandonment, and placed in temporary homes. Current statistics list more than 2,000 children in Southwest Florida living in such conditions. Children with GAL advocates are more likely "to find safe, permanent homes, receive more services, spend

less time in foster care, perform better in school and exhibit fewer behavior problems," Wendling said.

Wendling explained that GAL advocates, who work with these children, are invaluable to the program's success. The volunteers, trained by the foundation and certified by the court, represent the best interests of the children. Among other activities, GAL volunteers visit with the children, gather case information, attend court hearings and meetings, prepare written court reports, explore alternative solutions to individual issues and assist in implementing plans prescribed by the courts.

Wendling said that GAL volunteers must be at least 21 years old and full-time Florida residents. They must also have access to a computer, possess basic computer skills and be willing to devote eight to 10 hours each month to GAL work.

According to Women of St. Michael's president Betsy McCullough, a portion of the proceeds from the church's thrift shop, Noah's Ark, is regularly donated to GAL. "We are delighted to receive updates on the foundation's support of abused and neglected children in our area," McCullough said.

During her presentation, Wendling thanked the church community "for its support of our Children's Needs Program, which provides children with essential items and normalcy experiences, thanks to these dedicated, well-trained and court-certified volunteers. I urge others to get involved. Our kids in crisis are counting on it."

Also attending the luncheon were longtime GAL volunteers Dr. John and Mrs. Eleanor Harries, who provided testimony about the program and its personal rewards for volunteers.

The luncheon meeting was catered by Bailey's General Store.

To learn more, call 533-1435 or visit [www.voicesforkids.org/guardians](http://www.voicesforkids.org/guardians).

For information on the Women of St. Michaels, contact McCullough or Rector Ellen Sloan at 472-2173 or online at [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org).

## Boat Launch Closed Indefinitely

The JN "Ding" Darling National Wildlife Refuge on Sanibel Island has closed the Tarpon Bay Recreation Area boat launch as of Monday, November 28, and it will remain closed until further notice.

This closure is necessary due to

limited parking space available during construction of the new Marine Lab, in partnership with the Sanibel Captiva Conservation Foundation.

The ramp will reopen after construction is completed, slated for the fall of 2017. Further announcements will be made at that time.

Tarpon Bay Explorers will remain open as usual during the construction, offering naturalist-guided tours, cruises, and charters, as well as canoe, kayak, boat and bike rentals, and a nature gift shop.



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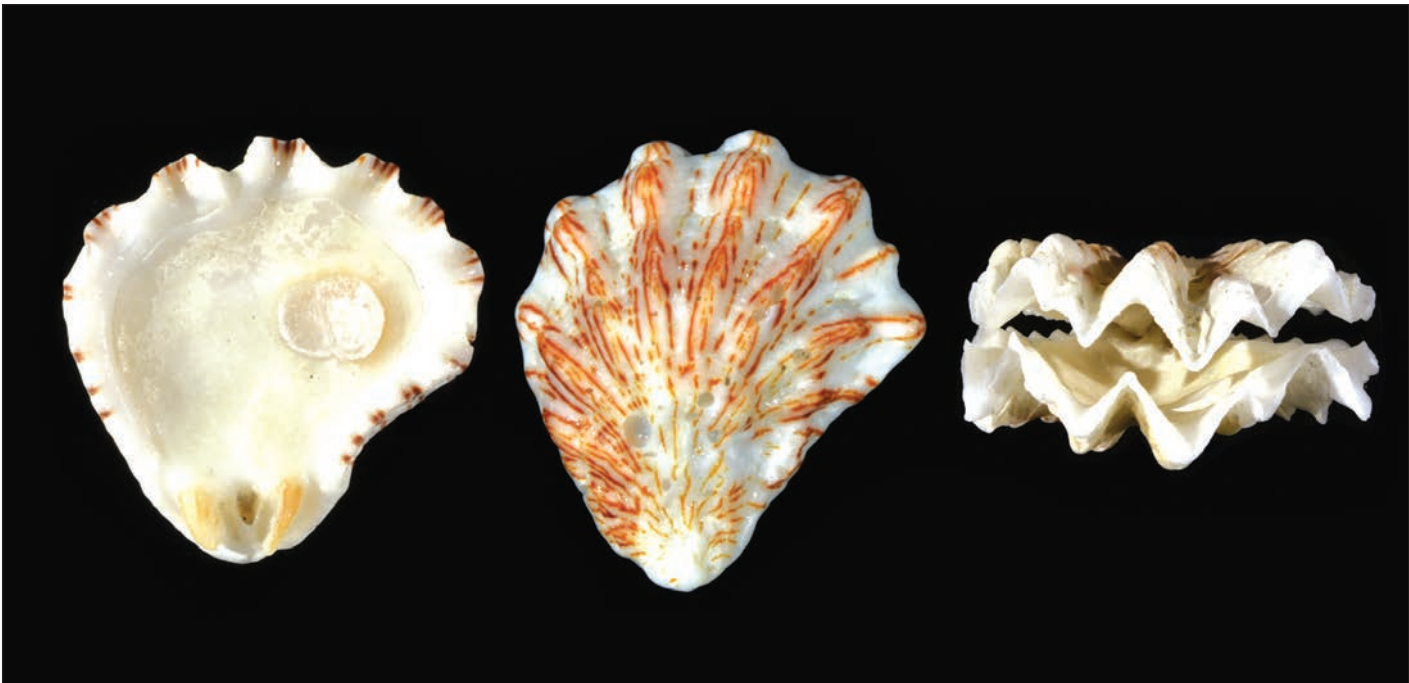
# The Atlantic Kitten Paw



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

**T**he Atlantic kitten paw, *Plicatula gibbosa* Lamarck, 1801, is a bivalve commonly found

on the beaches of Southwest Florida (and along the entire coast of the Sunshine State). Its vernacular name derives from the shell shape and, most likely, from its color pattern. It is not unusual for shellers to find complete shells (paired valves) of this inch-long species. Sometimes it is very difficult to separate the valves of a complete shell, not only because they are naturally very well adjusted to each other, but also because the shells may get cemented together by after-death incrustations and calcareous growth. The well-defined pleats give strength against crushing by predators, and also help prevent the shell valves from separating under stress. The species belongs in the *Plicatulidae*, a small bivalve family with



Atlantic kitten paw shells, *Plicatula gibbosa*, recently collected on Turner Beach, Captiva side of Blind Pass. Notice the strong pleats on the shell  
photos by José H. Leal

only 16 species worldwide. Learn more about Sanibel and Captiva mollusks at <http://shellmuseum.org/shells/southwest-florida-shells>.

**Shell Museum Events**

Daily programs are included with paid admission:

Live Tank Talks – Presented by a marine biologist throughout the day.

Arts & Crafts – 1:30 to 2:30 pm. Please check our arrival board in the main lobby for updates to daily schedules.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).

From page 1

## Luminary Fun

will be playing Christmas music on the historical Dickey piano in The Rutland House. The Sanibel Community Chorus will perform at 4 p.m., and the BIG ARTS Brass Ensemble will play from 4:30 to 5.

In addition to the museum's gift shop, BIG ARTS' galleries and gift shop will be open, and they will have some other artistic and fun opportunities with some snacks and beverages.

What better way to kick off the holiday season and the evening of Luminary than a visit to the Sanibel Historical Village. We hope people will come out at 3:30, if not earlier, to enjoy Christmas in the 1950s at the historical village. Remember, admission is free from 3:30 to 5:30 p.m. Bring your friends and family.

The Sanibel Historical Museum and Village is open from 10 a.m. to 4 p.m. Tuesday through Saturday. It is located at 950 Dunlop Road (next to BIG ARTS). Docent-guided tours are available at 10:30 a.m. and 1:30 p.m. at no extra charge, based upon docent availability. There is handicap access to all buildings. For information, call 472-4648 during business hours or visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org).

## Orchid Society Holiday Luncheon

**T**he Sanibel-Captiva Orchid Society will hold its annual holiday luncheon at The Dunes Golf and Tennis Club on Monday, December 12 at 11:30 a.m.

The featured speaker will be photographer Prem Subrahmanyam, who will share images of native Florida orchids in danger of disappearing.

The cost for members is \$25 and guests are \$30. Choose one of two luncheon entrees: cheese tortellini with seranno

ham, portobelo mushrooms in garlic and white wine sauce or Caribe dusted mahi-mahi with dirty rice and seasonal vegetables. Each lunch includes a house salad, rolls and Key lime pie. Gratuity and tax are included.

Reservations for the luncheon, including choice of entree, should be made with payment to the Sanibel-Captiva Orchid Society. For more information or to make reservations, call Carol Zell at 395-2122. Payment must be made by December 8.

Membership dues for the 2016-17 season is \$25 for a single membership and \$45 for couples.

For more information, visit [www.sancaporchid.org](http://www.sancaporchid.org).

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Sanibel Chief of Police Jamie Phillips with children who designed the get-well card  
photo courtesy City of Sanibel

Six Sanibel residents, Lilly, Kate and Max Doster, Finn and Susanna Howell and Julia Lemmon went to Sanibel City Hall to present Chief of Police Jamie Phillips a get-well card they made for Sanibel Police Officer Jarred Ciccone, as well as to make a donation to the fund to assist the officer.

These six citizens, all from the Farm Trail and Marta Lane neighborhoods, raised money at their lemonade stand over the Thanksgiving weekend.

Earlier, a second group of citizens, including Laurel Rosen, Jeanne Hamilton and Dr. Pat Santucci, presented the chief with more than 1,000 signatures they had gathered in support of the Sanibel Police Department under their message labeled, "Sanibel Blue We Support You."

Upon receiving the cards and donation, Chief Phillips assured both contingencies that the well wishes and messages will be hand delivered to Officer Ciccone as his convalescence continues. The chief also added, "In my 36 years with the City of Sanibel, this community has always pulled together to meet a challenge...everyone pulls on the same rope in the same direction...and in this day and age this is very heartwarming."

A designated fund has been established at FISH in response to inquiries the city has received as to how assistance can be provided to Officer Ciccone, who was shot in the line of duty. Officer Ciccone, age 43, has been a member of the Sanibel Police Department since January 8, 2007.

At approximately 7:57 p.m. on November 20, Officer Ciccone was shot by a passing motorist while completing a traffic citation in the vicinity of 2300 Periwinkle Way. He was transported to the hospital where he was treated for a gunshot wound to his shoulder.

The subject who shot the officer was arrested at his home after a shootout with police. This matter remains an ongoing investigation being conducted by the Florida Department of Law Enforcement.

Assistance for the family is being coordinated between the city and FISH Citizens wishing to send cards and best wishes or provide assistance to Officer Ciccone may make a donation to the City of Sanibel Employee Assistance Fund (Police Officer Ciccone) at FISH, located at 2430-B Periwinkle Way on Sanibel, or call 472-4775.\*

## Motor Club Cruise-In This Saturday

The San Cap Motor Club will be showing off their wheels at its monthly Cruise-in - Cars and Coffee - at Periwinkle Place Shopping Center on Saturday, December 3 from 9 to 11 a.m. Look for the checkered flag.

Whether you are a member of the club or not, whether you have a vintage car to show off or just love cars, all are welcome.

Automobile enthusiasts meet at Periwinkle Place Shopping Center, located at 2075 Periwinkle Way, on the first Saturday morning of every month through May 2017.

No pre-registration is necessary; just show up with your car, truck or bike. Donuts, coffee and other refreshments will be provided.

For more information, call Scot Congress at 472-4177 or Mike Stone at 322-0044.\*



Car on display at a recent cruise-in at Periwinkle Place



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City Of Sanibel Vegetation Committee

# Do I Have Brazilian Pepper On My Property And Why Should I Care?



Brazilian pepper berries

photos courtesy City of Sanibel Vegetation Committee

If you are a longtime resident or visitor to Sanibel, most likely you know about Brazilian pepper, while those with less history may not. If you are unfamiliar with the plant, here's what you need to know.

Brazilian pepper (*Schinus terebinthifolius*) is considered a Category I invasive plant by the Florida Exotic Pest Plant Council, and is one of the most aggressive invasive exotic plants in Florida, infesting over 700,000 acres. Its dense canopy shades out other native species, and it invades the aquatic and terrestrial habitats of the wildlife that depend on land and water for their survival.

In the 1990s, a city-appointed committee studied habitat issues in conjunction with the development of the Sanibel comprehensive surface water management system. The conclusion was that Sanibel's wetland habitat had decreased significantly since



Brazilian pepper tree

the 1950s due to fire suppression, Brazilian pepper and other hardwood invasion, and a decreased wet season water table. Thus, in 1996, Sanibel City Council adopted the Brazilian Pepper Eradication Program with a goal to rid the entire island of this invasive exotic plant. Over the years, the eradication program, combined with new policies and systems to manage surface water as well as the prescribed burn program, has resulted in the near elimination of this invasive pest. However, it is an ongoing battle. If you are driving around Fort Myers in the winter, and you see beautiful red berries, it is probably Brazilian pepper. As you can imagine, those bright red berries are very attractive to birds and mammals who act as perfect dispersal agents. Thus, Brazilian pepper will continue to be an occasional nuisance. Be vigilant and prevent its spread.

Since plant identification can be challenging, here's what you should look for: Brazilian pepper is a shrub or small tree which can grow up to 40 feet. There are male and female plants, but only the female bears fruit. The leaves are alternately arranged with 1- to 2-inch long, elliptic and finely toothed leaflets. The serrated leaves are reminiscent of the wild rose leaves up north. The mid-rib of the leaf is reddish, and the flower clusters, which are white and 2 to 3 inches long, appear from September through November. The fruit is clustered and initially green, becoming bright red when ripe (usually by December). This timeframe distinguishes this non-native plant from native vegetation which generally blooms and bears fruit in the spring through fall. If you crush a leaf of the Brazilian pepper, it smells peppery or like turpentine, but be careful since it is a relative of the poison ivy family, and therefore, its sap can cause an allergic reaction.

In order to successfully control Brazilian pepper, all Brazilian pepper tree stumps must be treated with an appropriate herbicide. In most cases, a product containing the active ingredient triclopyr is the best choice for controlling Brazilian pepper; however, the methods of application may vary depending on the maturity of the pepper being treated. Mature trees should be cut as close to the ground as possible. Within five minutes, herbicide should be applied to the cambium (living tissue just inside the bark). Small seedlings or re-sprouts may be hand pulled or treated with foliar treatment. Brazilian pepper can be removed from developed property without a permit; however, a vegetation permit is required to remove pepper from a vacant parcel.

Brazilian pepper made its way to Florida from South America in the mid-1800s and is native to Argentina, Paraguay and Brazil. It was brought here as an ornamental plant, and its brilliant green foliage and bright red berries are often used in Christmas decorations. The introduction of Brazilian pepper to south Florida serves as another

continued on page 19

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# Join us for **Luminary Night**

Friday, December 2<sup>nd</sup>

- Santa will be celebrating with us from 5:30pm - 7:30pm, photos are free!
- Enjoy wine and food tastings.
- The Girl Scouts will be serving soda and hot dogs. *(Donations Welcome!)*
- Live sax music by local musician Ken Limeri



*Happy Holidays To All!*





## Fishing Improves As Temperatures Warm



by Capt.  
Matt Mitchell

**A**s forecast, the strong cold front brought some really unseasonably cold temperatures and drastically dropped our water temperatures more than 10 degrees.

As usual, with the passing of a cold front, the first day after was extremely tough fishing, then action gradually began to improve, getting better by the day as things slowly warmed back up.

Taking a charter on the coldest morning right after the front had passed, I did still manage to catch shiners but also took 100 live shrimp along as insurance and was really glad I did. After shiner fishing for the first few hours and catching only a handful of snook, I really needed to bend the rods with basically anything that would bite. Heading into

some deeper sheltered "Ding" Darling creeks, we began slow bouncing chunks of shrimp on a jig head along the bottom. Every cast, the small chunks at least got bit. Even though most of it was small stuff, we did manage to put some meat on the table with the first few keeper-sized sheepshead of winter and a couple of keeper-sized trout.

Over the next few days as water temperatures slowly rebounded, I found the snook were still on the same oyster bars and mangrove shorelines where we caught so many before the cold front moved through. Many of these places held great numbers of snook, although they would just not eat baits like they had for weeks earlier. Slow moving day time tides did not help the situation much either. All these places produced a few fish with a couple at each stop.

The morning low incoming tide set-up was a good time to fish deep mangrove creek mouths either with shrimp or shiners. During the first few hours of this low incoming tide, most creek mouths held lots of jacks along with a few snook for anglers pitching live shiners. Anglers using shrimp in these same creek mouths caught lots of snapper and sheepshead, although the vast majority were undersized. Until things get colder, catching keeper-sized sheepshead or



Snook proved a little harder to come by this week

being productive while only fishing shrimp will remain a challenge.

Cold conditions, along with some slow moving daytime tides, made things much tougher going than the fishing we have been lucky enough to experience for months now. When your average 1/2 day trip was 30-50 snook, then suddenly the rug is pulled out from under your feet and you're only catching an average of 10 snook per trip for a few days, it just feels like you're having a bad day. Switching it up and catching lots

of jacks some days had to be the go-to option. Without another strong cold front in our 10 day forecast, snook fishing will improve drastically as water temperatures climb back into the 70s and we finally move into a better tide pattern.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).\*

## Send Us Your Fish Tales

**W**e would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to [press@islandsunnews.com](mailto:press@islandsunnews.com) or call 395-1213.

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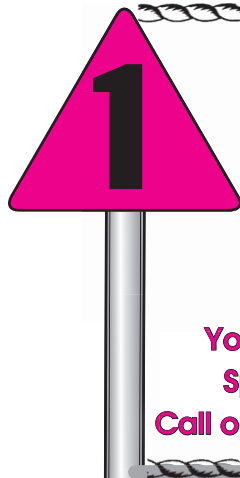


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Dave Doane



## Plant Smart

## Spatterdock

by Gerri Reaves

Spatterdock (*Nuphar advena*) might not be as showy as a water lily or lotus, but it's still a desirable plant for a bog or water garden.

This native aquatic species is common throughout the state, except in the Florida Keys. It benefits wildlife, specifically fish, frogs, snails, waterfowl and other animals who find cover in its dense growth. Fish breed where it grows and birds eat the seeds.

In the wild, this member of the waterlily family grows in fresh-water ponds, marshes, and sluggish rivers and streams.

Other common names include cow lily, yellow pond lily, yellow water lily and water collard.

The large smooth leaves, or pads have deeply notched bases and wavy edges. A foot or more across, they can be submerged, floating or emergent, varying in shape from rounded to heart- or arrow-shaped.

The solitary, cup-like flowers measure two to three inches across. Unlike other water lilies, they never fully open.

The six to nine yellow fleshy petals that form the "flower" are actually sepals. The real petals are small and scale-like.

The leaves have thick stems that can be as long as six feet. They differ from the leaves of other water lilies in that they curl up off the surface of the water.

The plant grows from large spongy rhizomes, root-like stems, a portion of which is edible, according to several sources.

Rhizomes gathered at the right time of year are crisp and filled with starch, and can be used in soups and stews or dried and ground into flour.

However, the taste and nutrition level don't particularly recommend it as a food source.

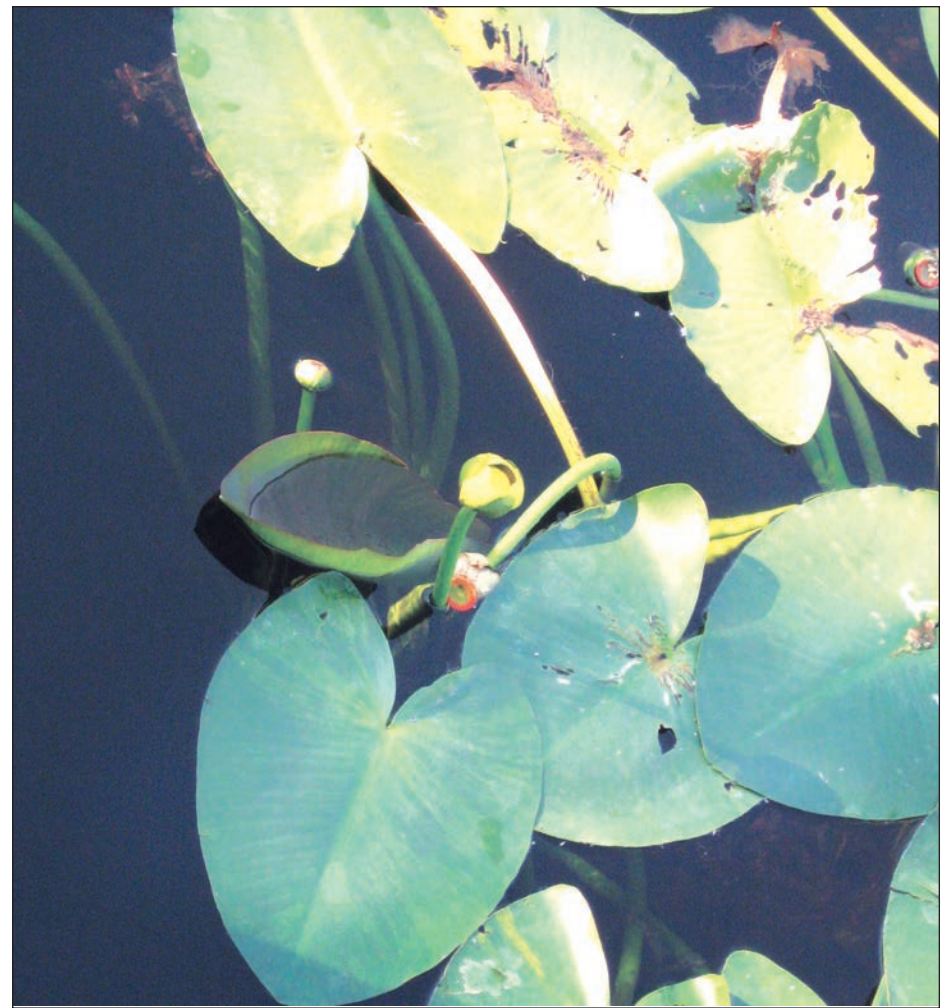
The leaves also have many traditional medicinal uses.

The urn-shaped pods hold small round seeds that can actually be popped like popcorn, cooked or ground into flour. The mature pods, which have red-orange rims, fall in the water and release the seeds.

Give spatterdock full sun to partial shade. Propagate it by dividing the rhizomes or with seeds.

Sources: *Everglades Wildflowers* by Roger L. Hammer, *Florida's Incredible Wild Edibles* by Richard J. Deuerling and Peggy S. Lantz, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, [earthweeds.com](http://earthweeds.com), [ifas.ufl.edu](http://ifas.ufl.edu) and [wildsouthflorida.com](http://wildsouthflorida.com).

Plant Smart explores the diverse flora of South Florida.✱



Spatterdock is a native aquatic species whose spherical flowers remain half open. Note the red-orange rim of the ripe seed pods (center and top right). photo by Gerri Reaves

From page 16

## Brazilian Pepper

cautionary tale of why non-native plant and animal species can be so detrimental to the environment. In 1996, along with the Brazilian Pepper Eradication Program, Sanibel City Council enacted legislation regulating seven other invasive exotic plant species – air potato, earleaf acacia, exotic inkberry, java plum, lead tree, mother-in-law's tongue and melaleuca. These eight are the worst of the invasive exotics on Sanibel, and may not be intentionally planted or transplanted on Sanibel. When applying for any city development permits, conditions of the permit require removal of these eight plants in perpetuity.

To view pictures of these plants or the city's *The Alien Invasion* brochure, visit [www.mysanibel.com/Departments/Natural-Resources/Vegetation-Information/Exotic-Vegetation/Other-Invasive-Exotic-Vegetation](http://www.mysanibel.com/Departments/Natural-Resources/Vegetation-Information/Exotic-Vegetation/Other-Invasive-Exotic-Vegetation).

The Natural Resources Department section of the city's website, [www.mysanibel.com](http://www.mysanibel.com), offers information and photos of native plants, a listing of licensed contractors, Sanibel's vegetation standards and codes and the *Environmental Reference Handbook* prepared by the city's vegetation committee. The vegetation committee also offers free native plant tours of the grounds at city hall at 10 a.m. on the second Wednesday and fourth Saturday of the month from November to April. For more information, contact the Sanibel Natural Resources Department at 472-3700.✱

## 2017 Sanibel Scenes Calendars

feature photos of local scenery and wildlife taken in and around Sanibel, so they are close to home.



In addition to the beautiful pictures, each month contains some tidbits of information or personal advice you should know.

This is the fourth consecutive year for these popular calendars, and they are available at these island favorite stores:

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**Tuttle's Seahorse Shop**

I ♥ Sanibel bumper stickers are also available at these favorite island stores.

## Enter Our Monthly Photo Contest



Submit your photos displaying the beauty of nature.

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Photo by France Paulsen

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# CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at [rainbolt@crowclinic.org](mailto:rainbolt@crowclinic.org) or 472-3644 ext. 229 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

**Friday, December 2, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Why Animals Come to CROW.

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

**Friday, December 2, 2 to 3:30 p.m.,** \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an

animal ambassador.  
**Monday, December 5, 11 a.m. –** CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

**Tuesday, December 6, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

**Tuesday, December 6, 2 to 3:30 p.m.,** \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

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Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children

under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Wednesday, December 7, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. Live animal encounter following presentation.

**Wednesday, December 7, \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.**

The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

**Thursday, December 8, 11 a.m.,** adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary

to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic. One of CROW's animal ambassadors will be present.

**Friday, December 9, 11 a.m.** adults \$7, teens \$5, 12 and under no charge – Birds of Prey, presented by CROW staff.

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida.

**Friday, December 9, \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.**

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.\*

## Sheriff Cruisers

replacement cruisers with the emergency purchase of three new cruisers including computers and camera systems that are standard in today's marked vehicles. We maintain a lean fleet of five cruisers. The reason the City of Sanibel executes mutual aid agreements are for the type of extraordinary circumstances and situations we are currently experiencing. We all appreciate our excellent partnership with Sheriff Scott. \*\*



## STEP RIGHT UP THIS NEW YEAR'S EVE.

**Saturday, December 31 7:30pm-12:00am**

Enjoy an exciting lineup of family-friendly carnival games, activities, entertainment and an island style buffet to ring in the New Year at Sundial Beach Resort & Spa.

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## CROW Case Of The Week:

## Pied-Billed Grebe



by Bob Petcher

**A** pied-billed grebe (*Podilymbus podiceps*) is regarded as a small, chunky swimming bird that is often hidden in the middle of vegetation and not viewed frequently in flight. Basically

the reason is they rarely fly. The Cornell Lab of Ornithology refers to the duck-like animal as "part bird, part submarine" due to expertise in diving and an ability to float with just the upper half of its head above the water like a periscope.

Pied-billed grebes have small, compact bodies, slender necks and relatively no tail. They tend to live in sluggish rivers, freshwater marshes, lakes and estuaries. These water birds build floating nests out of grasses, cattails or whatever other vegetation they can find.

With thick, powerful bills, this particular grebe has the ability to kill and devour large crustaceans and a variety of fish, insects, amphibians and other invertebrates. Its bill is yellowish-brown but turns to whitish with a black band (thus the name pied) during breeding season. Interestingly, this water bird does not have webbed feet, but instead has lobes that protrude from the side of each toe for easy paddling.

The body of the pied-billed grebe is mainly brown and serves as good



**Patient #16-3625 did not survive a head injury suffered from a suspected car collision**

photo by Kenny Howell

camouflage in the marshes where they reside. It lives approximately 10 to 12 years.

While still plentiful, this species of grebe has suffered a decline in recent years. The shy bird does make itself known by creating bizarre whinnying, gobbling and cooing noises day and night. It is a sound similar to the yellow-billed cuckoo.

Related birds include the eared grebe (often residing on a few major western lakes), least grebe (southern Texas bird that flies more often than other grebes) and horned grebe (summers in the northern lakes, winters in the southern oceans).

Juvenile pied-billed grebes have black and white stripes and look more like winter adults. Within four weeks of birth, they

start swimming and eventually will mature to dive like their parents.

At CROW, a juvenile pied-billed grebe arrived at CROW on November 20 from a backyard in Cape Coral after it was suspected of being hit by a car and assumed to have dragged its leg to where it was found. After X-rays were taken, medical officials reported no broken bones or internal injuries were found. However, it did suffer head trauma and had a swollen left eye. Treatment involved eye ointment and mannitol to help reduce head swelling. On November 22, after some initial nervousness, the grebe was stated to be eating well and receiving oral medication with no regurgitation. It was also spending time swimming in a tub and drinking a lot

of water.

Medical officials continued to monitor the neurological status of the grebe. Supportive care (food and water) was regularly provided. The patient appeared to be getting healthier, and wildlife rehabbers expected it to make a full recovery with a release tentatively slated during the first week of December.

But, like many neurological conditions, prognosis for head trauma is often times hard to predict. On Thanksgiving Day, the young pied-billed grebe stopped eating on its own. Then, the next day on Friday, it succumbed to the swelling in its head, even though the swelling was showing signs of improvement.

"When a patient arrives with a head injury, we do frequent checks to make sure the swelling does not increase. In this particular case, the swelling started to reduce and the grebe seemed alert and was swimming in the tub," said CROW Certified Veterinary Technician Missy Fox. "Unfortunately, with neurological issues, the condition can change rapidly and that's why they are monitored closely. On Thursday, it stopped eating and became very quiet. Both are not good signs, and it passed during the night. On Friday morning, the grebe was found deceased in its cage."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).

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Co-Chairs: Melissa Congress & Deb Neri • Dave Dolly • Linda Estep • Diane Hertz • Kenny Howell • Rob Lisenbee • Brian Murty  
Diane Neitzel • Randy Rainbolt • Nancy Siegel • Mary Schoeffel • Ralph Sepulveda • Karen Turner • Liz Pearson • JoEllen Urasky



# Writers Read, Reception On December 8

Part poetry slam, part nostalgia trip, part funny and heart-wrenching stories, Writers Read is a unique experience for the ears, the mind and the soul. Five groups of Island Writers - over 50 from the community - compete with one another to share their work with the audience.

Come to the wine and dessert reception at 7 p.m. and hear the juried selections at 7:30 p.m. on Thursday, December 8 at BIG ARTS' Phillips Gallery. Tickets are \$5 and are available

at the Marks Box Office by calling 395-0900 or going to 900 Dunlop Road. The Island Writers boast award-winners and local favorites, including Mary LaVelle, Joe Pacheco, Robert Hilliard and Lorraine Walker Williams. Joined by the likes of Duke Barron, Renny Severance, Dawn Schumann, Chris Godwin, Richard Fox and more - 18 readers in all - they will present 24 selections of new stories and memoirs, poetry and prose. Each group submits their choice of selections written by its members to a representative committee that then selects the best overall pieces for presentation. "The committee considers both literary quality and entertainment value," said Joe Pacheco, a member of the program since 1999, "thus ensuring that the evening's

readings really entertain. We're always welcoming new members, too, who bring fresh ideas and perspectives to the writing and vetting process." Selections include: Tanya Hochschild - *When the Trouble Began* Lorraine Walker Williams - *A Mother Adapts; House in Snow* Renny Severance - *Taking the Measure* Jean Jensen - *Reverse Migration, Big Splash in My Pond* John Raffensperger - *A Fragment of Arthur Conan Doyle's Lost Diary* Mary LaVelle - *A Foggy Day* Robert Hilliard - *Did I See Versailles?* Marianne Daly - *1160 Junonia Street* Richard Fox - *Uncle Louie Hits the Sack Wondering if the North Star is*

*Leading Him Astray; Noogies; How to Tell My Dog I Am Dying* Nancy Carlile - *Will We Dance?* Joe Pacheco - *Mama Carmen Suite* Bev Forslund - *The Nut List* Martha Hoffman - *Nietzsche's Rules for Eternal Return* Maynard Poland - *Blessings and Mixed Blessings* Dawn Schumann - *Who Would Believe It* Gary McLouth - *Labor Day; Prismatic* Chris Godwin - *Astronomers Say; A Moveable Performance* Duke Barron - *I Hear the Angels Singing.* To find out about joining the writers group, contact Pacheco at [sanibeljoe@comcast.net](mailto:sanibeljoe@comcast.net).

# Fundrasier For Stroke Recovery

The Stroke Recovery Foundation is hosting the Valentine's Day Dance for Stroke at the Sanibel Community House, located at 2173 Periwinkle Way, on Tuesday, February 14 from 6 to 9:30 p.m. What better place than the Community House, Sanibel's first gathering place, now remodeled, to launch a Valentine fundraiser featuring hors d'oeuvres with a choice of champagne, beer or wine, a catered sit-down dinner, dancing, a silent auction and a dance performance by

the number one U.S. rhythm dance champions? The cost is \$125 per person, with \$65 per person tax deductible. The mission of the foundation is to develop post-stroke recovery initiatives to assist those in Southwest Florida. Proceeds will help implement a community-based pilot plan tailored after a Canadian program that has helped post-stroke victims rebuild their lives. For reservations, information or to reserve tables of 8, contact Gloria at 395-2661 or [gbaker9367@aol.com](mailto:gbaker9367@aol.com). To learn more about the foundation or to become a sponsor, contact Bob Mandell at [bob@strokevictor.com](mailto:bob@strokevictor.com) or call 254-8266.

# Comic Book Collecting

Todd McDevitt, owner of the six - store chain New Dimension Comics based in the Pittsburgh, Pennsylvania region, will be visiting the Sanibel Public Library on Thursday, December 8 at 2 p.m. to answer questions about comic book collecting. In addition to insight on how to get started or dive deeper into collecting comics, McDevitt will also be available to review any comics of potential value. Challenge him with questions in advance at [todd@ndcomics.com](mailto:todd@ndcomics.com). The library is located at 770 Dunlop Road. See more at <http://fl.evanced.info/sanibel/lib/eventcalendar.asp>.

# Art Venues To Host Reception

Tower Gallery, Hirdie Girdie Gallery and Surroundings will be collectively hosting an Art Under the Stars reception on Thursday, December 10 from 5 to 9 p.m. Get into the holiday spirit - island style - and meet the artists at all three shops and see all of the beautiful new work by some of Southwest Florida's most creative painters, jewelry designers, potters, photographers, printmakers and sculptors. The three creative spaces are all within strolling distance of each other on Sanibel. Tower Gallery is located at 751 Tarpon Bay Road; Hirdie Girdie Gallery is located at 2490 Library Way; and Surroundings is located at 2480 Library Way.



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Hole-In-One



Sanibel Island Golf Club member Guy Tober made his first hole-in-one last week during the Men's Fall Classic Championship. He holed out on #3 using a pitching wedge.  
photo courtesy Sanibel Golf Club

Shell Found



Michelle Smith photo by A. Ziehl

Michelle Smith from Champaign, Illinois, found a junonia on the beach in front of her condo at Sundial Beach Resort & Spa. She stated the water was very clear while she was shelling with her granddaughter in waist-high water when she looked down and saw it. "I thought it was an alphabet cone at first, then grabbed it," she said.\*

Shell Found



Tonya Hinson photo by A. Ziehl

Tonya Hinson from Gautier, Mississippi found a junonia on Bowman's Beach.\*

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\*Winner Best Seafood 2010-2016



# Sanibel Readies To Get Totally Baked

by Jeff Lysiak

Totally Baked On Sanibel, a brand new bakery, sandwich shop and to-go food business located in Unit 1 of the Islander Center, is ready to light their ovens and share their tasty treats with the local community.

Island resident Ginny Wagner, who worked as the bakery manager for the past four years at Bailey's General Store, plans to open Totally Baked on Sanibel – located at 2407 Periwinkle Way – in early December.

"It's been a dream of mine to open a bakery for many years," said Wagner. "I'm very blessed to have come this far, but I'm also eager to open our doors... I haven't done any baking since June."

According to Wagner and business partner/baker Adam Walling, Totally Baked On Sanibel will offer carry-out delicacies such as baked goods, sandwiches, salads, soups and confections. In addition, they will sell a wide variety of freshly-ground coffee drinks – including hot and iced coffees, lattes, espresso and cappuccino – fresh-squeezed juices, teas, lemonade and flavor-infused water.

Open for breakfast and lunch, Totally Baked On Sanibel will also offer a few original menu items not seen elsewhere on the islands.

"Our goal is that if it's already sold on the islands, we won't have it," said Walling.



Adam Walling and Ginny Wagner, proprietors of Totally Baked On Sanibel, are preparing to open their business located in the Islander Center photo by Jeff Lysiak

"We're using a lot of recipes from our own heritage along with recipes from around the world."

To tease your tastebuds, Walling and Wagner explained that one of their signature items will be a raised yeast donut – a recipe from Wagner's days of working in a bakery in Virginia decades ago – which can stay fresh for up to five days. "It's absolutely amazing!" she claimed with a smile.

Another specialty is the "humdinger," a breakfast sandwich whose ingredients are yet to be revealed. "It's got a little bit of country in it... that's all I can tell you," Wagner noted.

While the business plans on carving their daily sandwich specials to order, using fresh meats and produce grown by local farmers, most of the items offered at the shop will be made ahead of time.

"We'll have breakfast and lunch items that will be ready to go," said Walling. "We don't want people to have to wait in long lines for their orders to be made... people will be able to grab it and go."

Among the bakery items to be featured at the business will be cakes, pies, donuts, cupcakes and assorted pastries, artisan-crafted breads – sweet and savory – baguettes, biscuits, croissants and homemade meat pies.

"We're going to have a Wall of Bread, which will look like a rainbow when you walk in," said Wagner. "If the sight of that doesn't grab you, the taste of them certainly will."

Once it opens, Totally Baked On Sanibel plans to operate seven days a week from 6 a.m. to 2 p.m. daily. Wagner added that depending upon the demand for their products, they will open during evening hours in season, between 4 and 8 p.m.

Future plans also call for an online ordering process and shipping, likely by the month of February.✧

From page 5

## Christmas Magic

Samantha Rotella as Christmas Past. The script, true to the Dickens' original book, is enhanced by English folk tunes and fiddle to create a warm, holiday atmosphere that will surely bring the spirit of the season to the whole family.

The BIG ARTS Strauss Theater lobby will be transformed into a winter wonderland, featuring an actual miniature Dickens Village including over 60 historically accurate recreations of that time, giant Christmas trees, snowflakes, and candy canes. And there will be a free visit with Santa at the BIG ARTS Strauss Theater December 10, 16, 17 and 23 from 3 to 5 p.m. during the run of the show. There will be complimentary photos for the family.

A Christmas Carol at BIG ARTS is made possible through the support of show co-sponsors Congress Jewelers and Bank of the Islands.

Visit [www.BIGARTS.org](http://www.BIGARTS.org) for more information and to purchase tickets. Tickets can also be purchased by calling 395-0900.✧

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## Gulfshore Opera To Perform On Sanibel



Gulfshore Opera performs *Lauda per la Natività*

photos courtesy Gulfshore Opera

Now in its third year, Gulfshore Opera has launched the Island Series which brings professional concerts and formal productions to Marco Island, Sanibel Island and Boca Grande. Gulfshore Opera presents two Christmas cantatas – *A Ceremony of Carols* by Benjamin Britten and *Lauda per la Natività* by Ottorino Respighi. Both 30-minute long classical vocal works comfortably oscillate between 20th century and Renaissance style with allusions to 16th century madrigals. The result is a charming, touching and quietly joyful celebration of the Nativity. Maestro Paul Nadler, Metropolitan Opera conductor and conductor emeritus of the Southwest Florida Symphony Orchestra, will lead the orchestra. Each concert will be performed in Renaissance costume with nationally recognized soloists, chorus, harp and chamber orchestra.

Maestro Nadler, an exciting and highly respected symphonic and operatic conductor, led the Metropolitan Opera orchestra in more than 60 performances, following his debut in 1989. He conducted performances featuring Plácido Domingo, Michael Fabiano, Renée Fleming, Nathan Gunn, Ben Heppner, Karita Mattila, Angela Meade, Anna Netrebko, Luciano Pavarotti, Louis Quilico and Bryn Terfel. Currently, he is conductor emeritus of the Southwest Florida Symphony



Maestro Nadler rehearsing *Lauda per la Natività*

Orchestra, which he headed for 16 years. Maestro Nadler has conducted opera performances and led symphony orchestras throughout the United States, Canada, Europe, Asia and the Middle East. His most recently conducted performances at the Metropolitan Opera, include a new production of Franz Lehar's *The Merry Widow*, starring Renee Fleming, Kelli O'Hara and Nathan Gunn as well as performances of Johann Strauss' *Die Fledermaus* and Dvorak's *Rusalka*, the latter also starring Fleming.

Soloists for these concerts include professional artists Felicia Gavilanes as Maria, Edgar Miguel Abréu as the Shepherd and Gulfshore Opera Emerging Artist Nadia Marshall as the Angel. Mezzo soprano Felicia Gavilanes has been praised for her "rich mezzo-soprano" sound and passionate delivery of text and poetry. Gavilanes has performed the roles of Asakir in the Boston premiere of Fairouz's *Sumeida's Song*, Mrs. DeRocher in Boston Opera Collaborative's acclaimed production of *Dead Man Walking* and Mrs. Gibbs in Ned Rorem's *Our Town*. She is a current resident artist with Boston Lyric Opera. Abréu, a Dominican-American tenor, made his Florida Grand Opera debut this season. He recently performed as Fernando in *Così fan Tutte* and as Eisenstein in *Die Fledermaus*. Abréu was noted by the *El Nuevo Herald* as "...the biggest applause for Edgar M. Abreu..."

continued on page 29

### "Top 5 Breakfast in Florida" - Southern Living

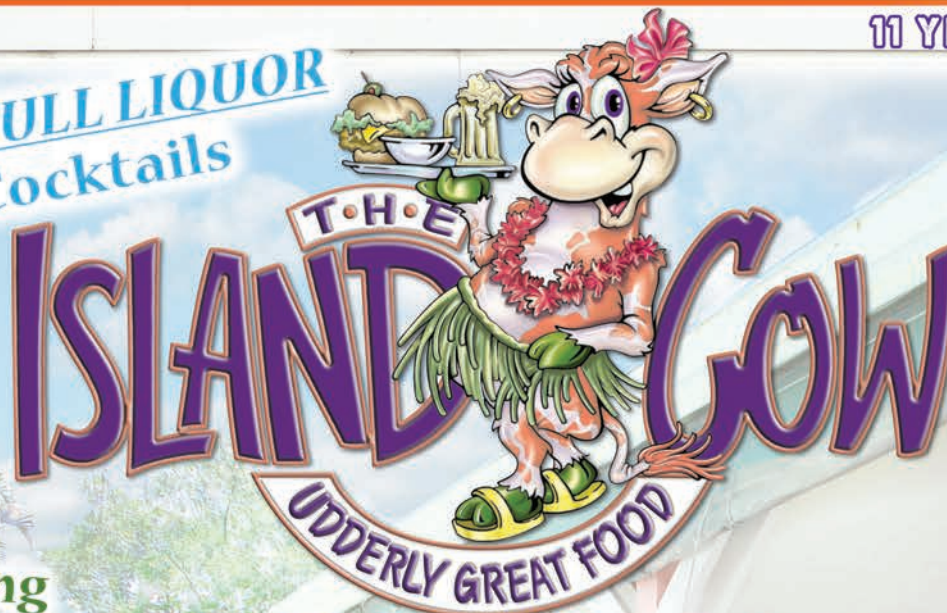
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# ISLAND FARE

## AMONG THE FLOWERS CAFÉ

Among the Flowers is a locally rooted, organic café located on Sanibel Island that focuses on quality of ingredients and purposeful nutrition. Sandwiches, coffee and espresso drinks, steamed special-teas and herbal teas, raw cold-pressed juices, fruit smoothies, mylkshakes and raw desserts are crafted with love and attention. 100 percent vegetarian/vegan. Come vibe with us. Open Tuesday through Sunday from 9 a.m. to 4 p.m.

2003 Periwinkle Way, 312-4085

## BAILEY'S GENERAL STORE

Bailey's General Store has a full deli, bakery, coffee bar, daily lunch specials, take out and catering for cook-outs, picnics and parties. This is the oldest supermarket on the islands, established long before a causeway linked Sanibel to the mainland. Services include shopping for your groceries and delivering them to your home or vacation destination. If you are on a gluten-free diet, pick up the extensive list of gluten-free products near the entrance to the supermarket. Bailey's has a second location at Sundial Beach Resort & Spa at 1451 Middle Gulf Drive.

2477 Periwinkle Way, 472-1516

## BEACH PIEZ

Beach Piez New York style pizza offers carry out and delivery on Sanibel and Captiva. Hours are Monday through Wednesday from 11 a.m. to 9 p.m., Thursday, Friday and Saturday from 11 a.m. to 10 p.m., and Sunday from noon to 9 p.m. With fresh ingredients, mouth-watering mozzarella, provolone cheese "secret recipe" dough, homemade pizza sauce and family recipe meatballs, Beach Piez will deliver the best pizza the island has to offer.

2441 Periwinkle Way, 472-3224

## CIP'S PLACE

Cip's Place is named for the late Jimmy Cipriani, a longtime islander and owner of the property on which the restaurant sits. In Jimmy's memory, Cip's styles itself as a local watering hole. A mural that takes up an entire wall shows lots of islanders through the ages – including Cip – and if you don't recognize them all, ask to see the "key." Food choices range from "comfort" to culinary with some Caribbean and island favorites as well. And do try the home-made potato chips, the fried buttermilk chicken with sage gravy and the snapper tacos. Choose between the outdoor garden patio and front porch. Indoor seating and full bar are also available. Hours are 11 a.m. to 9:30 p.m. daily, with happy hour from 4 to 6 p.m.

2055 Periwinkle Way, 472-0223

## DOC FORD'S RUM BAR & GRILLE

Doc Ford's is a well-known local's restaurant famous for its great food and service. Plenty of indoor and outdoor seating boasting "Award winning flavors from the Caribbean Rim." The restaurant is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels. With locations on Sanibel & Captiva Islands and Fort Myers Beach, all locations offer island favorites like Yucatan shrimp and fish tacos along with raw bar selections and always fresh local seafood dishes. Premium rums and tropical drinks such as the Island Mojito are a specialty of the house. The combined menu offers both lunch and dinner daily from 11 a.m. to 10 p.m.

Doc Ford's Sanibel, 2500 Island Inn Road, 472-8311; Doc Ford's Captiva, 5400 South Seas Plantation Road, 312-4275, Doc Ford's Fort Myers Beach, 708 Fishermans Wharf, 765-9660

## DUNES GOLF & TENNIS CLUB

The Dunes Golf & Tennis Club is open to the public and serves lunch daily from 11 a.m. to 3 p.m. Chef specials include an assortment of salads, wraps and sandwiches, soup buffet Monday through Friday, and the popular hand-battered coconut shrimp and steak sandwich. Dinner is available only on event nights from 6 to 9 p.m. or for special seasonal dinners.

Featured monthly events include Trivia Night,



From left, owner Matt Asen, Johnny Bell, Johnna Cadena and Teh Peng of Timbers Restaurant & Fish Market

photo by Bob Petcher

Karaoke and Themed Dinner Nights. There is a Friday a la carte dinner menu with featured selections each week, such as steak and seafood.

Take in the sunset views while sipping on your favorite drink. Happy hour is every day from 3 to 6 p.m. Enjoy with the famous crab bisque as a starter.

949 Sand Castle Road, 472-3355

## GRAMMA DOT'S

Gramma Dot's, the only dockside dining on Sanibel, offers a lunch and dinner menu seven days a week from "Sanibel's only seaside saloon" where you can leisurely dine at the Sanibel Marina in view of luxury yachts and modest fishing boats and watch the comings and goings of seagoing folk and fishermen. The menu features a full line of "only fresh" seafood, salads, sandwiches and more. Appropriate dress is required. If you're arriving by boat, check in with dockmaster for a lunch slip, monitor VHF 16. You can tie up for a night or two at the available dockage if you wish. Gramma Dot's is open daily at 11:30 a.m. For dinner, arrive before 8 p.m.

634 North Yachtsman Drive, 472-8138

## GREAT WHITE GRILL

The Great White Grill is a sports bar featuring 31 beers on tap and a good wine list. It's home of The Steel Curtain Pizza. There's free pizza delivery, too. The Great White carries the MLB, NFL and NHL packages for sports enthusiasts and has arcade games for kids of all ages. The regular menu includes hand-tossed fresh dough pizza, jumbo wings, Pittsburgh sandwiches, Philly cheesesteaks, Chicago beef sandwiches, salads, gyros, sandwiches and burgers. Check out the Pittsburgh Salad, which consists of grilled chicken, French fries, cheddar cheese, cucumbers, tomatoes and onions on a bed of lettuce.

2440 Palm Ridge Road, 472-0212

## GREEN FLASH

The Green Flash has marvelous waterfront views of Captiva Island's bayside and Pine Island Sound. The Green Flash was built on the site of the historic Timmy's Nook, opened in 1950. Fittingly, seafood dominates the menu, although other options are offered as well. The Green Flash is easily navigable by boat and is located southwest of Marker 38 on the Intracoastal Waterway. Hours are daily from 11:30 a.m. to 3:30 p.m. for lunch and 5:30 to 9:30 p.m. for dinner.

islands, seven nights a week. Bands include Renata, Wildfire, and Cruzan Vibes' reggae on the weekends. The patio lounge menu includes a selection of "happy apps" starting at \$5.95 and half price drinks during happy hour from 5 to 7 p.m. Dinner reservations are suggested

1223 Periwinkle Way, 472-1771

## JERRY'S RESTAURANT AND DELI

Jerry's Restaurant and Deli in Jerry's Market is the next best thing to dining in a tropical garden. This family-style restaurant has large windows to view the lush garden with caged tropical birds that are favorites with visitors and residents. Daily specials are offered in the spacious restaurant and you can order a sandwich or hot food from the deli or help yourself at the well-stocked salad bar to take out. The restaurant is open for breakfast, lunch and dinner from 7 a.m. to 8:30 p.m.

1700 Periwinkle Way, 472-9300

## LAZY FLAMINGO

The Lazy Flamingo is a famed island hang-out with two Sanibel locations. "If our seafood were any fresher, we would be serving it under water!" is the Flamingo's motto. And that includes, shrimp, grouper, oysters, conch fritters and chowder as well as chicken. The Flamingo Bread and the caesar salad are signature items. Pull up a stool to the rustic bar or take a high or low table. The interior feels like the inside of an old pirate ship with its portholes and hewn wood surfaces. The atmosphere is definitely casual and beer is available by the bottle, on draft or by the pitcher.

1036 Periwinkle Way, 472-6939, 6520 Pine Avenue, 472-5353

## MATZALUNA ITALIAN KITCHEN

Are you in the mood for pizza? Matzaluna Italian Kitchen has a wood-fired oven to bake authentic pizzas, including gluten-free ones. That's in addition to a big menu, involving over 20 combinations of pasta dinners from \$11.95 (including soup or salad and fresh baked bread), affordable veal, tender chicken, choice steaks and seafood (Italian style) in a casual market-like setting. Gluten-free pizza is also available. Matzaluna offers a large selection of Florida craft beer, both on draft and in cans and bottles. Enjoy \$5 apps at the bar from 4:30 to 5:30 p.m. Hours are 4:30 to 9:30 p.m. daily and happy hour is 4:30 to 6 p.m.

1200 Periwinkle Way, 472-1998

## MUCKY DUCK

Historically known as the neighborhood pub, The Mucky Duck may well be the most famous restaurant on Captiva Island due to its longevity of 40 years in business and quirky name. Then there are the fabulous sunsets. Patrons gladly wait on the beach for tables. This place draws crowds – as customers sip cocktails and beverages until they can take their seats. Reservations are not accepted. The Duck, serving fresh seafood, pub-style food, sandwiches, steaks and other items, is open for lunch from 3 to 5 p.m. and dinner from 5 to 9:30 p.m.

11546 Andy Rosse Lane, 472-3434

## OVER EASY CAFÉ

Over Easy Café is a pet-friendly place with indoor and outdoor dining for breakfast and lunch. The covered patio is a popular spot. Choose from 22 different eggs benedict, scramblers and omelettes, 11 pancakes and French toast choices, 15 egg specialties and wraps, eight salads and 26 sandwiches and burgers, plus baked goods. Beer and wine is available. Breakfast is served all day. Hours are 7 a.m. to 3 p.m.

630 Tarpon Bay Road, 472-2625

## PECKING ORDER

The Pecking Order features tender, juicy, fried chicken and all the fixins. The chicken is marinated and seasoned, and the high-pressure deep-frying system produces a crispy coating that seals in the juices without allowing the fat to penetrate. Homemade sides include slow-cooked collard greens, sweet and spicy baked beans, cheesy shell mac, rice and

All seats have a view of the waterfront. Reservations are not accepted.

15183 Captiva Drive, 472-3337

## IL CIELO

Il Cielo offers creative American cuisine and internationally inspired specials in an upscale casual atmosphere. From locally caught fish, American lamb and grass-finished beef to farm-fresh organic produce, there is a thoughtfully prepared dish on the menu for everyone. Il Cielo is open Tuesday through Saturday from 4:30 to 9 p.m. Happy hour is from 4:30 to 6 p.m. and features signature small plates, appetizers and half-priced house wines, domestic beers and well drinks. Enjoy live piano music by Scott McDonald on Tuesday, Wednesday, Thursday, Friday, Saturday and Sunday nights beginning at 7 p.m.

1244 Periwinkle Way, 472-5555

## IL TESORO

Il Tesoro serves authentic Italian food "with the taste and feel of a Tuscan holiday," according to owner Chef AJ Black. He infuses flavors from the old world to the new world of cooking using only fresh seasonal ingredients to bring his dishes to life. Daily specials focus on pairing authentic meals with a bold array of fine Italian wines. Il Tesoro (The Treasure) serves dinner six nights a week, excluding Monday during summer months, from 5 to 10 p.m.

751 Tarpon Bay Road, 395-4022

## ISLAND COW

The Island Cow is a family favorite with its colorful indoor and outdoor seating and live entertainment. "Come as our guests... leave as our friends!" is the motto. The Cow serves breakfast, lunch and dinner featuring fresh local seafood and meats and has an extensive children's menu. Starbucks coffee is also on the menu. **Now serving full liquor island cocktails!** Breakfast is served between 7 and 11 a.m. Hours are 7 a.m. to 9-ish p.m.

2163 Periwinkle Way, 472-0606

## JACARANDA

The Jac, as it is known to regulars, has been serving excellent seafood for three decades and offers the best of two worlds: dining room seating or dinner under the stars in the screened garden patio. The patio lounge is home to some of the best nightlife on the



beans, cole slaw, mashed red potatoes and gravy, Harlem special, cheesy grits and veggie chili. Try the Black Betty, a warm, dark chocolate torte filled with liquid dark chocolate, sprinkled with sea salt flakes and confectioners' sugar. Contractor Breakfast served Monday through Friday 7 to 10 a.m. Take out, delivery and outdoor dining available.

2496 Palm Ridge Road, 472-2534

### ROSIE'S CAFÉ & GRILL

Rosie's repertoire includes crab cakes, grouper and shrimp entrees and steaks with all the trimmings, Southwestern dishes such as burritos and fajitas, soup and sandwich combos and salads. Among the most popular items is Rosie's Famous Cheese Steak made from shaved rib eye, grilled mushrooms, onions and green peppers, Ultimate Cuban and Classic Reuben, home-made muffins and cinnamon rolls and Key lime pie, root beer floats and banana splits. A children's menu is also available. Carry out, indoor or outdoor seating. Check out our all new menu items for breakfast, served from 8 to 11 a.m. Monday through Saturday and 8 a.m. to 2 p.m. Sunday. Happy hour is from 3 to 6 p.m. seven days a week with two-for-one draft beer and wine. The ice cream bar has 20-plus flavors of locally made Royal Scoop Ice Cream.

2330 Palm Ridge Road, 579-0807

### SANIBEL BEAN

The Sanibel Bean coffee shop is java central on Sanibel Island. With its indoor and outdoor seating and free Wi-Fi, it's a popular venue for laptop-toting coffee lovers to relax and check their inboxes, have breakfast or lunch or recharge the batteries in the afternoon. Besides a big selection of coffee from around the globe and a variety of coffee drinks, The Bean has tea and other beverages and a variety of hearty sandwiches, pastries and muffins, plus other light fare.

2240 Periwinkle Way, 395-1919

### SANIBEL DELI & COFFEE FACTORY

Sanibel Deli & Coffee Factory offers a gluten free menu in addition to homemade regular choices, along with award-winning New York style pizza and wings,

Boar's Head meats, frozen yogurt, New York style bagels and ice cream. There is indoor seating as well as outdoor tables shaded with umbrellas. Free Wi-Fi. Eat in or take out as well.

2330 Palm Ridge Road, 472-2555

### SANIBEL GRILL

The Sanibel Grill has 19 big screen TVs with satellite TV tuned to every televised sporting event. The Grill shares a kitchen with The Timbers, serving the same fresh seafood, along with burgers, sandwiches, pizzas and salads. Crunchy Grouper and Crunchy Shrimp are signature dishes. Open seven days from 4 p.m. to midnight with happy hour from 4 to 6 p.m. and 10 p.m. to midnight.

703 Tarpon Bay Road, 472-3128

### SANIBEL SPROUT

The Sanibel Sprout is the island's only 100 percent gluten-free/vegan/organic cafe: an oasis of health where the emphasis is on providing incredibly tasty and creative culinary creations designed to nourish and delight all of your senses. Order one of our fresh salads, try our Wizard Waffles, our classic burger, our Mexican plates and indulge in our Indian curry, Vietnamese pho, raw vegan lasagna and more! Pair your meal with a locally crafted beer, a glass of organic wine or housemade kombucha. Our fresh juice bar is always brimming with island smoothies, herbal elixirs and custom juices, or come and enjoy an espresso or cappuccino with one of our delectable donuts, pies, cupcakes or truffles. The Sanibel Sprout is open for breakfast, lunch & dinner from 10 a.m. to 7 p.m., Monday through Saturday and from noon to 7 p.m. on Sunday. Come visit and join The Sprout family!

2463 Periwinkle Way in Bailey's Center, 472-4499.

### SUMMERLIN JAKE'S

Summerlin Jake's Seafood and Steaks, a sunset dining water view restaurant in Fort Myers, located near the Sanibel Bridge, offers new American cuisine prepared in the old Florida tradition. Paying tribute to the rich history of Punta Rassa, where Jake Summerlin owned a wharf that he used to ship his

cattle to Cuba and the local waters that are famous for being the home to big game fishing, Summerlin Jake's offers freshly caught local seafood, tender, juicy prime steaks, smoked ribs, brisket & chicken and heart-healthy, vegan choices that are locally sourced, hand-selected and artfully prepared. Summerlin Jake's is open Monday through Friday 11 a.m. to 10 p.m. and Saturday and Sunday 8 a.m. to 10 p.m. (Breakfast served 8 to 11:30 a.m.). Happy Hour is 3 to 6 p.m. daily. Live music on Friday and Saturday 5:30 to 10 p.m.

17501 Harbour Pointe Drive, 466-5377

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1451 Middle Gulf Drive, 472-4151.

### TIMBERS RESTAURANT & FISH MARKET

The Timbers Restaurant & Fish Market and the adjoining Sanibel Grill are mainstays of the island dining scene, boasting 35 years of fresh fish on Sanibel Island. The restaurant offers 13 dinners for \$15 daily before 5:30 p.m. plus a large selection of local seafood, such as grilled shrimp, fried grouper, oysters, clams and crab cakes. Besides specializing in fresh local seafood, the restaurant has a seafood market that opens at 11 a.m. (except Sunday, when it's open at 2 p.m.) Restaurant is open seven days from 5 to 9 p.m.

703 Tarpon Bay Road, 472-3128

### TRADERS GULF COAST GRILL & GIFTS

Traders Gulf Coast Grill and Gifts is unique in that it combines a bustling restaurant with a large shopping emporium selling casual clothing, jewelry, accessories, home decorating and gift items, books and lamps.

The restaurant serves bistro cuisine with island flair, featuring such offerings as black beans and rice, blackened fish and fresh salads from an open kitchen. There's no fryer in this place! The tables are freshly wrapped in white paper for each party, and there's a pot of colored crayons for doodling, whether you're an adult or a child. Lunch is served from 11 a.m. to 2 p.m., happy hour from 3 to 6 p.m. and dinner 5 to 9 p.m. There's live music from 7 to 10 p.m. Tuesdays and Thursdays with Danny Morgan and Wednesdays with Chris Workman.

1551 Periwinkle Way, 472-7242

### TRADITIONS ON THE BEACH

Traditions on the Beach, Sanibel's first dining room, has been delighting its guests since 1895. Offering "Contemporary Cuisine, Sanibel Style," Traditions provides the highest level of service in a relaxed beachfront setting. Both the tapas menu, served in the Sunset Lounge, and the full dining room menu capture the flavors of the gulf, complemented by the unique atmosphere of the historic Island Inn. Award winning Chef Aziz uses only the finest fresh, local ingredients to create vibrant dishes. Drink, dine and dance at Traditions on the Beach, featuring live entertainment. Tapas and cocktails are available in the bar and lounge beginning at 4 p.m. Monday through Friday. Regular dinner menu beginning at 5 p.m. daily. Reservations are suggested.

3111 West Gulf Drive, 472-4559

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# Sanibel Public Library Earns Its Third National Star Library Award



Sanibel Public Library staff holding several of the library's recent awards  
photo courtesy Sanibel Public Library

For the third time, the Sanibel Public Library has been recognized as one of the best libraries in the country. *Library Journal* named it a 4-Star Library in its annual America's Star Libraries survey. The journal examined the annual number of library visits, circulation, program attendance and public Internet computer use for more than 7,000 public libraries nationwide, awarding three, four or five stars to 260 libraries. In 2010, Sanibel Public Library earned the journal's 3-Star Library rating and, in 2011, it was named a 5-Star Library. Melanie Congress, who serves on the library

board of commissioners said, "Being singled out for this award again is a true reflection of the community's enthusiastic support of their library."

"The award is a result of several things working together: the welcoming volunteers and staff, community support and the steadfast leadership of the library board," Sanibel Public Library Executive Director Margaret Mohundro added.

This year, the *Library Journal* also based the star rating on circulation of electronic materials. Sanibel Public Library's eShelf was originally funded in 2010 with a grant from the Sanibel Library Foundation, to fund bestselling and popular eBooks and audiobooks. The following year, the Sanibel-Captiva Rotary Club provided funds for an eBook business collection. Since 2011, the eShelf usage has grown by 20 percent every year and more than 40,000 eBooks have been checked out in the past five years. Sanibel Public Library offers several e-reader apps; including Hoopla for downloadable eBooks, movies, music and audiobooks as well as Overdrive.

The library also offers Mango – an online language learning tool. Sanibel Public Library was the first public library in the state of Florida to offer Tech IT Out service, a kiosk where patrons can borrow MacBook Air and Dell laptops for use in the library. These eShelf services are offered to Sanibel Public Library cardholders at no extra charge.

Sanibel Public Library has also won TripAdvisor's Certificate of Excellence in 2014, 2015 and 2016. Sanibel Public Library Foundation President Ken Nirenberg was awarded the 2013 Library Advocate of the Year Award for his support and advocacy for the library. The award was presented by Florida First Lady Ann Scott at the annual meeting of the Southwest Florida Library Network.

The library, partnering with the Sanibel Public Library Foundation, is also celebrating nine successful years in bringing high caliber, best-selling authors to Sanibel. Past guests of the Author Series include Joyce Carol Oates, Sue Monk Kidd, Jodi Picoult, Clive Cussler, Lee Child, Dennis Lehane and Frances Mayes.

Sanibel Public Library features a children's area with a TeenSpace, and a Literacy Corner for the youngest library patrons. Monthly art shows with works created by the Sanibel-Captiva Art League are exhibited throughout the library. Sanibel Public Library loans cooking kits for patrons to check out and take home. The library's reference area offers general research help, as well as access to many databases, including Morningstar investment services. Due to popular demand, there is an extensive large print book collection. The library has large rocking chairs on the reading porch with water views.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483 or visit online at [www.sanlib.org](http://www.sanlib.org).

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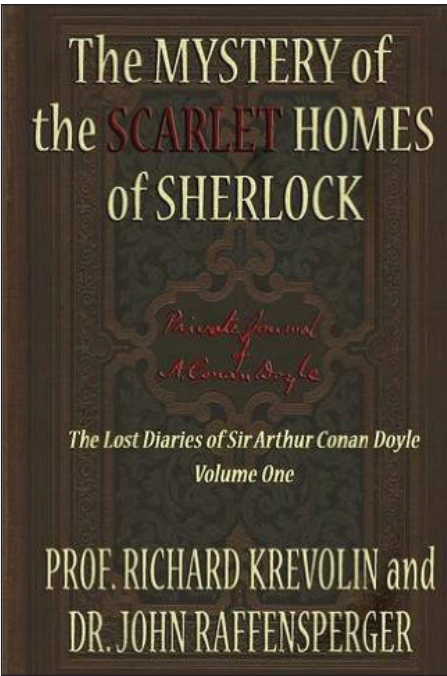
# The Mystery Of The Scarlet Homes Of Sherlock



by Di Saggau  
If you stumbled upon the lost diaries of Sir Arthur Conan Doyle, what would you do with them? Sanibel author Dr. John Raffensperger, a collector of Sherlockiana, came up with an idea.

He imagined placing a bid at Sotheby's to win an old footlocker from the estate of Doyle. Following through with this fictional idea, he discovered three leather-bound, hand-written journals which he turned over to Professor Richard Krevolin. In truth, Krevolin, a screenwriter, playwright and novelist, read an article written by Raffensperger, published in the *Journal of Pediatric Surgery* titled Was the Real Sherlock Holmes a Pediatric Surgeon? Krevolin suggested they combine talents and pen a novel based on Dr. Joseph Bell and Arthur Conan Doyle, who was his clerk. This book is the result of their efforts.

The book chronicles Doyle's clerkship with Bell, a renowned surgeon who was the model for Doyle's great detective Sherlock Holmes. At the time Doyle was a 19-year-old student at the University of



Edinburgh Medical School. Along the way they encounter Robert Louis Stevenson, Allen Pinkerton and Rev. Henry Ward Beecher, whose sister authored *Uncle Tom's Cabin*. There are several other interesting characters. Do the names Captain Hook, Jesse James and Dr. Jekyll ring a bell? Their journey begins September 25, 1878 and continues through December 10, 1878. During that short period of time the pair travel to America where they are involved in solving a string of grisly and mysterious murders.

Bell has uncanny powers of observation as to medical ailments, backgrounds of

patients and solving the murders. Doyle learns a great deal from him. During the 1800s, medical students had a hard time finding cadavers upon which to work to learn more about the human body. Although it was illegal, gravediggers often helped out by providing bodies.

Once Bell discovers the string of homicides, he places everyone in great danger. As he often said, "the game was afoot." Pinkerton, of the famous detective agency, is enlisted to help out. As Doyle writes in his journal, he questions his decision. "What have I gotten myself into? When Bell asked me to accompany him I should have flatly refused. Aye, my family is poor, but back in Scotland I was safe and happy and my stomach was always full. And no one was trying to kill me. Maybe I am not cut out for a life of adventure, after all."

During their murder investigation they come across a startling fact, the thyroid gland has been removed from each body. As they solve this mystery they are thrown into a conspiracy involving an assassination of the president. The book

is filled with murder, literary history and humanity. If you are a Sherlock Holmes fan, *The Mystery of the Scarlet Homes of Sherlock* is a must read. It's available online through MX Publishing and Amazon.\*

## Top Ten Books

1. *A Bubble Moment* by Katie Gardenia
  2. *Story of Sanibel Island* by Marya Repko
  3. *To Have and Have Another* by Phillip Greene
  4. *The Mothers* by Brit Bennett
  5. *How To Read Water* by Tristen Gooley
  6. *Mangrove Bayou* by Stephen Morrell
  7. *The Manhattan* by Phillip Greene
  8. *Remarkable Women of Sanibel Island* by Jeri Magg
  9. *The Sellout* by Paul Beatty
  10. *The Little Paris Bookshop* by Nina George
- Courtesy of MacIntosh Books and Paper.\*

From page 25

## Gulfshore Opera

with an abundant vocal and dramatic talent...achieving a long ovation at the end." The choral ensemble includes volunteers from Collier and Charlotte counties.

These concerts are underwritten by the Blagojevic group of Morgan Stanley. On January 26, Gulshore Opera will bring *Great Act Twos* to the island. This close, personal presentation of great moments in *La Boheme*, *La Traviata*, *Rigoletto* and others is an opera scenes program, performed by five nationally recognized soloists and piano/chamber ensemble, staged and in costume. Each scene will be introduced by actor John McKerrow, founder of Southwest Florida's Shakespeare in Paradise.

Tickets are available at [www.gulfshoreopera.org](http://www.gulfshoreopera.org).\*



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BIG ARTS Monday Night Film Series

Our Little Sister

by Di Saggau

The BIG ARTS  
Monday  
Night Movie



for December 5 is *Our Little Sister*, a Japanese film about four sisters with distinctive personalities. The youngest, 13-year-old Suzu, is the sibling the other three sisters knew nothing about until their father died. Because of her unsympathetic stepmother, Suzu goes to live with her half sisters. She enrolls in school, joins a soccer team and becomes a helpful and cheerful member of the household.

The director, Hirokazu Kareeda, shows the complex and sometimes invisible cords of affection and duty that bind members of a family. The three older sisters live in the house where they grew up. Their father left when they were young and their mother doesn't have much of a presence in their lives. Sachi is a nurse at a hospital just outside of Tokyo; Yoshino is a bank clerk; Chika, just out of high school, works at a Footlocker-type shoe store. All three have been on their own since Dad left to live with another woman years ago.

The film focuses on the foursome's daily rhythms and the occasional obstacle thrown their way. Romantic entanglements come and go. A flaky matriarch and a few non-family members drift into their lives and slowly leave. What happens in this film is life, the passage of time and the slow hardening of the glue that holds these four young



women together. Food and drink play an important role in the film, in particular, the freshly caught baby eels that are a local delicacy and a link to the absent father. Happiness is found at home in the rush of breakfast or the weary calm of a late supper.

*Our Little Sister* scored a record amount of nominations at Japan's equivalent to the Oscars last January. The give-and-take between the actresses in the film is seamless and essential to the theme. By the time the movie ends with a stroll on the beach, you realize how much you care about these women and how sorry you are to leave their company.

Nancy Carlile serves as moderator for the evening. The film runs 128 minutes.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Sponsors: June Rosner and Russ

Bilgore, Stan and Visnja Gembicki, Hyde Tucker, Penny Wilkinson and Island Sun. BIG ARTS is located at 900 Dunlop Road. Tickets are available at [www.BIGARTS.org](http://www.BIGARTS.org), or at the door or by calling 395-0900.\*

Not-For-Monday-Night Series

The Hunting Ground



by Hyde Tucker

The BIG ARTS Not For Monday Night Movie for Wednesday, December 7 is *The Hunting Ground*, a documentary film about sexual assaults at many colleges in the United States. Makers of

the film feel that college administrators either ignored the students' complaints or required them to navigate a complex academic bureaucracy to have their claims addressed. College administrations criticized included Harvard, the University of North Carolina at Chapel Hill, Amherst College and Notre Dame. It also examines fraternities such as Sigma Alpha Epsilon.

The film derives its power largely from the many young women and some men recounting on camera how they were raped at their schools and then subsequently denied justice by those same schools. Some critics say the film is not accurate or objective. What cuts through the filmmaking are the young



women and men who share their accounts of abuse by both their attackers and their schools.

Two women, Annie E. Clark and Andrea Pino, are courageous, inspiring figures. Both say they were raped while attending the University of North Carolina at Chapel Hill. Their stories, along with the others are the reasons to see *The Hunting Ground*. The filmmakers contend that most rapes are committed by a small number of repeat offenders. Director Kirby Dick stated that less than eight percent of the population is responsible for more than 90 percent of all sexual assaults.

The film has an 84 percent approval rating on Rotten Tomatoes. Running time is 143 minutes. *The Hunting Ground* will be shown Wednesday, December 7 at 12:30 p.m. at the Island Cinema. It will be followed by a discussion. Tickets are \$5 for members of BIG ARTS, \$6 for non-members and are available at the cinema, located in Bailey's Shopping Center and at BIG ARTS, 900 Dunlop Road.\*

School Smart



by Shelley M. Gregg, NCSP

Dear Shelley, The teachers at my son's high school use the term service learning often. I sort of understand it but please clarify how it is different

from community service. The students at his school have a community service requirement to complete before they graduate. Is this the same thing?

Julie W., Fort Myers

Julie,

This is an excellent question. There is confusion between the terms service learning and community service. They are similar activities in some ways yet quite different in others. "Service learning is a method of teaching that combines classroom instruction with meaningful community service. This form of learning emphasizes critical thinking and personal reflection while encouraging a heightened sense of community, civic engagement and personal responsibility."

Loyola University defines these experiences by saying that, "Community service can be performed at any time

for any reason. Although meaningful community service often leads to transformative learning, this connection becomes explicit in service learning. Service activities are embedded within academic classes and are meant to help participants achieve specific learning goals."

Community service has been a part of many educational systems for years. Lately, service learning has also been included in many schools and the key difference of service learning is that it takes community service to the next level. It combines serving the community with planned academic instruction, assessment and reflection.

In a service-learning unit, goals are clearly defined and there are many kinds of projects that classrooms can adopt. Classes can be involved in direct issues that are more personal and include one-to-one participation, like working with the homeless. Or involvement can be indirect and may include some advocacy, where the students are working on broader issues, such as local environmental problems and conservation education. Additionally, service learning is often research-based, especially at the college level where the students choose an appropriate manner of data collection, analyze the data collected then present the information based on public needs.

Service learning is a much deeper experience than community service. Service learning includes important

components for students. Typically, a service learning unit will have four important parts. They are as follows:

- Pre-Reflection: students brainstorm in writing the ways in which they can help their world or their local community. They review local news and/or papers for articles on current events and issues of interest. They may read professional literature as well to become more aware of specific issues.
  - Research: Students learn techniques to help them search wisely and efficiently. They should conduct online polls or in person polls and create graphs to chart their findings. Students should summarize their findings using embedded images, graphs, and other multimedia elements. Power Point or Prezi slide shows are often the media format of choice for presentation.
  - Presentation: Students present their findings to the school, each other, and outside stakeholders. They can develop posters to promote their call to action, write a letter campaign or develop a simple website. Students can share their findings with other local schools and organizations or produce screencasts for the school website.
  - Reflection: Students need to think back on what they gained from their study through this project. Appropriate reflection questions should include:
    - What did you learn about the topic?
    - What did you learn about yourself?
    - How do you now think differently?
- Another element that makes service

learning unique is that the community, the teachers and the students themselves evaluate their learning. In community assessment, the community partners typically use a rubric to assess the students. They often may help develop the rubric or criteria for evaluating the students. Teacher assessment includes evaluating students on the content and may additionally assess them on how well they accomplished the writing, graphing, researching or speaking. Students assess themselves through a self-assessment as a form of reflection. They may also assist in developing the rubric that other stakeholders use to assess them.

The benefits of service learning are extensive. Riverside Community College says that, "Service Learning enriches student learning of course material by moving them from the margin of the classroom experience to the center. It "brings books to life and life to books." Students come to see the relevance and importance of academic work in their real life experiences.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.\*



# Film On Sharks At Refuge

Wrapping up Smithsonian Water/Ways exhibit programming on December 7, Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) will conclude its free weekly Wednesday film festival, sponsored by LCEC, with *Sharkwater*. The film will show at 10 a.m. and again at 1 p.m. in the "Ding" Darling Visitor & Education Center on Sanibel.

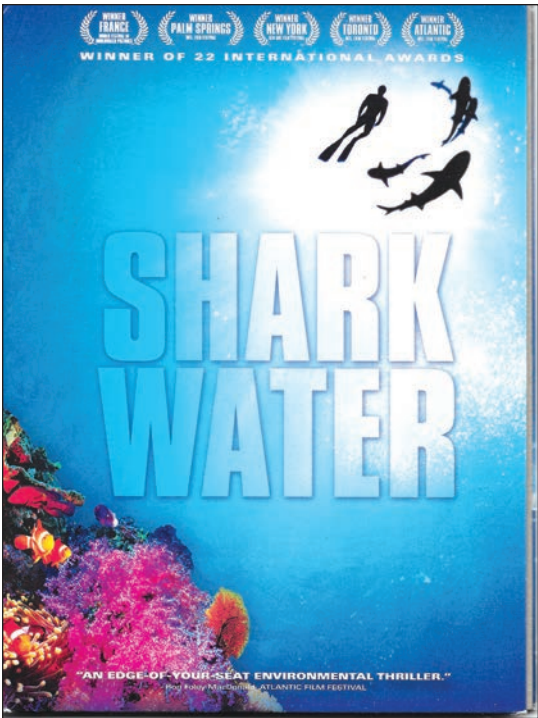
The award-winning *Sharkwater* concludes the festival with a true-life adventure involving shark slaughter, pirates, gunboat chases and corrupt governments. Note: The film contains graphic scenes that may be inappropriate for children.

Arguing that sharks are misunderstood as dangerous creatures, biologist and film director Rob Stewart travels to the Galapagos Islands, Costa Rica and other places where the animals can be found. Underwater footage shows him feeding sharks to demonstrate their fundamentally nonviolent nature.

With 90 percent of the shark population destroyed by indiscriminate hunting, Stewart joins forces with conservationist Paul Watson to fight poachers who illegally kill the animals for their fins and sell the meat to the Taiwanese Mafia.

Admission is free to the film. Seating is limited and available on a first-come basis. Before and after the film, visitors are invited to experience the last day of the hands-on, first-of-its-kind Water/Ways and accompanying exhibits. They include a photographic Everglades exhibit by Mac Stone and the juried Engulfed art exhibit by the Southwest Florida Fine Craft Guild.

For more information, visit [www.dingdarlingsociety.org/articles/waterways](http://www.dingdarlingsociety.org/articles/waterways).✱



# Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to [tutsie@centurylink.net](mailto:tutsie@centurylink.net). Each week, individual work will be showcased.

selected by Tanya Hochschild

## Manatee Seasons

by Nancy McDowell

You're eating well this winter, grazing on grasses in warm southern waters, earning you the name "sea cows." Returning in spring, you look like small fat whales,

your thick hides encrusted with barnacles displayed proudly like polished sea glass. Gardens of moss and algae sea-sway along your backs, their green filigree fingers gently airbrushing the brutal cuts of propeller blades, each scar as unique as a fingerprint. When the season turns cool, sea-cocoons wrap you in soft blankets of seaweed warming your bodies and heating your blood. Then, emerging transformed, you'll return to spring shores, their loving sandy arms opening wide to receive you. Nancy McDowell is a resident at Shell Point Retirement Community. She has been writing poetry since she was a teenager, focusing on Japanese Haiku and free verse. In 2008 she was awarded Writing.com's Quill Award for best short free verse poem.✱

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December 4 at United Church of Christ

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## Kids Fishing Derby Shatters Record



Anglers age 15 and under standing along Sanibel Causeway Island A during last Saturday's 5th annual "Ding" Darling Kids Fishing Derby, which drew a record number of participants

photos by Jeff Lysiak

by Jeff Lysiak

Last Saturday's 5th annual "Ding" Darling Kids Fishing Derby drew a record number of participants, with 100 young anglers taking part in the free two-hour fishing competition held along the Sanibel Causeway.

According to event organizer Ranger Becky Larkins of the JN "Ding" Darling National Wildlife Refuge, anglers up to age 15 were invited to take part in the fishing derby, which began at 8:30 a.m.

"We had exactly 100 participants, 30 fish caught, 11 fishing club volunteers, six refuge volunteers, three interns, 32 loaner poles passed out and tons of happy



Skylar Bennett, 9, from Fort Myers reeled in a lizard fish as a fishing derby judge prepares to measure the fish

parents and memories made," said Larkins, who noted that fish caught included flounder, stingray, puffer fish, lizard fish, needlefish and a bonnethead shark.

Winning anglers included:

### 9 & Under

1st Place – Zachary Browning (combined 33 inches of fish caught)

2nd Place – Ava MacDowell (26 inches of fish)

3rd Place – Lorelei Schendowich (20 inches of fish)

continued on page 13B

## Preserving Captiva History, One Image And Document At A Time



The bridge over Blind Pass connecting Sanibel and Captiva

photos courtesy CIHS

Since 2012, the Captiva Island Historical Society (CIHS) has digitized more than 10,000 items – images, documents and recordings. Recently, those digitized items were catalogued and are available for public viewing on the CIHS web-



The first schoolhouse on Captiva was built in 1901

site. Each piece shares an intriguing tidbit about Captiva.

"It is exciting to see historical images that pop up on the screen, or to see a letter that reads about Captiva days of old," said Jim Pigott, CIHS chairman.

These items have been amassed over the last few decades and come from many sources including Captiva Memorial Library files, photograph books from residents and visitors and letters and postcards that people have shared along with audio recordings of voices of the past.

Among the items there are pictures of early homesteaders, many pictures of

continued on page 8B



# Women’s Empowerment Series Continues

**B**IG ARTS, in collaboration with Zonta International, continues a series of conversations and presentations called Women’s Empowerment: Freedom Through Economic Opportunity.

The first, Agents of Change, opened the series on December 1 with a presentation by the Rev. Rebecca Stevens – founder of Thistle Farms and CNN 2016 Hero of the Year finalist – and two of Thistle Farms’ survivor women. Rev. Stevens started the organization in 1997 under the name Magdalene as a home for women survivors of trafficking, addiction and prostitution. Today there are many branches of Thistle Farms, serving a central purpose of uplifting and empowering women through community, compassion and enterprise.

Virginia Jones, past president of Zonta Club of Sanibel-Captiva, called Stevens “inspirational and engaging.” Then, on January 5, the series presents A Path Appears: Transforming Lives, Creating Opportunities, where a portion of the film *A Path Appears*, by Pulitzer-prize winning journalists Nicholas D. Kristof and Sheryl DuWunn, will be shown, followed by a presentation of two success stories and a panel discussion moderated by Sarah Owen, president and CEO of Southwest Florida Community Foundation. The film and ensuing discussion addresses the road map to becoming effective global citizens here and abroad. On February 2, the series comes to a close with a screening of *Half the Sky*, also



**BIG ARTS and Zonta collaborate for Women’s Empowerment**  
photo courtesy Zonta Club of Sanibel-Captiva

by Kristof and DuWunn – a documentary about igniting change to put an end to the worldwide oppression of women and girls in developing countries. Kristen van Ginhoven and WAM Theatre will close the evening with an artistic presentation called Where Arts and Activism Meet.

“BIG ARTS is thrilled to enter this partnership with our local Zonta Chapter, part of a worldwide, well-respected organization of executives in business working together to advance the status of women,” said Lee Ellen Harder, executive director of BIG ARTS. “The Women’s Empowerment Series, as the name denotes, is an exciting, moving and thought-provoking program that is emblematic of BIG ARTS’ commitment to foster dialogue and offering valuable resources and information about important issues of our day.” Visit [www.BIGARTS.org](http://www.BIGARTS.org) to learn more or call 395-0900.✧

# Kiwanis Club Mounts Cereal Collection Drive



**All types of cereal are welcome in the annual Kiwanis Cereal Drive**  
photo courtesy Sanibel-Captiva Kiwanis Club

**T**his time of year brings to mind thoughts of many classic holiday food items... from roast turkey to cranberry sauce to gingerbread cookies and fruitcake. But for the Kiwanis Club of Sanibel & Captiva, one food item tops them all: dry cereal.

Each year following Thanksgiving, the club gets busy collecting boxes upon

continued on page 6B

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**THE ISLAND WATER ASSOCIATION, INC**

It is election time at IWA again, and next year three seats on our Board of Directors will be up for election. The seats are currently held by Paul E. Garvey, Jim Griffith and Lewis Garrett Dutton Jr. Mr. Garvey is running for his 3rd term, and Mr. Griffith and Mr. Dutton are completing their 3rd and final terms.

IWA is governed by a five member Board of Directors who serve without pay. Directors must be residents of Sanibel or Captiva, so that they can attend all Board meetings, and must be IWA Members or an official representative of a condominium or other IWA Corporate Member. Directors must have no conflict of interest, including but not limited to, active involvement in an enterprise which could potentially do business with IWA or which could benefit from involvement with IWA.

Meetings are normally held on the fourth Tuesday of every month. Directors are elected by the Membership at IWA’s Annual Meeting to be held in April. Anyone who would like to run for one of the open seats should contact our Board Recording Secretary, Beau Stanley, at (239) 472-2113 (extension 114) or by e-mail at [beau@islandwater.com](mailto:beau@islandwater.com) by **no later than January 6, 2017.** Background checks are required on all Board candidates.



## Mardi Gras Swim Team Sets Sights On Gold Medal



Sanibel-Captiva Community Bank's Gold Team devotes time to regular daily workouts. From left, Kyle Decicco, Mona Strasser, Marilyn Kane, "Coach" Craig Albert and Amy Vandenbrink ensure they are in peak swimming condition for the race.

photo courtesy SCCB

Not only is Sanibel Captiva Community Bank (SCCB) the presenting sponsor of the 2017 Community Housing and Resources Mardi Gras event, their Gold Team will be returning to The Dunes' pool on February 11 to once again go for gold, well...silver – the shiny 1st place silver trophy that will be awarded to the top team. The SanCap Bank Gold Team, comprised of several current and past bank employees and led by "Coach" and bank President Craig Albert, just missed clinching the win at last year's event and are ready for redemption.

"We feel really good about our chances of winning the swim relay this year," said Coach Albert. "We got robbed last year, and we are taking all of that fire and putting it into our training. We've been hitting the gym, swimming laps, getting into peak physical condition... We know there is a new purple team stepping up this year and, of course, the San-Cap Trust green team will be back (with their cheaters), but we're not worried. We wear gold because we're the best. We will see them at the finish line."

The rivalry and competition between Sanibel Captiva Community Bank's Gold Team, San-Cap Trust's Green Team and the soon-to-be-announced Purple Team is a Mardi Gras crowd favorite. Party-goers purchase colored beads at the event as a way to cast their vote for who they think will take home the trophy, and everyone who purchased the winning team's beads is entered into the grand prize drawing – a trip for two to The Big Easy. In addition to the much-anticipated swim relay and raffle, Mardi Gras will feature a bourbon and cigar lounge, tarot card readings, music and dancing and much more. Join the fun! Mardi Gras sponsorship and ticket information is available at [www.SanibelCHR.org](http://www.SanibelCHR.org).

Community Housing and Resources, Inc. (CHR) is a 501(c)(3) nonprofit organization dedicated to providing affordable housing for families and individuals working full-time on Sanibel as well as long-time retired or disabled residents of Sanibel. For more information, visit [www.SanibelCHR.org](http://www.SanibelCHR.org) or call 472-1189. ✨

## New Website For Community Bank

Sanibel Captiva Community Bank (SCCB) has unveiled its new website: [www.sancapbank.com](http://www.sancapbank.com). Intended to provide a user-friendly experience, the bank's new website has improved navigation and functionality throughout, offering expanded information about the bank's services, as well as access to free online banking.

"With our new website, in addition to our recently launched personal and business mobile banking apps, we are able to provide enhanced access for our customers to manage their banking needs online and on-the-go, as well as in-person at our branch locations," said Craig Albert, president and CEO of Sanibel Captiva Community Bank. "Individual service and convenience for our customers are always our priority as a community bank."

The website has been designed using the latest technology so it is compatible with desktop web browsers and adaptive to mobile devices. Visitors can quickly navigate the site to find information on personal and business deposit accounts, residential and commercial loans, office locations and hours. Additionally, applications can be submitted directly through the website for residential loans and credit cards.

Using the website, bank customers pay bills for free, originate ACH transactions, locate more than 55,000 free ATMs worldwide and use Popmoney, a built-in service to send, request and receive money with nearly anyone with an email or mobile number. To learn more, visit [www.sancapbank.com](http://www.sancapbank.com). ✨



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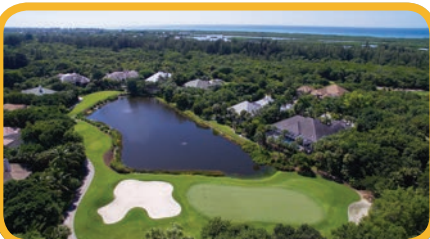
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# Bank Named Gold Sponsor For CECI Fundraiser



From left, Bank of the Islands' Willy Ocasio, CECI Director Cindy De Costa, Mandy Beach, and happy students photo courtesy CECI

Bank of the Islands returns as a Gold Sponsor for Pigs in Paradise, the December 10 fundraiser benefiting Children's Education Center of the Islands (CECI). The evening is designed as a family-friendly celebration and will start at 4 p.m. at CECI's campus, located at 350 Casa Ybel Road.

"The Children's Center provides scholarships to children of working parents in addition to quality early learning opportunities," said Bank of the Islands Assistant Vice President and Sanibel-Captiva Office Manager Willy Ocasio. "Events like Pigs in Paradise give them the means to do that. Returning as their Gold Sponsor again this year is a great way to show how much we appreciate being your island bank."

This year includes a traditional pig roast, fun and games for all ages, a silent auction and a 50/50 drawing. Tickets are \$30 in advance and \$35 at the door. They are being sold at CECI and in Bank of the Islands' Sanibel office at the corner of Periwinkle Way and Casa Ybel Road.

To learn more, visit [www.cecikids.org](http://www.cecikids.org).

## American Legion Post 123

On Sunday, December 4, American Legion Post 123 will be serving a meatloaf dinner from 1 to 8 p.m.

Also, live music with Dan Smyth will be featured between 5:30 and 8 p.m. On Tuesday, December 6, the Ladies Auxiliary meeting will be held starting at 6 p.m. On Sunday, December 11, Post 123

continued on page 22B



From left, Sanibel Captiva Trust Company Wealth Services Advisors, Steve Greenstein and Robin L. Cook, along with Fort Myers Symphonic Mastersingers President Anthony Contino photo courtesy Sanibel Captiva Trust Company

## Trust Company Backs Choral Group

The Sanibel Captiva Trust Company announced that it will again be supporting the mission of the Fort Myers Symphonic Mastersingers to pursue musical excellence through choral performance, education and community engagement. The trust company will be sponsoring the December 11 holiday performance at Sanibel Community Church and will also be making a contribution to support the newly formed Mastersingers City of Palms Youth Choir.

"Commitment and dedication are the two words most often used to describe members of the Mastersingers. As a company, we share their commitment in elevating individual levels of personal performance through hard work and dedication, thereby enriching our community," said SCTC Founder and Chairman Al Hanser. "We wish them a successful season and thank them for all they do."

From page 2B

## Cereal Collection

boxes of dry cereal to supply families in need. The holiday period can be especially difficult for folks without a lot of resources. When school children are on holiday break and not receiving school lunches, they still need to eat. And cereal can provide a tasty, nutritious meal any time of day or even as a midnight snack. So, it's not just for breakfast anymore. And it's easy to prepare, so kids are often able to prepare it themselves.

The cereal collected by Kiwanians is brought to their Tuesday morning meetings or to the club's annual Holiday Party in early December, then delivered to Friends In Service Here (FISH) for distribution to the families served by that organization. In 2015, the Kiwanis effort resulted in a record 500 boxes of cereal being donated, and the club hopes to match that this year. In addition to dry cereal, the drive collects

other easy-to-serve items like breakfast bars and toaster pastries.

The annual drive was started several years ago as an idea cooked up by club member Tom Louwers and some fellow Kiwanians. They pitched the idea to the club, whose service mission is to support island children. The idea caught on as an annual event, and Louwers and his band became known as the "Sanibel Cereal Bandits." Louwers continues to manage the annual effort for Kiwanis, and in recent years has enlisted the support of a group of island women referred to as "the Milk Maids," who provide milk to go along with the cereal.

Anyone wishing to participate with a donation of cereal or other items can bring them to the FISH office, located at 2430 Periwinkle Way on Sanibel or to the Sanibel Community Bank, located at 2475 Library Way. The drive wraps up early the week of December 19, so that items can be distributed during the winter school break.

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From page 1B

# Preserving Captiva



Snyder School for Boys on Captiva, circa 1914

activities around the Snyder School for Boys, images of Captiva landmarks like Timmy’s Nook or ‘Tween Waters Inn in the 1930s, letters from well known folks like Teddy Roosevelt – who was a frequent visitor to Captiva – as well as audio recordings with voices that will bring back memories of forgotten events.

There are many items of historical significance belonging to many families, past residents, and visitors to the island. As their mission is to collect and preserve the history of Captiva, the Captiva Island Historical Society continues to receive, review, and archive material. Part of CIHS’s descriptive logo is, “Bridging the past and the present,” and making their archived material available to the public is another step in that direction.

In January, CIHS will host an educational workshop for Southwest Florida historical societies interested in archiving. This full day of specialized PastPerfect training starts with the basics of using the software for archiving historical artifacts, images and articles. The class then focuses on cataloging these items, creating digital assets attaching multimedia

files, and sharing items on the web using PastPerfect Online. The workshop is Tuesday, January 24 from 9 a.m. to 3 p.m. at the Captiva Civic Center, 11550 Chapin Lane. Seating is limited, and the cost is \$75 for the first seat or \$50 for each additional seat of your organization. Call 472-2323 or email [mail@captivaislandhistoricalsociety.org](mailto:mail@captivaislandhistoricalsociety.org) to make reservations.

Visit the Captiva Island Historical Society website – [www.captivaislandhistoricalsociety.org](http://www.captivaislandhistoricalsociety.org) – to view the many items to bring you closer to Captiva.\*

## Safeguarding Properties



Greg Firth of FireService with Ted Hoessel, Sanibel Surfside photos courtesy CASI



Jules Ballard of Colony Inn, left, with Diane Pulliam of Island Beach Club and Kari Cordisco of Sanibel Moorings

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The peak time for tornadoes in Florida — February through April — is right around the corner. It is not unusual for Sanibel to experience a severe wind event or two during the winter months. Hurricanes reach winds reach 74 to 157 mph per hour. Tornado force winds have been measured to 318 mph. Hurricane predications begin weeks in advance; the average lead time for a tornado is 18 minutes.

CASI members learned how to prepare and recover from unwelcome events at a recent breakfast. The speaker was Greg Firth of FireService Disaster KleenUp. For 25 years, Firth has been helping properties deal with everything from leaky pipes to Cat 5 hurricanes. FireService is a local firm that has been addressing these issues for 45 years. They have partnered with the national firm of Disaster KleenUp so that they can bring in additional, experienced professionals from other areas when needed.

The strongest tornado will blow through almost all hurricane-proof protections. A periodic check and strengthening of all building openings is a good idea to protect against all types of unwanted entry. After a storm, insurance companies expect owners to patch all holes in a structure to prevent rain intrusion. Tornados have a very narrow path, so damage, while extensive, is limited geographically. This means utilities are able to respond within a few days. Going without power those few days may be wiser than the considerable expense of renting a generator. Some types of replacements make “drying out” an unnecessary expense.

After a severe storm, public officials will arrive to assess personal injuries and property damage. If they find structural damage, the property owner will be required to have a structural engineer design a repair. Having construction plans available will save the expense of having the engineer re-create the plans. The city or county does not have plans for all properties. Have your own set of plans handy. (The City of Sanibel recommends all property owners create their own Buildback packet and put one on file with the city.) The insurance agent, its adjustor and the recovery team will also be involved at this point.

Firth finds four mistakes are commonly made. First, hiring a public adjustor is often a mistake. In his 25 years of experience he has recommended a public adjustor twice. This does not mean that the insurance company’s adjustor always gets it right, but they most often will work with the insured to come to a fair agreement. A public adjustor is commonly entitled to 10 percent of the recovered amount. Secondly, beware of pick-up



truck tree trimmers. Insurance policies pay to have trees removed from a structure, but not removed from the property. It may be possible to successfully replant trees in the same hole. Thirdly, hiring unlicensed contractors can result in unsatisfactory work, additional expense and no recourse. The City of Sanibel maintains a list of licensed contractors on its website. Finally, Assignment of Benefits is a widely promoted practice wherein the property owner is asked to sign away his benefits to a contractor, attorney or other. This is just stupid. The property owner should be in control of the process and the proceeds.

Property owners are often surprised and pay dearly for the consequences of insurance decisions. Homeowners frequently underestimate and buy insufficient contents coverage. As for coverage on the structure, Actual Cash Value policies pay only a depreciated value, and that may be far below what it will cost to replace. A much better coverage is Full Replacement Value. Repairs must comply with current code. That can be an expensive upgrade. That coverage is available through Law and Ordinance coverage. Know deductibles and pre-arrange financing so that work can commence timely and be sustained. Hire contractors and a recovery firm that have the financial resources to help bridge construction costs.

Firth made several recommendations for condominium boards and staff. Understand and be patient because recovery will take much more time than expected. Managers will



L to R: CASI president Linda Naton with Ellen Lai, BB&T, Jim Winn and John Newton of The Atrium

put in incredible hours and should be compensated for them. Board members should not become construction managers. Select good professionals and begin working with them now so they will make themselves available to you in an emergency. Trust their advice. Be transparent. Have a published policy that spells out owner responsibilities and restrictions during an emergency and in a recovery. And of course, come together as a united board to work through what will be a most difficult time.

Future CASI breakfasts will feature the mayor on January 26 and the city manager on February 21.\*

# 10 Goodwill Industries Celebrating Our 10th Annual Festival of Trees

Held at the  
**Sidney & Berne  
Davis Art Center**  
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Fort Myers  
River District

**Wednesday, Nov. 30** 11 am – 9 pm  
**Thursday, Dec. 1** 11 am – 9 pm  
**Friday, Dec. 2** 11 am – 10 pm  
**Saturday, Dec. 3** 10 am – 9 pm  
**Sunday, Dec. 4** 11 am – 6 pm



**Tuesday  
Nov.  
29**  
6:00 pm - 9:00 pm

## Preview Party & Wine Tasting

Enjoy five wine tastings with food pairings,  
a silent auction, early entry into the Tree Raffle,  
and an opportunity to bid on the  
Very Beary Christmas Tree in a live auction!

**Tickets \$50**

[www.GoodwillTrees.com](http://www.GoodwillTrees.com) or (239) 652-1613

**Friday  
Dec.  
2**  
6:00 pm - 10:00 pm

## Art Walk & Holiday Stroll

Enjoy the River District Art Walk, then light up first street  
during the Fort Myers Holiday Stroll. Join the Nowhere  
Band for a Beatles tribute concert on the steps of the  
Sidney & Berne Davis Art Center!

No Tickets Required

[www.GoodwillTrees.com](http://www.GoodwillTrees.com) or [www.SBDAC.com](http://www.SBDAC.com)

**Wednesday  
Nov.  
30**  
6:30 pm - 8:30 pm

## Ugly Sweater Contest & Party

'Tis the season for tacky holiday attire!  
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**Tickets \$15**

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**Saturday  
Dec.  
3**  
10:00 am - 6:00 pm

## Santa's Block Party

Santa Claus is coming to town!  
Join us for Brunch with Santa from 10 am – 2 pm  
Holiday Vendor Showcase from 10 am – 3 pm  
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from 10 am – 6 pm

Tickets and Information at:

[www.GoodwillTrees.com](http://www.GoodwillTrees.com) or [www.SBDAC.com](http://www.SBDAC.com)

**Thursday  
Dec.  
1**  
6:30 pm - 8:30 pm

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**Sunday  
Dec.  
4**

## Tree Raffle Drawing

Sunday is your final day to get tickets for the Festival of  
Trees Raffle! Tickets are available every day at the Festival  
of Trees—we'll draw the winning tickets Sunday at 4:00 pm.  
You could win a tree filled with gifts!

More information at [www.GoodwillTrees.com](http://www.GoodwillTrees.com)

## 2016 Tree Raffle \$10/ticket or 3 for \$25 (suggested minimum donation)

Proceeds benefit The Southwest Florida Goodwill Foundation. Winner selection to be held via  
random drawing on Sunday, December 4, 2016 at 4:00 p.m. during the Festival of Trees at the  
Sidney & Berne Davis Art Center in Fort Myers. Each Festival of Trees Raffle winner will receive  
one of a fixed quantity of fully-decorated Raffle Trees, each valued at a minimum of \$400.

Tree selection is determined by ticket holder at time of raffle entry. No purchase is necessary.

Prizes are provided by the Southwest Florida

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Superior Interiors

# Do's And Don'ts Of Furniture Arranging



by Linda Coin

**B**ecause it is difficult for many people to visualize in advance the three-dimensional effect of furniture placement, many costly mistakes are made during the initial phases of a

new design project. While a floor plan is necessary for a balanced furniture arrangement, the dimensional qualities of each piece of furniture must also be taken into consideration as well. The second biggest conundrum my clients struggle with is furniture placement (the first being paint color selection). Whether dealing with a very large room or one much more modest in size, here are a few do's and don'ts for successful furniture arranging.

Do, space permitting, "float" your furniture in the room by pulling it away from the walls. Furniture lined up against the walls of a room tend to take on the look of an office waiting room.

Do place large pieces first. Placing smaller pieces such as lamp tables and

accent pieces first will only serve to frustrate you as you attempt to attain a balanced grouping.

Don't use too many matched sets of tables, lamps, chairs or accessories in the same room. While matching pieces do help to unify a room, too many pairs will make your room resemble a furniture store display.

Do remember that the human eye prefers odd numbers over even. Three pieces in a set will always be easier on the eye than two or four. That third throw pillow on your sofa will avoid the regimental look of a pair.

Don't use only one material for your tables or for your upholstered furniture. Mix metal, glass, wood and stone in your table assortment and use fabrics that complement each other beautifully but don't actually "match."

Do be aware of any unfortunate architectural elements in your home and attempt to place furniture and accessories in a manner that will minimize their impact in your overall design.

Do try to place your furniture in an interesting configuration that will facilitate good conversation. Remember that the optimum separation for people engaged in conversation is six to eight feet.

Don't hesitate to call in a professional designer if you need assistance.

And above all, do remember these three important guidelines: convenience, comfort and composition.

*Linda Coin is an interior designer on Sanibel/Captiva Islands and can be reached at [linda@coindecden.com](mailto:linda@coindecden.com).*✽

# Retirement Community Appoints New President



**Martin Schappell, right, has more than eight years as a Shell Point board member and has served as executive vice president the past year** photo courtesy Shell Point

**S**hell Point Retirement Community's board of directors has appointed Martin Schappell as president, following the November retirement of Peter Dys, who served as president for the past 31 years.

"After a rigorous and skillful search, the board found an ideal candidate close to home and unanimously endorsed Martin for the role of president. He brings a strong faith base, professionalism, knowledge and strategic leadership skills to guide Shell Point, as the community focuses on the expansion of its services and campus," said Dr. Mark O'Farrell, chair of the board. "There is no doubt that this is the man sent by God to lead this community."

Schappell is well acquainted with the nonprofit's mission and core values, culture and operations after more than eight years of service as a Shell Point board member, and serving as executive vice president throughout the past year. In his new executive role, Schappell will oversee every aspect of the organization, including healthcare, residential life, marketing, business operations and employee relations.

His professional background includes substantial experience in the healthcare industry. For the past 15 years, Schappell served as senior vice president of the Behavioral Health Division of Universal Health Services, Inc., one of the largest hospital management companies in the nation. Schappell holds a BA degree, magna cum laude, from Rollins College in Winter Park, Florida, and a MEd degree in community counseling from Georgia State University in Atlanta.

"Shell Point is a healthy, vibrant and successful community. I am passionate about maintaining this reputation and position as an industry leader among continuing care retirement communities, as we continue to grow," said Schappell, emphasizing his commitment to the organization's mission to care for, serve and satisfy residents.✽

# Club Selling Christmas Trees

**T**he Sanibel-Captiva Lions Club has begun its annual sale of Christmas trees at 2431 Periwinkle Way, a new location near Bailey's Shopping Center.

Trees are available for purchase seven days a week from 10 a.m. to 6 p.m. and will remain on sale through Christmas Eve or until sold out. The Fraser firs, grown in Michigan, are between 5 and 10 feet in height.

"We have always had good luck with the trees," said Lion Cliff Nolan, organizer of the sale. "They are healthy, full and beautiful. You'll be very happy with your tree."

The club has been selling trees for more than 30 years. It has become one of their largest fundraisers, with proceeds benefiting various charities the club supports. All members pitch in, from set up to selling.

"We are all on hand to ensure 100 percent of the revenue goes directly to the charitable work of the Lions Club," said Nolan.

For more information, visit [sanibelcaptivalions.org](http://sanibelcaptivalions.org).✽



**Lion Cliff Nolan, organizer of the Christmas tree sale, unloads the Fraser firs delivered from Michigan** photo courtesy Lions Club

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## A History Of Trusts



by Craig R. Hersch, Florida Bar Board Certified  
Wills, Trusts & Estates Attorney; CPA

**W**e take for granted that the tool of a revocable living trust is available to us. We can create a legal document where we usually name ourselves but may instead name a third party trustee to take care of our assets and possessions, yet the benefits of the trust remain ours, at least until our death.

This concept originated not as a separate area of the law, rather as a blend of English common law through the Court of Chancery, which was a court of equity ("fairness") that followed a set of loose rules to avoid the slow pace of change and possible harshness ("inequity") of English common law. The Chancery

had jurisdiction over all matters of equity, including the separate legal doctrines of trusts, land law, estate administration and guardianships.

Due to problems that arose, the law of trusts first developed in the 12th century from the time of the crusades under the jurisdiction of the King of England. The English common law developed from ancient Roman law which regarded property as an indivisible entity – whoever owned legal title owned all rights and privileges. Hence, one would simply convey land to another in full fee title.

When a landowner left England to fight in the Crusades, however, he would convey ownership of his lands in his absence to another to manage the estate and pay and receive feudal duties, with the understanding that the ownership would be conveyed back upon the crusader's return. Crusaders, however, often encountered a refusal to hand over the property upon their return.

The disgruntled Crusader would then petition the king, who would refer the matter to his Lord Chancellor. The Lord Chancellor could decide the case according to his conscience, determining what was "equitable" or "fair." Typically, the Lord Chancellor would consider it unconscionable that the legal owner could go back on his word and deny the claims of the Crusader. Therefore, he would find in favor of the returning Crusader.

Over time, it became known that the Lord Chancellor's court (The Court of Chancery) would continually recognize the claim of a returning Crusader. The legal owner would hold the land for the benefit of the original owner, and would be compelled to convey it back to him when requested. The Crusader was the "beneficiary" and the named land title holder the "trustee." The term "use of land" was coined, and, in time, developed into what we know now as a "trust."

In modern trust law, we can create both inter-vivos trusts during our lifetime as well as testamentary trusts that determine how property is invested, owned and distributed following our death. A "trustee" is not to be confused with the owner or the beneficiary, in that the trustee is responsible for carrying out the terms of the trust. He has a fiduciary duty to the beneficiaries of the trust to own, invest and deal with the property prudently. Should the trustee violate those duties, he can be held liable to the beneficiaries.

The "Settlor" or "Grantor" of the trust is the person who creates the terms of the trust, and conveys money, property or assets to the trust. With most modern revocable trusts, the Settlor also serves as trustee as long as he or she is willing and able to serve in that role. Today, typically the Settlor is also usually the only beneficiary of the trust. In these common situations, when the Settlor acts as grantor, trustee and beneficiary, it is indistinguishable to be holding outright fee simple title in the assets and property.

The reason for the creation of the revocable trust during the grantor's lifetime is to set the stage for an easy transition in the event of the grantor's disability or death.

Disability or death may occur suddenly, in which case a grantor would not have had the opportunity to select the trustee who he or she would want to act, and the terms under which the money, assets and property are to be invested, held and distributed. Hence, today's trusts are an extremely useful tool to ensure that your wishes are carried out.

As Paul Harvey would famously say, "And now you know the rest of the story."

©2016 Craig R. Hersch. Learn more at [www.sbslaw.com](http://www.sbslaw.com).✧

## Bank Co-Sponsors Christmas Production

**F**or the first time, Bank of the Islands will join Congress Jewelers as co-sponsor of A Christmas Carol at BIG ARTS Strauss Theater. The time-honored production will run from now through December 23.

Tickets for children and students are \$5 and adult seating is \$42.

"BIG ARTS is thrilled to welcome back our loyal, long-time supporter, Bank of the Islands, and appreciate their generosity in co-sponsoring A Christmas Carol, this year's holiday show at BIG ARTS Strauss Theater," said Lee Ellen Harder, executive director.

A Christmas Carol, Dickens' classic as told through the eyes of a young boy, features musical selections of ancient carols and traditional folk tunes.

"We can't think of a better way to help usher in the holiday season on Sanibel," said Willy Ocasio, Bank of the Islands assistant vice president and Sanibel-Captiva office manager. "And the surprise news coming out of the North Pole makes it even more exciting to co-sponsor this production. This is a great way to show how much we appreciate being your island bank."

In breaking news, Santa Claus is taking time out of his busy pre-Christmas schedule to take free photos in the Strauss Theater lobby, located at 2200 Periwinkle Way on Sanibel. Santa will pose with children of all ages from 3 to 5 p.m. on Saturday, December 10, Friday, December 16, Saturday, December 17 and Friday, December 23.

"Whether you've been naughty or nice, my friends at BIG ARTS and Bank of the Islands have arranged for you to take home a framed photo of our visit," said Santa. "That being said, Mrs. Claus and I both hope you have been as nice as you can be to others this year. Come see me at Strauss Theater."

Visit [www.BIGARTS.org](http://www.BIGARTS.org) to learn more and purchase tickets.✧



From left, BIG ARTS' Lee Ellen Harder, Strauss Theater's Bobby Logue and Bank of the Islands' Willy Ocasio and Cathy Chern

photo courtesy BIG ARTS

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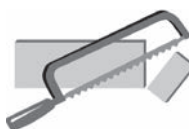
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From page 1B

# Kids Fishing Derby

Largest Fish – Blake Hambling (15-inch needlefish)  
Smallest Fish (tie) – Kaeden Musich and Maddox Ray (six-inch fish)  
**10 To 15 Year Olds**  
1st Place – Jordan Ray (25.5 inches of fish)  
2nd Place – Audrey Shene (17.5 inches of fish)  
3rd Place – Oliver Zanacho (14 inches of fish)  
Largest Fish – Olivia Browning (13-inch stingray)  
Smallest Fish – Jakob Musich (seven-inch lizard fish)  
Throughout the event, which ended with an awards ceremony at 11:30 a.m., volunteers and refuge staff taught fishing skills along with safe and ethical fishing practices.  
The annual fishing derby was made possible with support from The Bait Box, Trophy Case of Fort Myers, Sanibel Island Fishing Club, and Lee County Parks & Recreation.\*



Fishing derby volunteers, from left, Doug and Jeanne Mallon, Ken Kopperl, Bob Jeansner, Jim Kuharich and Curt Will  
photos by Jeff Lysiak

## Exhibit To Feature Water Quality Panel



In 1923, two-time Pulitzer Prize winner Jay “Ding” Darling penned this prophetic political cartoon titled *What Man Does To One Of the Most Beautiful Gifts Of Nature – The River*  
image courtesy DDWS

In conjunction with the visiting Smithsonian Water/Ways exhibit at “Ding” Darling Visitor & Education Center running through December 7, “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS) is hosting a free Soak-It-In Speaker Series on select Fridays at 1 p.m. The finale to the series, Water: Have We Missed the Boat? presents an interactive panel discussion with local water quality experts on December 2.  
“This discussion will be open to audience questions with an in-depth look at Southwest Florida water woes,” said Sarah Lathrop, associate director of DDWS, the nonprofit that is also funding Water/Ways’ engagement. Lathrop administers the overall exhibit with supervisory refuge ranger Toni Westland. “The six-week exhibit will take a global look at water relative to environment, culture, history and spirituality. It will also examine the issues and context facing our liquid assets here at home through this panel discussion, an accompanying exhibit and collaborative programming we have created internally.”  
Mike Baldwin, DDWS board member and state co-chair of the Everglades Coalition, will moderate Water: Have We Missed the Boat?, which includes key players and researchers in local water management and conservation: Mitch Hutchcraft, governing board member of the Southwest Florida Water Management District; Cara Capp, Everglades restoration program manager with the National Parks Conservation Association; Rae Ann Wessel, Sanibel-Captiva Conservation Foundation natural resource policy director; and Jerry Lorenz, state research director for Audubon Florida, member of the Florida Keys National Marine Sanctuary Advisory Council, and founding member of the Florida Oceans and Coastal Resources Council.  
Admission to the panel discussion is free but limited on a first-come basis.  
Also as a part of Water/Ways programming, the Southwest Florida Fine Craft Guild is displaying an artful water and nature exhibition titled Engulfed.  
Special Saturday family programs, giveaways, interactive water features, and other activities are also scheduled. WaterVentures Florida’s Learning Lab will make a one-day stop on Saturday, December 3.  
“The outstanding, state-of-the-art Smithsonian Water/Ways exhibit lies at the heart of an exciting, engaging six weeks of programming for kids and adults. We hope it will ultimately send the message that we all need to work together to preserve our valuable, vanishing water resources,” said Ranger Toni Westland. “We are honored to be among the select venues hosting the exhibit.”\*



The Clay family, from left, Grace, Stephen, Ryleigh and Stephen, Jr.



Dawson Liebetrau, 6, has a bobber added to his fishing line by Ranger Becky Larkins



Toni Westland and daughters Sophia, left, and Audrina



Ashleigh Bagby, 12, with her father, Raja, and brother, Andrew, 15

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# City Praised For Voter Turnout



Carla Benninga, center, founder of the LWV of Sanibel, was elected the first director emerita, with Sanibel League President Robyn Cook, left, and Florida's statewide league president Pamela Goodman in attendance photo by Janis Cain

submitted by Mary LaVelle

Sanibel League of Women Voters (LWV) celebrated Florida's recent season of proactive voting efforts at a luncheon last month at the Sundial Beach Resort, featuring Pamela Goodman of Palm Beach County, president of Florida's statewide LWV.

Goodman focused on Sanibel's impressive voter turnout. As noted by Sanibel's League President Robyn Cook, of over 5,600 registered voters on the island, more than 4,800 voted on November 8, well over 80 percent, or twice the national average of voter turnout.

Sanibel voters were also praised for the resounding (84 percent) positive vote on Conservation 20/20, as well as the defeat of Amendment 1, which would have given utility companies a near monopoly on electricity.

The Florida League of Women Voters worked to inform state citizens of the true

intent of Amendment 1. Not one newspaper in Florida supported the amendment. "The league believes that action starts with intelligent discourse," noted Goodman. With such discourse in mind, Cook explained upcoming efforts for Sanibel: "We will host candidate meetings as necessary before voters decide on their representatives to City Council next spring, and also sponsor educational forums on any upcoming referenda before they appear on the local ballots."

For the first time, Sanibel's LWV named a "director emerita" in recognizing founding director Carla Benninga. She was honored at the luncheon for establishing the local league in 2010.

Florida's League of Women Voters is not slow to sue whenever voting rights are threatened. Goodman noted that, when Hurricane Matthew went north through Florida this fall, state officials declined to extend the time for people to register to vote – including people whose induction to full citizenship was postponed during the storm. Injunctions were filed, and, within just 10 days, judges agreed with the league that the state's position was improper. Registration was extended.

For over 66 years, LWV Florida, opposed by both political parties, worked to achieve fair voter representation for all citizens. Finally, a coalition supporting the Fair Districts Amendment in 2010 was successful as voters mandated fairer standards in redistricting. Even though voters overwhelmingly passed the constitutional amendment, the coalition, including the LWV, had to sue the state legislature – successfully – over continued gerrymandering.

Members of the audience encouraged Goodman to put the teaching of Civics in Florida high schools on the league's radar. With that subject missing from curricula, some say fewer and fewer people know how the government is constructed and how it functions.

Another issue that will arise in Tallahassee again this session is the National Rifle Association's legislation to put guns on Florida's university and college campuses. Campus carry, though universally opposed by administrators and law enforcement, is one focus of the NRA's \$25 million effort in Florida. Goodman explained that the LWV is part of a coalition of over 175 organizations – faith-based, health-oriented and pro-voting rights groups – opposing this lobbying group.

Goodman, fresh from a career with The Limited, first turned her attention to the process of voting in the year 2000, when her home county on Florida's east coast became embroiled in voting controversy.

For more information, email Robin Krivanek at LWVSanibel@gmail.com.✧

## FISH Sponsors Mobile Mammogram

Women of all ages will have local access to mammography services on Wednesday, December 14 from 11 a.m. to 3 p.m. when FISH sponsors the Radiology Regional Center Mobile Mammogram, stationed at the Bailey's General Store parking lot. The store is located at 2477 Periwinkle Way.

This service is made possible through a partnership with the Zonta Foundation of Southwest Florida Sanibel-Captiva Club and is the last in the 2016 series of mobile mammogram offerings. The coach is a customized, mobile breast-imaging clinic, bringing the latest technology in digital mammography directly to women. Convenience, state-of-the-art technology and exceptional quality are why women choose this service. No prescription is necessary. FISH may be able to financially assist those who are under-insured, without insurance or with limited financial resources.

Through the FISH/Zonta partnership, FISH promotes the Mobile Mammogram once a quarter.

Mammograms continue to be the gold standard and the key to life-saving early detection of breast cancer. Early detection allows for a greater number of options for treatment and a better chance of survival.

To set up an appointment or learn more, call Nitza Lopez, case manager at FISH, at 472-4775. Each case is evaluated privately, on an individual and per instance basis, through a detailed intake process by FISH; there is no guarantee of financial assistance from the organization.✧

## Golf Club Winners

Sanibel Island Golf Club recently held their Fall Classic Championships, the first major event of the season for members. The ladies were first to complete play, competing for 18-hole and nine-hole prizes. A stableford scoring system determined the winners.

Cecilia Olsson (18 holes) and Judy Maurer (nine holes) came out on top. Olsson finished eight points ahead of second-place finisher Sharon Ellen. Sandy Sauer finished third. Judy Maurer was the only player to score points on every hole, beating Debbie Smith by two points for the win. Tina Tober came in third.

The men played a 36-hole net event, with gold and white tee flights. Leading the field from the white tees was Anthony Baldino, who scored a seven-shot victory over second-place finishers Bill Fellows and David Lewis. Playing from the gold tees, Jim Hopson ran away from the field with a two-day net score of 122. He finished eight strokes ahead of Guy Tober. However, Tober had the shot of the tournament as he holed out on the third hole. Marty Gallagher and Rene Lohser tied for third.✧

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BeautifulLife:

## Holiday Sanity

by Kay Casperson



**A**re you already starting to feel a bit of the holiday pressure? Does it seem like the lists are growing a bit bigger every day? Maybe you're feeling stressed about throwing a holiday party, a family

of people you want to remember for the holidays with cards, cookies, gifts or even just a call to say hello with a cheerful wish. Remember to check things off when they are done so you are feeling accomplished.

Next – carve out some time each day to breathe, move, exercise or stretch to make sure you are being mindful of your body and health. After all, this is a time to think about others and it is easy to forget about yourself.

Try to get plenty of rest between parties and functions. Go to bed early and read something that takes your mind away from all the planning to give yourself a nice break.

Space yourself between bites and sips at parties and choose your selections wisely so you don't feel bad afterwards that you may have over-indulged.

Finally – have fun and enjoy celebrating a fun, festive, spiritual and meaningful holiday with people that are special to you and who bring love and joy to your life.

My favorite affirmation for staying sane this holiday season is;

*"I will keep joy in my heart through the holidays and will focus on what is important."*

(Don't let the tasks at hand make you crazy – keep cool and carry on.)

*Beauty and lifestyle expert Kay Casperson lives on Sanibel with her husband, two daughters and dogs. She produces her own inspirational collections of skincare, cosmetics, wellness, apparel and accessories, and operates four Lifestyle Spa & Boutique locations in Southwest Florida and Orlando. Learn more at [kaycasperson.com](http://kaycasperson.com).*✱

function or even what to get for those on your gift list. It never fails, Thanksgiving comes, we eat a great meal, spend some time with family and then BOOM, it's Black Friday, Small Business Saturday, Cyber Monday and here we are smack dab in the heart of the holidays. I always remember starting to have a bit less sleep right after Thanksgiving is over as there is so much to do and get ready for. If you are a multitasking person like me, you may be making plans for work functions, end of season celebrations, holiday shopping, kids Christmas parties, teacher gifts, Santa stuff, decorating and all the other things that come with the holidays. Before you let the stress and anxiety creep up on you, I encourage you to stop right now, take a deep breath and try to put a few simple steps in place to keep the holidays sane and as stress free as possible.

You know how I love lists – make a December list of events you need to plan for and what needs to get done to make them happen with success. Next, a list

## New Hire At Landscaping Company



Bob Melzer

photo courtesy RS Walsh Landscaping

**R**S Walsh Landscaping announced that landscape architect Bob Melzer has joined the full-service design-build company.

"We are excited to add Bob to our team," said owner Robert Walsh. "He has a passion for the landscape profession and is a proven leader with deep roots in Southwest Florida. He brings a unique approach to design and aesthetics no matter the size or scope of the project."

Melzer is a native of Peekskill, New York, but was raised in central Florida. He obtained his bachelor's degree in landscape architecture with highest honors from the University of Florida in 2000 and obtained his license as a registered landscape architect in Florida in 2006.

He has worked in Southwest Florida for more than 16 years, mostly in the field of design-build but also has experience in community planning designs and commercial landscape designs throughout the state.

Melzer has won several Collier Building Association Sand Dollar Awards and Design Firm of the Year awards. He is the past chairman of the Estero Design Review Committee and local chapter of The American Society of Landscape Architecture.✱

## New Sponsor For Rec Center Hall

**M**itchell's Sand Castles and Forty-Five Resorts of 3951 West Gulf Drive has become the latest business whose sign will adorn the City of Sanibel Recreation Hall of Sponsors.

Sponsors can be viewed at [www.mysanibel.com](http://www.mysanibel.com). A printout of all sponsors can also be obtained at the City of Sanibel Recreation Center reception counter.

For more information, call Volunteer Sponsor Chairperson Barry Alan Roth, a Kiwanian and lifetime member of the Sanibel Recreation Center, at 313-9591, or Recreation Director Andrea Miller at 472-0345.✱

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### Loggerhead Cay #434



**Exceptional top floor 2 BR/2 BA remodeled unit located on the Island's East End. Nicely furnished. Great rent income!**

**\$639,000**

### Pointe Santo C36



**2 BR, 2 BA with great GULF views...! Silstone counters, new tile, upgraded kitchen/baths. On site Mgmt. AMENITIES! Excellent rental income.**

**\$875,000**

### 4155 Dingman Drive



**SHORT SALE OPPORTUNITY! 3 BR/3 BA on approx. 1 acre on private cul-de-sac. In need of imagination/renovation. Walk to beach!**

**\$1,099,000**

### 3099 Cussell Dr. (Pine Island)



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**\$235,000**

### Sandalfort 4C3



**GULF VIEWS! Steps to beach. Furnished 2 BR, 2 BA top floor unit. Pool, tennis, on site Mgmt.**

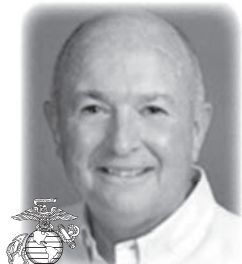
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### 9247 Dimmick Drive



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### 2. Ferry Landing - Bayfront on Sanibel

- 3 BR/2 BA with stunning Bay Views
- Community boat dock, swimming pool & tennis
- **\$2,195,000** EUR €2,069,876

### 3. Captiva Village

- 4 BR/3 BA - "Beach Lodge", turnkey home
- Impact glass, salt water pool, granite, stainless
- **\$1,895,000** EUR €1,737,591

### 4. Colony Beach Estates - Sanibel

- 4BR/4BA Direct Gulf front gated community
- Gorgeously updated throughout
- **\$3,199,000** EUR €2,935,131

### 5. Luxury Meets Location - Sanibel

- 4 BR/5 BA Butterknife home built in 2004
- Large gourmet kitchen, steps to the beach
- **\$1,849,000** EUR €1,663,083

### 6. Captiva - "Villa Elena"

- 4 BR/3 BA Mediterranean style home
- Updated, swimming pool, beach & dock access
- **\$1,735,000** EUR €1,590,882



### 7. Heart of Captiva Village; "Belle Mar"

- 5 BR/ 5.5 BA stunning courtyard pool home
- Concrete construction, Steps to the beach
- **\$2,599,000** EUR €2,383,113

### 8. 3 BR/3.5 BA on West Gulf Drive - Sanibel

- Steps to the Gulf, swimming pool, beach access
- Newer construction, large open kitchen
- **\$1,349,000** EUR €1,213,358

### 9. Sanibel Gulf Front Town Home

- 3 BR/2.5 BA - furnished
- Fully renovated, weekly rental income
- **\$1,499,000** EUR €1,374,485

### 10. Panoramic Bay Front Views On Captiva

- 4 BR/4.5 BA - Beach access nearby
- Boat dock/lift, open kitchen, swimming pool
- **\$2,295,000** EUR €2,164,175

### 11. Pointe Santo Best Buys - Sanibel

- Unit E6, Gulf front - **\$1,250,000**
- Unit B25, Gulf view - **\$799,000**
- Unit D6, Gulf view - **\$735,000**

### 12. Snug Harbor Town Home - Sanibel

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# How Long Will Brian Kelly Remain As Notre Dame Football Coach?



by Ed Frank

You might not agree, but can you think of more passionate fans than those of the Boston Red Sox, the Chicago Cubs and Notre Dame football ? Unless they win the National Championship every year, Notre Dame fans are not satisfied. Well, you can sure hear the thunder under the Golden Dome right now after the Irish finished this season with a miserable 4-8 record. In seven years at the helm of the Irish, Brian Kelly has compiled a 59-30 record, but that could be reduced by 21 victories in 2012 and 2013 if the NCAA vacates those 21 wins due to an academic misconduct penalty.

After a lackluster 45-27 season finale loss last Saturday to USC, Kelly insists he remains on solid ground in South Bend with a guarantee “I’ll be back.”

That’s not the case if you listen to the growing disenchantment with Kelly by large numbers of Notre Dame faithful.

There have been other lop-sided losing seasons in Notre Dame history: 3-9 in 2007 under Charlie Weis; 2-7 in 1963 with Hugh Devore; 2-8 in 1960 under Joe Kuharich and 2-8 in 1955 with Terry Brennan as coach. And every one of those coaches was eventually fired.

Kelly’s problems are more than his team’s poor performance on the football field.

Before the 2016 season even began, six of his players were arrested in two separate incidents on the same night. Max Redfield was kicked off the team after he was charged with illegal possession of a firearm. He and four teammates were pulled over and a large amount of marijuana was found in the car.

That same night, Devin Butler was charged with resisting arrest, first being charged with felony battery of a police officer. He was suspended from the team.

Then just last week, the NCAA lowered the hammer on Notre Dame, stripping the school of its victories in 2012 and 2013 because of academic misconduct. Notre Dame acknowledged that a certain number of football players received “unauthorized academic assistance” from a student trainer.

The school plans to appeal the penalty claiming the student trainer was not a member of the academic support team and thus Notre Dame should not be penalized so severely.

There had been reports that Kelly, in view of his mounting problems in South Bend, had started looking for coaching options elsewhere.

He vehemently denied those rumors, saying, “I have not been, am not and will not be interested in options outside Notre Dame. I am fully committed to leading this program in the future.”

Strictly from a financial standpoint, it is likely that Kelly will be given at least another year to resurrect his program. He was given a six-year contract extension early this year that runs through 2021 at about \$4 million a year.

It would be an expensive firing, but remember that Notre Dame paid Weis more than \$18 million after his dismissal.

The rumbling no doubt will continue in South Bend, placing growing pressure on Kelly to return the Irish to winning football soon or else out the door you go.

## Twins Turn To Former Stars As Special Assistants

As part of their rebuilding program, the Minnesota Twins announced this week that they have hired Michael Cuddyer, LaTroy Hawkins and Torii Hunter as special assistants with a wide range of responsibilities.

Their duties will include player development, organizational philosophies, amateur draft, talent evaluation, preparing for the Major League Draft and Twins community work.

Cuddyer played 15 years in the Major Leagues, 11 with the Twins, was a two-time All-Star and played a key role in six Twins American League Central Division titles.

Hawkins was a Major Leaguer for 19 seasons with 11 different teams, including eight with the Twins. He is only one of 13 relievers in baseball history to record at least one save against all 30 Major League teams.

Hunter played 19 years in the Majors, 12 with the Twins. He was a five-time All-Star and a member of the Twins Hall of Fame. He has long been recognized as one of the most popular players to wear a Twins uniform.✧

## SANIBEL 8-BALL POOL LEAGUE 2016-17 Standings through November 28

Standing	Team Name	Won	Lost
First	Bunt’s Ball Busters	104	56
Second	Sanibel Café	74	86
Third	Sandycappers	73	87
Fourth	Fresh Legion Crew	69	91

### November 28 Results

Bunt’s Ball Busters	16	Fresh Legion Crew	4
Sanibel Cafe	10	Sandycappers	10

### Sanibel 8-Ball Pool League

## Busters Keep Lead

Rich Ennis and Terry Ricotta administered 4-0 thumpings to Tom Yorgey and Tarzan Russell to lead Bunt’s Ball Busters to a 16-4 pasting of second place Fresh Legion Crew. The loss pushed the Crew into last place four games behind Sandycappers. The Crew and Sandycappers meet next week.

Mike DeWitt and Noah Smith added 3-1 wins over Doc Lubinski and Gator Gates to help the Ball Busters post the best winning score of the season. Becky Skog led the Fresh Legion crew with two wins over Dave Doane.

Sanibel Café’s Randy Carson won the last three games of the night over Gary

Murza to help his team earn a 10-10 tie with Sandycappers. His efforts pushed Sanibel Café into second place. The Café meets first place Bunt’s Ball Busters next week.

John Bates and Jeff Brown posted 3-1 victories over Rich McCurry and Matt Hall to help secure the tie with Sanibel Café.

The Sanibel 8-Ball Pool League has now completed one-third of the season. The top 10 shooters with the highest win averages are: Terry Ricotta, Mike DeWitt, Bob Buntrock, Pete Epranian, Noah Smith, Rich Ennis, Scotty Byers, Jeff Brown, Kevin Pottorf and Gary Murza. At the end of the season, the top four league shooters form the team to compete in the annual contest with the North Fort Myers Senior 8-Ball League. North Fort Myers leads the competition 6-3.✧

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12:00-1:00 - \$44 for 9-holes



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## The Club At Shell Point Now Open



At the ribbon cutting, from left, Fred Edman, Wright Construction Group president; Scott Moore, Shell Point COO; Martin Schappell, Shell Point EVP; Shell Point President Peter Dys; Charlie Howlin, general manager of The Club at Shell Point; John Birge, RDG Architects; Bob Southern, Shell Point Project Development director; and Scott Loiacano, project manager for Wright Construction Group

Shell Point Retirement Community recently held a ribbon cutting ceremony and grand opening to celebrate the completion of The Club at Shell Point. Located at the Shell Point Golf Course, this \$14 million, 35,000-square-foot clubhouse opened its doors after a 525-day project involving hundreds of participants. The entire project required an estimated 120,000 man hours working

with more than 60 subcontractors and vendors, resulting in:

- More than 22,000 square feet of custom-color concrete roof tile
- An estimated 15,000 man hours for concrete/masonry work: 1,054 cubic yards of concrete; 33,849 masonry blocks; and 119,084 pounds of reinforcing steel

- A wind rating of 173 mph, to withstand a Category 4 hurricane

To complete this project, Shell Point partnered with Christopher J. Lee Architects, Inc., RDG Planning and Design, Wright Construction Group and Noller Design Group.

Brimming with sports, wellness and fitness opportunities, The Club at Shell Point offers memberships to the local Fort Myers community, who will share the facility with Shell Point residents. Varying levels of membership offer year-round access to Shell Point's Audubon-certified, 18-hole championship golf course, fine and casual dining options, fun-filled social events, a state-of-the-art fitness club and the Seagrape Salon & Spa.

The Club at Shell Point is located at 17500 On Par Boulevard in Fort Myers, two miles before the Sanibel Causeway. For membership information, call 255-2959; dining reservations, 225-2953; salon appointments, 225-2960; and to schedule a golf tee time, call 433-9790 or book online at [www.shellpointgolf.com](http://www.shellpointgolf.com).✪



Shell Point resident Gerry Wilson tests newly purchased equipment in the fitness center during the grand opening, with assistance by Resort Services and Wellness Manager Michelle Tompkins

## Comics And Chess Programs At Sanibel Public Library



Chess at Sanibel Public Library

photo courtesy Sanibel Public Library

The Sanibel Public Library is hosting a Chess Tournament for players of all levels at 10 a.m. Monday, December 5. If interested, register at the (Front) Circulation Desk. If interested but cannot attend the event on December 5, leave your name and contact information with the front desk.

On Thursday, December 8 at 2 p.m., there will be an overview of comic book collecting with Todd McDevitt. McDevitt is the owner of six New Dimension Comics stores based in the Pittsburgh region. In addition to insight on collecting comics, McDevitt will be available to appraise your comic books and estimate their value.

Read, then join the Sanibel Public Library's children's book discussions on Saturday, December 10. The book discussions include *The Wild Robot* by Peter Brown, for third and fourth graders, beginning at 10 a.m. Fifth and sixth graders can read John David Anderson's *Ms. Bixby's Last Day* and discuss the book at 11 a.m. Then at 1 p.m., the seventh graders and older kids will review *Jackaby* by William Ritter. Books are yours to keep – pick up at the front desk.

Sanibel Public Library's upcoming programs can be found on the library's website calendar at [www.sanlib.org](http://www.sanlib.org). Weekly youth programs will resume on December 13. Weekly programs include K-2 After-school Crew, 3rd to 5th After-school Clique, Bessie the READ dog, and more.

There is no registration required and no additional cost to participate in these library programs.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information about the Sanibel Public Library, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org).✪

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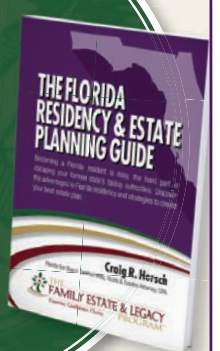
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# Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

**Page Turners** – with Louise Fitzgerald and Ann Hartman. If you are not on the Page Turners list, and wish to be, email ocean@comcast.net or contact the center. Discussions begin at 2:30 p.m.

The featured book for Wednesday, December 14 is *A Man Called Ove* by Fredrick Backman – “A curmudgeon hides a terrible personal loss beneath a cranky and short tempered exterior while clashing with his new neighbors, a boisterous family whose chattiness and habits lead to unexpected friendship.” – NPR Books

**Naples Botanical Gardens** – Tuesday, December 6. Cost is \$22 for members and \$32 for non-members.

Naples Botanical Gardens continues connecting people with plants by conserving and researching the biological diversity of their collections and ecosystems. This private tour will inspire attendees to value plants, gardens and natural habitats. Lunch is on your own at the Fogg Café. Carpooling will be available. Advanced registration is required by Friday, December 2.

**Island Seniors, Inc. Annual Members Meeting** – Friday,

December 9 at 11:30 a.m. All Center 4 Life members are invited and encouraged to attend this informative and entertaining event. At the meeting, you will learn about the center’s many activities throughout the year, the financial standing. and you will have an opportunity to elect new board members.

**Games**  
Cost for all games is \$2.50 for members and \$5 for non-members. Prizes are awarded.

**Bridge** – Monday and Wednesday, register by 12 p.m. Game begins at 12:30 p.m.

**Mahjongg** – Monday and Thursday at 12:30 p.m.

**Hand & Foot** – Thursday at 12:30 p.m.

**New Game: Hearts** – Friday at 1 p.m.

**Tuesday Kayaking** – December 6 and 13 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

**Line Dancing Classes** – Tuesdays, December 6, 13, 20 and 27 at 12:30 p.m. Cost is \$5 for members and \$8 for non-members.

The instructor will review dance steps then turn up the music so you can

dance. Bring a friend. Call to register.

**Fitness Classes**  
Members cost is \$4 per class, visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

**Happy Hour Fitness** – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong with a combination of aerobics and muscle conditioning exercises. Hand weights, stretch cords and body weight are used. Athletic footwear required. Instructors are Grace Elston and Connie DeCicco.

**Essential Total Fitness** – Monday, Wednesday and Friday at 9:30 and 11 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

**Power Hour Fitness** – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

**Gentle Yoga** – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

**Chair Yoga** – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.✱

# Lifeguard Course

An American Red Cross Lifeguard Course will be held at the Sanibel Recreation Center on Friday, December 9 from 3 to 8 p.m., Saturday, December 10 from 8 a.m. to 5 p.m. and Sunday, December 11 from 8 a.m. until 5 p.m. Upon completion of this three-day course, participants will be certified in lifeguarding, first aid, and adult and pediatric CPR/AED for the professional rescuer.

Course materials will not be provided; however, the Red Cross now offers manuals online. Participants must print a copy of the manual or download it prior to the class beginning. For step-by-step instructions for downloading and printing, contact the Recreation Center at 472-0345.

The cost is \$210 for rec center members and \$275 for non-members. Participants must be at least 15 years old to register and able to attend all class sessions. Call the Recreation Center for swimming ability prerequisites. Class size is limited.

The city is in the process of hiring lifeguards. Individuals completing this course who are subsequently hired by the city will be reimbursed for the cost of the training.

To learn more, contact Tasha Maddix, aquatics manager, at Tasha.maddix@mysanibel.com.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, visit www.mysanibel.com.✱



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# Lions Club Welcomes New Member



**Sanibel-Captiva Lions Club President Debi Almeida, left, and Lion Tom Krekel welcome new member Don Korn**  
photo courtesy Lions Club

Sanibel-Captiva Lions Club inducted new member Don Korn during its recent lunch meeting at George & Wendy’s Corner Grill. Membership in a Lions Club is by invitation.

“We worked together and are neighbors,” said sponsoring Lion Tom Krekel. “I talked to Don about becoming a member, so he came to a meeting and enjoyed himself.”

Lions are civic-minded men and women who are hands-on in making a difference in their community. It is the largest and most active service organization worldwide with more than 1.4 million Lions dedicated to helping those in need.

The Sanibel Captiva Lions are collecting eyeglasses in special Recycle for Sight boxes located at various businesses throughout the community. The club recently held a health screening free of charge at Center 4 Life and currently is selling Christmas trees at 2431 Periwinkle Way, near Bailey’s Shopping Center.

“Our club gives members an opportunity to advance worthy causes, serve with friends and become an intricate part of our community,” said Lions Club President Debi Almeida. “It is a privilege to become a member because it is a medium through which we serve our fellow man.”

The club has 56 members and meets on the first and third Wednesdays. Visiting Lions are always welcome. For more information or to get involved, visit [sanibelcaptivalions.org](http://sanibelcaptivalions.org).✱



## Eden Energy Medicine

## Diabetes, Fibroids Or Cysts? Trace Spleen Meridian



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

From a Western view, spleen functions as a reservoir for blood with a large number of red blood cells. It removes unwanted substances from

the blood, including waste. Chinese medicine views spleen's primary function as transforming nutrients into vital energy (chi) and blood, equally distributing this energy to the body, mind and spirit. Together with stomach, spleen oversees the earth rhythm of our beings, assisting with the transitions of life, at whatever level. Spleen is the great metabolizer, so that everything that enters, including emotions, thoughts and food, all run

through spleen. It has a major role in keeping us healthy. The role is huge. Spleen keeps the blood in its proper channels, so if its energy is depleted, expect to see nosebleeds, blood in stools, menstrual issues, swollen abdomen, allergies, broken capillaries, carpal tunnel, diabetes, cysts, eating disorders, edema, fever, fibroids, hypoglycemia, infections, low body temperature, low energy, lymph swelling, metabolic disorders, pregnancy issues, sore throats, thighs that are achy or painful, varicose veins, weak muscles or weight issues. Spleen is also a major player in hormonal issues.

As a reminder, view the August 9 and 16 columns, since the basics of tracing are set forth.

#### Meridian Flow Wheel Time Of Day

SP meridian's high tide is 9 to 11 a.m. We always begin and end by tracing central and governing meridians before starting to trace the other meridians. If you begin tracing your meridians at 9:30 a.m., then begin with SP.

#### Reasons To Trace Alone In Addition To Tracing All Meridians

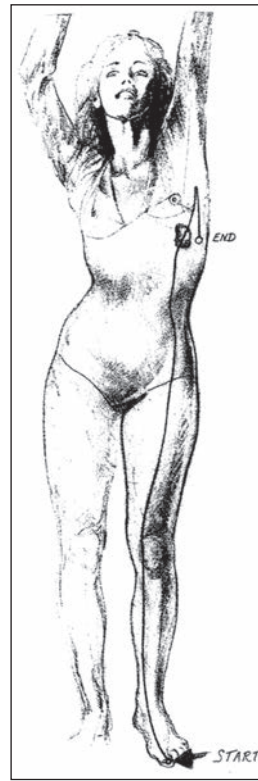
Although it is best to trace all your meridians as one continuous flow, you may want to trace spleen alone if hormonal issues are present, which could include an

autoimmune disorder, cold hands or feet, dizziness, endometriosis, enlarged waist, fatigue, infertility, inflammation, low progesterone, PMS, sexual dysfunction, sugar imbalances, swollen belly, thyroid issues or mood swings.

Affirmation for this Meridian is, "I nourish myself with love." Remembering that matter follows energy, stating a positive thought shifts the energy just by the intention – this is the metaphysical fabric of life. We are all part of that pure fabric of existence, so reap its benefits.

#### Pathway Of Meridian

Do both sides at the same time. Start at the outside bottom corners of each big toenail, pull your hands straight up the inside of your legs, flaring out at the hips, continuing up the side of the rib cage to



Eden Energy Medicine book, page 116

right below the arm pit and then travel down from the armpit about four inches. See the insert. That's it. You just traced spleen meridian.

#### Flushing Or Tracing The Meridian Backwards

It is rare that you will trace spleen backwards since it generally needs energy with so many responsibilities. But there are exceptions. If you feel you want to trace it backwards, see if that makes you feel better. If experiencing pain or disease in the area of a meridian, it is likely that removing the energy from the meridian will provide relief. If it does, then trace it backwards three times, but never trace heart backwards. If it seems there is not enough energy in your meridian, then trace it forward three times. If you feel better, this is what was needed. Experience the impact of the energetic shifts. To flush a meridian, as if you are de-clogging a pipe, trace the meridian once backwards to loosen the sludge and then trace the meridian forward three times. Flushing really helps reset the meridian's balance.

You are set. Keep this column as a reminder of how to trace spleen meridian. You have learned all 14 meridians. After you trace the last meridian, retrace central and governing to be set for the day.

Have fun with your energy. Next week's topic is The Meridians; Our Energetic Pathfinders.

If you have a question, email Karen at [SemmEnergyCenter@gmail.com](mailto:SemmEnergyCenter@gmail.com) or visit [www.semmelmanenergy.com](http://www.semmelmanenergy.com). EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✧

## dearPharmacist

## Acid Blockers May Raise Risk Of Stroke



by Suzy Cohen, RPH

**Dear Readers:** Most of you assume that if a medication is sold over-the-counter (OTC), it's safe, but that's not true. Even OTC drugs are drug muggers of nutrients that you need to prevent blood clots,

keep your heart beating rhythmically and your bones strong.

OTC medications are a multi-billion dollar business, especially drugs for stomach discomfort. An estimated 20 million Americans buy OTC drugs to get quick relief from indigestion, esophageal burning, belching, chest (sternum) pain and other symptoms of excessive stomach acid or gastroesophageal reflux (GERD). I bet you take these drugs without batting an eye. In fact, most of you think harder and longer about what you'll record on TV tonight than you do popping one of these "acid" pills. Taking them occasionally for heartburn is probably no big deal, but some of you self treat for months, or years because the drugs are sold OTC.

I am not fond of using the PPI (proton pump inhibitors) acid blocking drugs indefinitely; these drugs are known as Omeprazole (Prilosec), Esomeprazole (Nexium), Lansoprazole (Prevacid), Pantoprazole (Protonix), Rabeprazole (Aciphex), and there are others.

Some of these meds are sold OTC, and safe for short-term use, in fact the label says 14 days only. But because some of them are sold OTC, you can self-treat

and therefore misuse them. Some doctors advise you to stay on them forever too. Scary, because if you are suppressing acid 24/7, you are causing undigested food particles to leak into your bloodstream and this induces food allergies, including gluten sensitivity, whether or not you have the gene SNP for Celiac.

Keep in mind, acid suppression 24/7 is unnatural. PPIs are potent drug muggers of magnesium and other minerals causing a higher risk for fractures, asthma attacks, depression and arrhythmias. That's not all, a new disturbing paper has just been released indicating that PPIs might raise your risk for stroke by about 20 percent, and more for certain drugs. It depends on the PPI you take and your basic health. This risk doesn't mean you'll ever have to deal with it, so don't panic. I have a more comprehensive version of this article that I can send to you when you sign up for my newsletter ([suzycohen.com](http://suzycohen.com)).

Symptoms of stroke happen quickly and include sudden numbness or weakness of the face, arms or legs, confusion, trouble speaking, poor coordination or vision problems. If you've been taking a PPI drug and feel like your vascular system has been impacted, or you've developed hypertension, explore your treatment options with your physician.

I totally understand that some of you reading this are worried about your condition, as well as the safety of your medication. I don't mean to alarm you, my intention is to keep you safe, and it's pretty easy to restore essential nutrients mugged by PPI drugs and other acid blockers. Consider lowering the medication dose because stroke risk appears to be dose-dependent. Remember, I have a longer version and natural options to help, which you'll get in my newsletter.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).✧*

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Doctor and Dietician

# Heart Benefits Of Wine



by Ross Hauser, MD  
and Marion Hauser, MS, RD

For many who have an appreciation of wine, or had a wonderful experience traveling to wine regions in Tuscany, California, or France, you know how nicely wine can complement a meal. When you combine the perfect wine with a delicious home-cooked meal shared with friends and family, you get a match made in heaven. Wine can provide heart-healthy, cardio-protective benefits, due to antioxidant compounds, such as resveratrol, which are primarily found in grape skins. White wine generally contains lower levels of resveratrol than red wine. Other beneficial compounds in wine include polyphenols, antioxidants and flavonoids. To fully get the benefits of resveratrol in wines, it is

recommended to sip slowly, to decrease inactivation in the gut and liver. Absorption via the mucous membranes in the mouth, with slow sipping, can result in close to 100 times the blood levels of resveratrol.

Red wines from the south of France and from Sardinia have been found to have the highest levels of procyanidins, which are compounds in grape seeds also suspected to be responsible for red wine's heart benefits.

Evidence also suggests that the pulp of grapes appears to be just as heart-healthy as the skin, thanks to other types of antioxidants present in the flesh. In addition, tests show that both extracts appear to have the same level of antioxidant activity.

Red wines such as cabernet sauvignon, merlot, chianti and pinot noir may or may not be better for the heart than white wines such as chardonnay, sauvignon blanc and Riesling. According to various studies, they may be equally as good.

Portion control is important if you do choose to drink alcohol. For wine, one drink is usually considered 5 ounces. Keep wine portions small and enjoyed slowly.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.\**

# Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** My husband is a yeller. He gets himself so worked up over the little things, yells, then after it's all over, he apologizes to our children and me. Unfortunately, it all starts again the next day with something else.

It could be as small as the toast burned and you would think with his behavior the house burned down. How can I help diffuse this behavior?

**A:** It sounds like your husband is suffering from a lot of stress in his life. Perhaps it is his work life, and he has too many demands, or could it even be something more? When things are calm, I would have a talk with him and ask him what it is that is bothering him. Let him know that it is hurtful to you and your children as they may feel they have done something to provoke him. Ask him what would help him to relax and feel more calm. If his mind is stressed, you can be sure that his body

is also stressed. If he seems angry, try and get to the bottom of what is making him feel this way. Introduce some ways he can learn the art of relaxation. There are literally hundreds of ways he can bring realization and calm into his life, but here are a few suggestions for starters:

Listen to a relaxation or guided imagery CD. Two resources I use are: [www.hayhouse.com](http://www.hayhouse.com) and [www.healthjourneys.com](http://www.healthjourneys.com). Taking a warm soak in epsom salts with some lavender to sooth the mind and body. Listen to relaxing music. Learn to relax through the five senses: sight, sound, smell, taste, touch. I would also recommend that your husband get regular massage to help relax his tense muscles. Perhaps your husband can discuss what brings joy in his life and have him focus on those things rather than what makes his pot boil over. While his mind may be overwhelmed with sensory stimulation, he can choose to take a few moments out of his day to use one or more of the suggestions. If this does not help, he may want to talk with a professional to help with managing his anger.

*Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [constanceclancyfisher@gmail.com](mailto:constanceclancyfisher@gmail.com).\**

## SPORTS QUIZ

1. Name the two Pittsburgh Pirates to have recorded 150 home runs and 150 steals.
2. In 1973, the first year of the designated hitter, the American League set a pitching record for most 20-game winners. How many was it?
3. Miami's Dan Marino led the NFL in touchdown passes in three different seasons (1984-86). Name the other Dolphins QB to lead the NFL in TD passes for a season.
4. What was the lowest number of losses in a season for Dean Smith as coach of the North Carolina men's basketball team?
5. Three times in four years (1964-67), the No. 1 pick in the NHL Draft never played in an NHL regular-season game. Name any of the three players.
6. Name the first NASCAR Cup driver to win two season championships.
7. Who was the last male tennis player other than Andy Murray, Novak Djokovic, Roger Federer and Rafael Nadal to win a Wimbledon singles title?

## ANSWERS

1. Andrew McCutchen (2009-present) and Barry Bonds (1986-92). 2. Twelve. 3. Bob Griese tossed 22 touchdown passes in 1977. 4. Two losses in the 1981-82 season, when the Tar Heels won the NCAA championship. 5. Claude Gauthier (1964), Andre Veilleux ('65) and Rick Pagnutti ('67). 6. Herb Thomas, who won titles in 1951 and 1953. 7. Lleyton Hewitt, in 2002.

From page 6B  
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will offer barbeque ribs and chicken all day long.  
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menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.  
The Ladies Auxiliary has cookbooks for a \$15 donation.  
If you have a flag that needs to be retired, drop it off at Post 123, located at Mile Marker 3 on Sanibel-Captiva Road. It is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome.  
For more information, call 472-9979.\*

# Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

## Dear Mom & Me,

This past Christmas, we decided to give our daughter and our daughter-in-law money for their Christmas presents. We seemed to be unable to choose the right size or color for gifts in the past, so we thought it a very good idea to give money.

A month later, to our horror, we found they spent our hard-earned cash for manicures and pedicures.

We think that this is disgusting and a total waste, when the money could have been spent in a far better way. What is your opinion?

Harry and Mary

**Dear Harry and Mary,**  
Professionally done manicures and pedicures now seem to be a necessity for many of the boomer generation, and even for some of their 10-year-old-daughters. These procedures do not come cheap and I am amazed to see how many women and young girls line up outside these special salons waiting to get in on a Saturday.  
That being said, when you give a gift of money it belongs to the recipients and rarely comes with a manual of special instructions as to how the money is to be spent.  
You may not approve of their choice, but this is a perfect example of the many differences between the generations.

Lizzie

**Dear Harry and Mary,**  
I am sorry you feel the money gift you gave is being squandered. However, how the gift is spent is not about you, it is about the receiver – your daughter – and what she wants to do with the money.

Manicures and pedicures fall into the same category as day spas, massages, facials and eyebrow plucking. All of these services pamper and make one feel special. I believe that it is a great gift to give any loved one.

Pryce

*Lizzie and Pryce's email address is [momandmeaging@hotmail.com](mailto:momandmeaging@hotmail.com).\**

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### Honey Citrus Stone Crab Claws with Hearts Of Palm Salad

- 3 pounds medium stone crab claws, cooked and chilled
- 1/2 cup sugar
- 1/2 cup rice wine vinegar
- 1/4 cup honey
- 1/2 cup orange or tangerine juice
- 8 hearts of palm, fresh or canned
- 1/4 cup red onions, thinly sliced
- 1/4 cup red bell peppers, roasted, thinly sliced
- 1/4 cup yellow bell peppers, roasted, thinly sliced
- 2 medium oranges or tangerines, peeled and sectioned
- 1/4 cup fresh tarragon leaves, chopped

2 cups fresh spinach, finely chopped  
 1/2 cup extra virgin olive oil  
 1/4 cup rice wine vinegar  
 2 tablespoon fresh parsley, finely chopped

Crack claws; remove shell and movable pincer, leaving the meat attached to the remaining pincer. Set aside. In a small saucepan, combine the sugar, vinegar, honey and orange or tangerine juice. Bring to a boil and cook until thickened to syrup. Remove from heat, cool and set aside. Slice hearts of palm into thin strips. In a bowl, combine the hearts of palm, onions, peppers, orange or tangerine segments, tarragon and spinach. Dress salad with olive oil and vinegar; toss until moistened. Serve salad in the center of each plate with stone crab claws arranged around the edge. Drizzle the honey citrus sauce over all and garnish with chopped parsley. Serve extra honey citrus sauce on the side. Yields four servings.\*



Honey Citrus Stone Crab Claws with Hearts Of Palm Salad

photo courtesy Fresh From Florida

## BEST TAKE-OUT ON THE ISLANDS

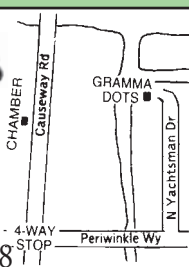


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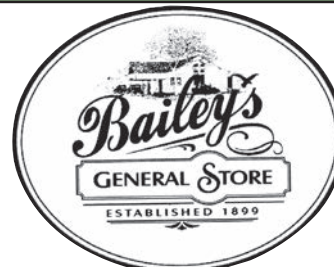
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Rotary Club .....	472-7257 or 472-0141
Sanibel Bike Club .....	sanibelbicycleclub.org
Sanibel Beautification Inc. ....	470-2866
Sanibel-Captiva Orchid Society .....	472-6940
Sanibel-Captiva Power Squadron .....	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus .....	395-1202
Sanibel-Captiva Shell Club. ....	facebook.com/sancapshellclub 267-7291
Sanibel Youth Soccer .....	www.sanibelsoccer.org 395-2040
United Way of Lee County .....	433-2000
United Way 211 Helpline 24 hour .....	211 or 433-3900
Zonta Club .....	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum .....	395-2233
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF Sanibel-Captiva Conservation Foundation .....	472-2329

To be listed in calling card email your information to:  
press@islandsunnews.com

# PETS OF THE WEEK

Hello, my name is Shasta. I am a 3-year-old spayed female American bulldog who loves to play fetch. If you throw me a ball, I will bring it back and am ready to go again. I have a very gentle nature. I show my enthusiasm by wagging, not just my tail, but my whole body. I would love to be the great American dog for a great family.

Adoption Fee: \$75 (Check Animal Services' website for December specials on select dogs)

Hi, I'm Sammy. I am a 1-year-old neutered male domestic short hair whose favorite playtime activity is chasing laser lights. However, this frisky little kitty does loves to cuddle. I am the total package – lovable and cute. Why not make me a part of your family for the holidays and ever after?

Adoption Fee: \$10 (regularly \$50) during Animal Services' Home 4 the Holidays Adoption Promo (now through December 30th)

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✧



Shasta ID# 678469



Sammy ID# 679627

## PAWS Of Sanibel

### Luna

Sweet little Luna needs a new home. Her owner has to relocate and cannot bring Luna with her. She is a 5-year-old black and white shih tzu. To adopt Luna call GG at 940-7878.✧



Luna

## Holiday Pet Adoption Campaign

Lee County Domestic Animal Services will join thousands of pet shelters and adoption centers across the United States, Canada and Mexico for Home 4 the Holidays 2016, a national event to raise awareness of the joy of owning shelter-adopted pets.

During December, Animal Services' goal is to empty the shelter of all pets by having them adopted into life-long homes by December 23. The adoption fees for cats and kittens will be discounted to \$10 and \$20, respectively. The adoption fee for specially marked dogs will be reduced as well. Adopters receive a free gift with each adoption while supplies last.

The adoption fee for all pets includes spay/neuter surgery, age-appropriate vaccinations, flea treatment, de-worming, a heartworm test

for dogs six months or older, feline AIDS and leukemia tests for cats, a Lee County license for pets three months or older, behavior help line, microchip pet ID and a 10-day health guarantee. The total adoption package is valued at more than \$500.

In the past, some shelters have discouraged families from adopting pets during the holidays. However, without the option to adopt, many chose to support the puppy mill industry. As always, Animal Services works to match the needs of the pets with the lifestyles of the families regardless of the time of year.

Adoption hours at Animal Services are 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter will be closed December 24 and 31. For more information call 533-7387 (LEE-PETS). Pet information and pictures can be viewed at [www.LeeLostPets.com](http://www.LeeLostPets.com). Adoption applications also may be submitted online. The website updates hourly.✧



PUZZLES

Answers on page 29B

Super Crossword

VOWELS ON VACATION

- ACROSS**

1 Throat ailment

6 Rial earner

12 Final Four inits.

16 "It was only OK"

19 English dramatist George

20 Singer/fiddler Krauss

21 MP3 player attachment

23 Took a big step to relieve debt [IEOAUY]

25 Worker "standing by"

26 Enjoy

27 Surpasses

29 Wanton man

30 Carry on, as business

34 Mind-altering chemical substances [YOAIEU]

38 Rip off

39 Musical gourd

42 Composer of many marches

43 Withdrawn

44 Hebrew "A"

47 Transformed

49 Tirade
- 51 Cooking contest since 1949 [IUYAEO]

53 Study of bonds between atoms [OEUYAI]

59 Poker-pot promise

60 Of an average

62 Episodic drama

63 Basic human intelligence

66 U. URL ending

69 Hunter constellation

71 Fencing move

72 Spanish for "that"

73 President before Rutherford Birchard Hayes [UYEIOA]

77 "Imagine!"

78 Disney movie

80 Daughter of Desi Arnaz

81 Posed (for)

82 Suffix with Oktober

83 Zedong's theories
- 85 "G'day" sayer

88 Shower with flowers, e.g.

90 "Sicko" and "Super Size Me," e.g. [OUEAYI]

92 "Dear Abby" is one [YIAEOU]

98 Mazar of "Entourage"

99 From sunup to sundown

101 Follower of "had a farm"

102 Morris, e.g.

105 Gone up

108 Naval clerk

110 Flutter

111 In great demand [IYOUAE]

114 Trapped by a blizzard

117 Sheltered, nautically

118 Plaza Hotel girl

121 Leslie Caron musical

122 Seder time

126 Thwarters of Boris Badenov [OYAUIE]

131 Neighbor of a Sudanese

132 "SOS!"

133 "So do I"
- 134 The, to René

135 Suffix with disk

136 Palace of Paris

137 For — (dirt-cheap)
- DOWN**

1 UV-blocking stat

2 — Aviv

3 Johnnie Walker blend

4 Pixie-like

5 Livens (up)

6 TV chef

7 Caribou kin

8 Joan of art

9 NBA broadcaster

10 Steno's aid

11 Ear bone

12 Kansas river

13 Upper limit

14 Consist of

15 Wet mo.

16 Part of GMC

17 Adequate

18 Joan of Arc's crime

22 Like steel

24 Joist or lintel

28 Windows boxes?

30 Web, to flies

31 Bun

32 Low- — diet

33 Major hike

35 Perm part
- 36 Bygone emperors

37 "Peanuts" boy Linus —

40 Radio-switch letters

41 Sidewalk eatery

45 Fraternity letters

46 "Silicon Valley" aier

48 Arab chiefs

50 No — traffic

52 Wishes away

54 Been abed

55 Obstructs

56 Burn slightly

57 Zoo pens

58 Wintry mix

61 Ding-a-lings

63 Online health info site

64 Stern with a violin

65 May greeting card opener

67 Fast Net svc.

68 Normal

70 Gun org.

73 People itemizing

74 Bathtub gunk

75 — beat (hesitate)

76 Abbr. on a food label

79 Tough spot
- 82 Central points

84 The head honcho

86 Capri, e.g.

87 Inside: Prefix

89 Verse tribute

91 Sole, for one

93 Obstructs

94 Blue color

95 Preface

96 Skirt style

97 Both-hands-up time

100 Rhapsodic

102 Small church

103 Blazing

104 Hurdle for a grad student

106 E'erlasting

107 Titans' org.

109 Longtime Steelers coach Chuck

112 In case that

113 Musical Mel

115 Wife of Fred Flintstone

116 Actor Cary

119 Vodka brand

120 Outer limits

123 Mined metal

124 Animal doc

125 Devour

127 2000 Peace Nobelst Kim — Jung

128 "Toodles"

129 "— -Tiki"

130 Ship record

1	2	3	4	5		6	7	8	9	10	11		12	13	14	15		16	17	18
19						20							21					22		
23						24							25							
		26						27				28						29		
30	31					32	33			34				35	36	37				
38					39			40	41			42						43		
44				45	46		47				48			49				50		
51					52						53	54	55					56	57	58
			59					60		61					62					
63	64	65			66	67	68			69				70		71				
72				73				74	75						76			77		
78				79			80						81				82			
83					84		85				86	87			88	89				
90						91					92	93	94					95	96	97
			98						99	100						101				
102	103	104		105			106	107		108					109			110		
111			112							113				114			115	116		
117							118					119	120			121				
122				123	124	125				126				127	128				129	130
131										132							133			
134				135						136							137			

King Crossword

- ACROSS**

1 Poke

4 Crazy

8 Take a stance?

12 Bullring bravo

13 Bloodhound's clue

14 Basin access-ory

15 Squid, on a menu

17 Rend

18 Knapsack

19 Biz deg.

21 Waste no time

22 Ailment

26 Actor Burr's role

29 Lustrous black

30 Pirouette pivot

31 Addict

32 Turf

33 Tittle

34 Wire measure

35 Lamb's mama

36 Pinnacles

37 Antipasto ingredient

39 Rage

40 Conventual

41 Shrimp recipe

45 "So be it"

48 Milky Way et al.

50 Stead

51 Deadlocked
- 52 Muumuu accessory

53 "— have to do"

54 Utility bill datum

55 Sanctions

**DOWN**

1 Athlete

2 Jai follower

3 Sash

4 Realm

5 Saw

6 Supporting

7 Decorated

8 "Loves me (not)" factor

9 Leave unpaid
- 10 Vast expanse

11 Blunder

16 Detest

20 Baseball need

23 Fermi's bit

24 Shower affec-tion (on)

25 Favorable votes

26 "— the word"

27 One side of the Urals

28 Hawk

29 Coffee, slan-gily

32 Monkey, at times

33 Mountain-
- eering tool

35 Flightless bird

36 Esoteric

38 Cancel

39 Archipelago component

42 Actor O'Shea

43 Quick look

44 Fertility god-dess

45 "The Greatest"

46 Cambridge sch.

47 Moray, for one

49 Ms. Gardner

MAGIC MAZE • OIDS

I A X V S P L Q N K I F D A X  
V T Q O M A J I H D F C A Y W  
U R P N L R J H P I F D S B Z  
X V T D R A N D R O I D D D D  
Q O M K I N I I I R I I I I I  
H F D D B O D O Z O Y D O O O  
W V T I L I N L V T R L M T R  
R Q O B O D N A L K C B G C E  
I H A V F Y D K M Y C A I A T  
Z T E X W V M L C U U S S F S  
R D I O E G Q A O N H M K J A

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Alkaloid

Android

Avoids

Cycloid
- Devoid

Factoid

Fibroid

Geoid
- Humanoid

Lipoid


Myoid

Paranoid
- Sigmoid

Tabloid

Toroid





**SCRAMBLERS**  
Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Deride  
**SNORC**   

Void  
**EVOKER**   

Adorn  
**PADER**   

Alone  
**ELIGNS**   

**TODAY'S WORD**

**'Knock it off, Mac — we're just having a drink to celebrate our \_\_\_\_\_'**  
answer on page 27B

		7			8			3
6			9					4
	9			2		8		
4		3	1			7		
		8			9		1	
	2			5				6
5				6			7	
		2	3					8
	1				7	2		

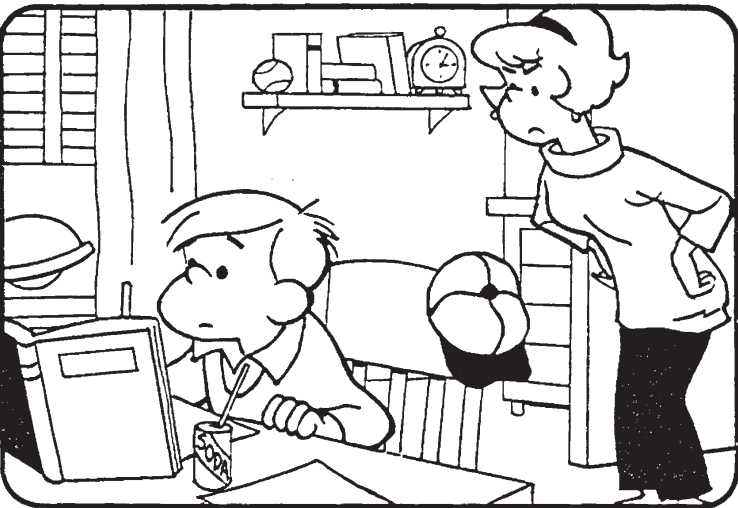
**SUDOKU**

**To play Sudoku:**  
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29B

**HOCUS-FOCUS**

BY  
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Blind is raised. 2. Soda can is missing. 3. Clock is missing. 4. Cap is missing. 5. Chest of drawers is smaller. 6. Arm is moved.

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## LIVE ON THE ISLANDS

**Il Cielo** has live entertainment with Scott McDonald on Tuesday, Wednesday, Thursday, Saturday and Sunday.

**Island Cow** on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

**The Jacaranda** has live entertainment Friday and Saturday with Renata, playing funk, jazz and contemporary. Loose Change plays contemporary, top 40 and dance on Sunday. On Monday, it's Renata. Wednesday is Jerry B. Variety Show, featuring Motown and classic hits. Sir Mitch plays classic rock, R&B and dance on Thursday.

**The Mucky Duck** on Andy Rosse Lane, Captiva features live music by Peter Redpath on Thursday and Sunday. Gary Earle plays Friday. Gene Federico performs on Saturday and Wednesday. Mark Dupuy plays on Monday. On Tuesday, it's Perry English.

**Sea Breeze Café at Sundial Beach Resort & Spa** has live island style entertainment on Mondays.

**Traditions on the Beach at Island Inn** has live entertainment Friday with Woody Brubaker and Barbara Smith. Dusk Duo plays on Saturday. Mike Arnone plays on Sunday and Thursday. On Wednesday, it's jazz with Woody Brubaker..

*Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandsunnews.com](mailto:press@islandsunnews.com) or 395-2299.\**

## My Stars ★★★★★

FOR WEEK OF DECEMBER 5, 2016

**ARIES** (March 21 to April 19) Your curiosity might not be appreciated by everyone. Expect some resistance in getting answers to your questions. But stay with it. You need facts in order to make important decisions.

**TAURUS** (April 20 to May 20) Some of the mystery surrounding your recent fiscal situation soon will be dispelled with a clear explanation. Use this new knowledge to help you chart a fresh financial course.

**GEMINI** (May 21 to June 20) Start your Hanukkah and Christmas gift-buying now. This will help avoid problems caused by possible mid-December delays. A family member has important information.

**CANCER** (June 21 to July 22) Use a little more sense in how you plan to spend your end-of-the-year holiday dollars. Meanwhile, you continue to gain support for your stand on a workplace issue.

**LEO** (July 23 to August 22) Wearing that big, loving Lion's heart of yours on your sleeve leaves it unprotected. Let things develop a little more before you allow your emotions to spill over.

**VIRGO** (Aug. 23 to September 22) You might feel you're not ready to patch up an unraveled relationship. But the longer you wait, the more difficult it will be for all parties to take the first healing step.

**LIBRA** (September 23 to October 22) Your end-of-the-year holiday plans could be disrupted by something out of your control, but stay the course. Ultimately, things will settle back into a normal pace.

**SCORPIO** (October 23 to November 21) Your honest approach to a workplace project earns you both respect and credit from those in charge. Meanwhile, that personal problem still needs to be dealt with.

**SAGITTARIUS** (November 22 to December 21) Money could be a little tight this month. This means the usually bargain-oblivious Sagittarian should look for ways to save on end-of-the-year holidays.

**CAPRICORN** (December 22 to January 19) Examine the facts, and you might find that it's a wiser move to shift gears and redirect some of your goals before the end of the year. Someone close to you offers good advice.

**AQUARIUS** (January 20 to February 18) Be careful that your generosity is not abused. Find out more, both about the special favors you might be asked to grant and who is asking for them.

**PISCES** (February 19 to March 20) You've come through a recent rough time in great shape. Congratulations. Now go out and enjoy your well-earned rewards. More good news comes in mid-December.

**BORN THIS WEEK:** You aim for truth, and you usually find it. Your honesty earns you the friendship and respect of others.

### THIS WEEK IN HISTORY

- On Dec. 5, 1839, Gen. George Armstrong Custer is born in Harrison County, Ohio. Although he is best known for his demise at the Battle of the Little Big Horn, Montana, in 1876, Custer built a reputation as a dashing and effective Union cavalry leader during the Civil War.

- On Dec. 10, 1869, motivated by interest in free publicity, Wyoming territorial legislators pass a law granting women the right to vote. Area men hoped women would be more likely to settle in the rugged and isolated country if they could vote.

- On Dec. 6, 1884, in Washington, D.C., workers place a 9-inch aluminum pyramid atop a tower of white marble, completing the construction of a monument to the city's namesake, George Washington.

### STRANGE BUT TRUE

- It was 20th-century Swiss-American psychiatrist Elisabeth Kubler-Ross who made the following sage observation: "People are like stained-glass windows: They sparkle and shine when the sun is out, but when the darkness sets in, their true beauty is revealed only if there is a light within."

- It's not unknown for temperatures during a Siberian summer to exceed 100 degrees Fahrenheit.

- Almost a thousand years before Johannes Gutenberg introduced mechanical moveable type to Europe, people in Asia were already printing messages set in type. The oldest recorded such piece, from China, translates as "Beware of Dog."

- You might be surprised to learn that the oldest public university in the United States is the University of North Carolina.

- If you're like the average human being, you have approximately 250,000 sweat glands on your feet alone.

### THOUGHT FOR THE DAY

"There is no human being who, as a result of desiring to build a better life, should be named or declared illegal."  
-- Alejandro G. Inarritu

### SCRAMBLERS

*solution*

- Scorn;
- Revoke;
- Drape;
- Single

*Today's Word*  
**DIVORCE**

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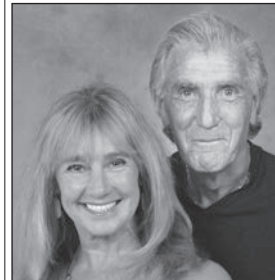


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PUZZLE ANSWERS

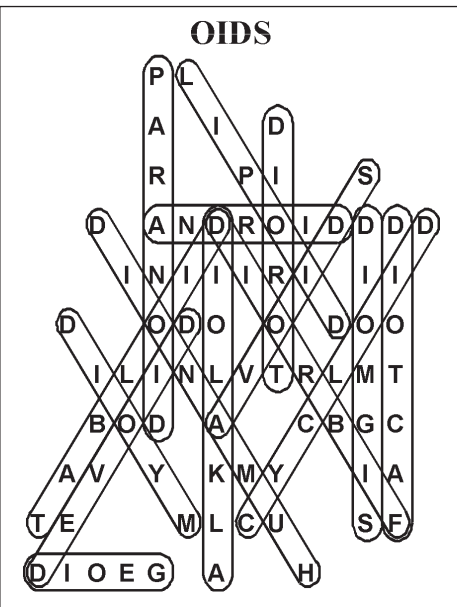
SUPER CROSSWORD

S	T	R	E	P	Y	E	M	E	N	I	N	C	A	A	M	E	H				
P	E	E	L	E	A	L	I	S	O	N	E	A	R	P	H	O	N	E			
F	L	D	F	R	B	N	K	R	P	T	C	O	P	E	R	A	T	O	R		
		L	I	K	E			O	N	E	U	P	S				R	O	U	E	
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KING CROSSWORD

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MAGIC MAZE



SUDOKU

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4	5	3	1	8	6	7	2	9
7	6	8	2	3	9	4	1	5
1	2	9	7	5	4	3	8	6
5	3	4	8	6	2	9	7	1
9	7	2	3	4	1	6	5	8
8	1	6	5	9	7	2	3	4

PROFESSIONAL DIRECTORY

TRAVEL

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...on land and sea...  
**DANA PARISH**  
travel consultant  
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239-472-8835  
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affiliate: Avoya Travel / American Express Travel Sanibel resident since 1987

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**Windows Plus**  
"SWFL Window and Door Specialist"  
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E-mail: office@windowsplusllc.com

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Tarpon • Snook • Redfish & More  
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www.captmattmitchell.com  
email: captmattmitchell@aol.com

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**COMPLETE POOL SERVICE**  
**SANIBEL AND CAPTIVA ISLANDS**  
**Specialists In:**  
• Residential-Commercial Pool Service & Repairs  
• Salt Systems  
**Complete Line Of:**  
• Chemicals-Pumps-Motors-Filters  
• Pool Supplies & Parts  
**Installation Of:**  
• Pool Heaters, Blankets & Roller Systems  
**7:00 AM - 4:00 PM MON-FRI**  
**8:00 AM - NOON SATURDAYS**  
**472-4505**  
1205 PERIWINKLE WAY, SANIBEL FL 33957  
EMAIL: IslandCondo@comcast.net

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CGC1517615  
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First Service

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Would you like your business card in every home and business on Sanibel & Captiva every week?  
**239-395-1213**



★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

**REAL ESTATE**

**MARCH WEEK  
TIMESHARE SALE**  
Hurricane House, Sanibel. SW corner unit  
on water. Sleeps 6. Golf/tennis included at  
Dunes. \$45,000. Call owner 416-725-7772.  
\*NS 12/2 CC TFN


**GARCIA REAL ESTATE  
AND CONSULTING**



**RICHARD J. GARCIA, GRI, BROKER  
239-472-5147  
garciaonsanibel.com**  
Offering Personal, Private, and  
Professional Real Estate Services on  
Sanibel and Captiva Islands.  
30 Year Resident of Sanibel.  
Licensed in Florida, New York,  
Pennsylvania and New Jersey.  
\*RS 4/29 CC TFN

**COMMERCIAL RENTAL**

**WONDERFUL RENTAL  
IN POPULAR  
LOCATION ON SANIBEL**



2 Rooms, Bathroom,  
Approx. 1,000 sq. feet.  
This was Molnar Electric's old office.  
Call Judy at 239-851-4073.  
\*RS 8/5 CC TFN

**PRIME COMMERCIAL  
PERIWINKLE EXPOSURE**  
1633 Periwinkle Suite F and or G  
1,300 sq ft @ \$1,600 a month  
including tax or will separate the  
2 suites at \$800 a month including tax.  
Available November 1st.  
Call 239-898-4464  
\*NS 10/7 CC TFN

**COMMERCIAL RENTAL**

**FORMERLY WOOSTER TV  
HIGHLY VISIBLE  
FIRST FLOOR SPACE**



2424 PALM RIDGE ROAD  
FORMERLY WOOSTER TV  
1,250 SQ FT 5 YEAR LEASE  
\$1,890/MO INCLUDES ALL CAM  
CALL JOHN 239 472 6543  
\*RS 12/2 CC TFN

**OFFICE SPACE FOR RENT**  
Great office space for rent.  
700 square feet on Periwinkle.  
Call Joe Gil 516-972-2883  
or 800-592-0009.  
\*RS 9/2 CC 9/16

**NEW STUDIO RENTAL**  
Studio or small 1 bedr. wanted by quiet 68  
yr. semi-retired property owner & landlord  
himself, clean & physically fit. Pay rent  
or exchange for caretaking, lawn care,  
painting, carpentry, chores, etc.  
7 yr. previous Sanibel resident & fishing  
club member. State lic. auctioneer &  
appraiser. 603-679-8101  
charliereid@tllc.net.  
\*NS 11/11 CC TFN

**VACATION RENTAL**

**Island Vacations**  
Of Sanibel & Captiva  
*Million \$ Views Await You!*  
• Cottages • Condos • Homes •  
Miles of Beaches & Bike Paths  
**239-472-7277  
1-888-451-7277**  
\*RS 1/4 BM TFN

**LIGHTHOUSE REALTY**  
Paul J. Morris, Broker  
VACATION RENTALS  
PROPERTY MANAGEMENT & SALES  
359 Periwinkle Way, Sanibel Island  
**239-579-0511**  
\*RS 1/4 CC TFN

**HOLIDAY RENTAL**  
Last minute availability  
Christmas and Thanksgiving 2016  
Charming 3/2 island cottage. Close to  
beach and island amenities. Mid island  
\$1,600. wk. Contact 2600coyle@gmail.com  
\*NS 11/18 CC 12/30

**SEASONAL RENTAL**

**AVAILABLE NOW  
SEASONAL COTTAGE**  
2bed/1ba Fully furnished  
East End 900 sq ft W/D  
Screened porch, BBQ,  
Dec \$4,100 Jan \$5,600 Feb \$5,675  
Better price if rented for  
more than 1 mo. Steps to beach  
Owner PH: 727.644.6493  
www.sanibelseagrapecottage.com  
\*NS 12/2 CC 12/16

**2 BR 2 BA GULF FRONT**  
Newly Decorated, W ELEVATOR,  
Covered Parking, COVETED WEST  
GULF LOCATION. AVAIL:  
JAN FEB MAR APR 2016!  
TELL YOUR SNOWBIRD FRIENDS!  
VRBO#776060 30 DAY MIN,  
PREFER 3-4 MONTH STAY.  
CALL FOR Rental Details 847-736-7790.  
\*NS 11/18 CC 12/2

**FANTASTIC  
3 BDRM 3.5 BATH HOME**  
Fresh and newly remodeled; pool;  
boat dock; wifi; beautiful yard;  
near Sanctuary golf and Captiva.  
Call 817-300-9499  
\*NS 10/28 CC TFN

**RE/MAX OF THE ISLANDS**  
Putting owners and  
tenants together  
Call Ryan Block  
www.remax-oftheislands.com  
239-472-2311  
\*RS 1/23 BM TFN

**'NEW' COTTAGE  
FOR RENT!**  
Buttonwood Lane  
Darling beach cottage,  
2BR/1BA, pool, 5 lots to the beach,  
fenced yard, pets allowed w/approval.  
Completely renovated/remodeled,  
private and very upscale!  
New to the market... BOOK NOW! Prefer  
multi-month renter! Email:  
info@baileysbeachcottage.com  
Website: baileysbeachcottage.com  
\*NS 10/14 CC TFN

**LOAN NEEDED**

**LOAN NEEDED**  
Looking for private investor loan to  
consolidate personal debt. I live on Sanibel  
and can offer second mortgage on my  
home. Amount needed is \$150,000. This  
will payoff existing debt.  
Please respond to  
sanibelforme@hotmail.com  
\*NS 7/22 CC TFN

**ANNUAL RENTAL**

**ANNUAL RENTALS**

**SANIBEL**  
Ground Level, 3/2 UF, Clean, Freshly  
painted, minutes to Beach. Call to view.  
\$2,000/mo.

**FT. MYERS**  
Gated condo. complex, this Clean 2nd  
floor, Lake Front 2/2 UF Gorgeous shape.  
Close to Beaches. \$1,350/mo.

**472-6747**  
**Gulf Beach Properties, Inc.**  
Helping People Become Islanders for over 35 years!  
The Island Experience!  
\*RS 11/4 BM TFN

**ISLAND COTTAGE**  
Charming 3/2 island cottage  
renting for 2017 Mid island close to  
beaches and island amenities.  
Jan- May \$4,000 monthly  
June-Oct \$1,800 monthly  
Contact 2600coyle@gmail.com  
\*NS 11/18 CC 5/26

**SERVICES OFFERED**

**ENJOY  
TAKING BETTER PHOTOS!**  
Private/semi-private lessons  
with a pro photographer.  
Get the most out of your camera.  
Sancapsnaps@gmail.com/239-314-6389  
\*NS 12/2 CC 12/2

**\$99-JOIN IN THE CRAZE**  
3 Hrs. of Jazz/Easy Listening for your  
Office/Private Party, Special Event, Real  
Estate Open House, etc. A relaxing, fun  
form of entertainment at an affordable  
price. Call: Bonnie G 518-796-4239  
\*NS 10/21 CC TFN

**HOLISTIC HOME CLEANING**  
Optimize your health and home  
Utilizing hydrogen peroxide, fresh citrus,  
b. soda and Suds.  
Sonya @ 239-246-7007.  
\*RS 12/2 CC TFN

**POOL & SPA SERVICES**  
Aqua Smart Pool & Spa Services, Inc.  
772-1955  
Servicing Residential & Commercial Pools!  
\* Weekly Maintenance Service  
License & Insured  
\*NS 5/20 CC TFN

**SANIBEL HOME WATCH  
SERVICES**  
Will Check Your Home Weekly/Biweekly  
Very Reasonable Rates  
Licensed - Insured - Bonded  
239-322-8054 Sanibelhw@gmail.com  
\*NS 9/16 CC TFN

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**ENVIROMOW  
OF LEE COUNTY**  
Complete Landscaping Services  
& Weekly Lawn Service  
\*Mention this add to recieve 10% off your  
Mulch Installation or Landscaping Project,  
Plus special pricing for monthly service.\*  
Call today for a FREE estimate: 239-896-  
6789. Locally owned & operated.  
\*NS 10/14 CC TFN

**CAR WASH & WAX BY HAND**  
Sanibel & Captiva Islands.  
Exterior & Interior Cleaning. Tire Dressing.  
I come to your Home, Condo or Hotel.  
Reasonable Rates. Satisfaction  
Guaranteed. 239-284-3639.  
\*RS 12/2 CC 12/9

**HELLE'S CLEANING SERVICES**  
Residential Cleaning to Satisfaction  
Sanibel & Captiva • 239-565-0471  
Sanibel Lic. #11412 Lee Co. Lic. #051047  
\*NS 1/4 PC TFN

**SCARNATO LAWN SERVICE**  
Lawn Service, Shrubs and Tree Trimming  
Weeding, Installation of Plants, Trees and  
Mulch (one month free service available)  
Joe Scarnato (239) 849-6163  
scarnatolawn@aol.com  
\*RS 1/25 BM TFN

**ROGER NODRUFF ELECTRIC**  
Lic# EC12002788.  
Call Roger 239-707-7203.  
Aqualink - Motor Controls.  
Office & Store Maint.  
\*RS 6/7 CC TFN

**HELP WANTED**

**SEEKING  
MUSICIANS**  
Experienced  
amateur musicians  
who enjoy  
playing for fun.  
SANIBEL  
Blues, Jazz  
395-5814  
\*NS 11/25 CC 12/9

**JERRY'S FOODS  
SERVERS & BARISTAS**  
Part Time Evening And Weekend Front  
End Associates Needed. Looking for  
energetic, personable, and fun  
individuals, with open availability  
Monday through Sunday.  
If interested call and ask for  
John, Norm Sarah 472-9300.  
1700 Periwinkle Way  
\*NS 5/6 BM TFN



★ CLASSIFIED ★

**HELP WANTED**

**SUP INSTRUCTOR**  
Yoloboard Adventures seeking paddler to teach SUP lessons, guide tours, and do rentals and deliveries. Experience helpful but not necessary. FT or PT positions available. Call 239-249-4701  
\*NS 12/2 CC 12/23

**CAPTIVA CIVIC ASSOCIATION**  
Office & Activities Assistant  
Part Time Seasonal Hours  
Please Call (239) 472-2111  
\*NS 11/25 CC 12/9

**HELP WANTED**  
Live on the Island and looking for PT work 2-3 days per week. Flexible schedule. Call 472-4886.  
\*RS 11/4 BM TFN

**BOATS - CANOES - KAYAKS**

**DOCKAGE**  
Hourly, Daily, Weekly and Monthly.  
Captiva Island 472-5800  
\*RS 1/4 NC TFN

**MOTORCYCLE FOR SALE**

**HARLEY DAVIDSON 2005 CUSTOM DYNA FXDC**  
With only 3,500 miles. 1450cc, custom chrome, wheels, saddlebags, alarm, electric start, windshield, custom seat. Includes cover & helmets. \$9,000 Serious inquiries only 330-233-3142  
\*NS 12/2 CC 12/23

**FOR SALE**

**PIANO -BABY GRAND - SCHUMANN**  
Serial #J24756 - believe Model AA Sheraton circa 1930. The dimensions of the model AA are 4'-10 L x 4'-8" W x 3' - 2". Very good condition. Has been hooked to a dehumidifier to maintain integrity. Price \$300 negotiable. No delivery. Please contact Marie at 262.366.5544 for pictures or more info.  
\*NS 12/2 CC 12/9

**GOD BLESS AMERICA**  
Lydia and Paul Cook want to  
THANK SANIBEL FOR 11 GREAT YEARS!  
PERIWINKLE WAY AUCTION & CONSIGNMENT is now online at [www.SanibelConsignment.com](http://www.SanibelConsignment.com) under [www.EBTH.com](http://www.EBTH.com) Get auction prices on all antiques, sealife jewelry, nautical items. Ikki Matsumoto island themed prints & Sanibel seashells. God Bless American & our loyal friends!  
\*NS 11/18 CC TFN

**SALE**

**GARAGE SALE 3 FAMILY**  
249 PALM LAKE  
SATURDAY DEC. 3rd 8-3pm  
Household, furniture, clothes  
Lots of GOODIES  
\*NS 12/2 CC 12/2

To advertise in the *Island Sun*  
Call 395-1213

HORTOONS



**Angel Tree For Children In Need**

Spatini Teabar, Organic Spa & Hair Lounge in Jerry's Market has a Salvation Army Angel Tree just outside its doors for children in need. If interested, come by and choose an angel tag, buy an unwrapped gift and drop it off at Spatini, where Salvation Army officials will pick up all gifts and distribute.

The Angel Tree is a partnership with local businesses, clubs, churches and individuals who want to make Christmas bright for disadvantaged children. The Angel tags have a numerical code on them with the child's first name, age, gender, clothing sizes, one toy wish and one clothing need.

Through generosity, thousands of children in Lee County that are registered for Christmas assistance through a screening process will receive new toys, clothing and gifts for Christmas.

Angel Tree was created by The Salvation Army in 1979 by Majors Charles and Shirley White when they worked with a Lynchburg, Virginia, shopping mall to provide clothing and toys for children at Christmas time. Since then, the tradition has expanded and now is the cornerstone of The Salvation Army's Christmas efforts.

Spatini Teabar is located at 1700 Periwinkle Way in Suite 5 of Jerry's Market.✽



Spatini Teabar owner Amy Sbarra poses with the Angel Tree in front of her business  
photo by Bob Petcher

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bonita Beach	Bonita Springs	1973	1,800	\$2,595,000	\$2,500,000	276
Spring Ridge	Bonita Springs	2000	4,512	\$1,890,000	\$1,900,000	13
Bay Creek	Bonita Springs	2001	5,669	\$1,474,900	\$1,250,000	104
Deep Lagoon Estates	Fort Myers	2008	4,392	\$1,367,000	\$1,300,000	23
Shriver	Fort Myers	1923	2,472	\$1,289,000	\$1,100,000	401
Sea Oats	Sanibel	1989	2,870	\$1,195,000	\$1,160,000	148
El Sol	Fort Myers Beach	1999	3,834	\$999,000	\$954,000	5
Arezzo	Bonita Springs	2004	3,007	\$834,900	\$810,000	205
Fort Myers Shores	Fort Myers	2002	4,508	\$744,000	\$700,000	122
Cape Coral	Cape Coral	2013	2,638	\$695,000	\$650,000	45



## Sanibel Luminary Food & Entertainment —Friday, December 2nd, 2016 5:30pm-9:00pm

### 1. East End: Pinocchio's & Lighthouse Cafe

- **Pinocchio's:** Roasted chestnuts, sparkling cider, and handcrafted frozen confections
- **Geppetto's Beach Foodies:** Holiday demos, savory appetizers and holiday bakery sweets
- **Lighthouse Café:** Hot dogs and ale
- **Tuttle's:** Reggae music by the band, Punda Melia
- **Sporty Seahorse Shops:** Refreshments in the garden
- **Lighthouse Realty:** Fudge & red wine
- **Sanibel Sea School:** Mariachi band, grilled mullet, beer & mulled wine, snacks, and surf videos
- **Huxter's Market & Deli:** Live music by Box Car Swing, champagne tasting & food

### 2. Jerry's Shopping Center

- **Jerry's Center:** Pictures w/Santa, wine tasting & cookies, Saxophone musician, hot dogs & soda
- **Boy Scouts:** Hot dogs & soda
- **Sanibel Community Church:** Walk thru Bethlehem, live Nativity, music, holiday bazaar, food & drink

### 3. Tahitian Gardens

- Live music by Certified Band & refreshments
- **Shiny Objects:** BBQ & Kabobs
- **Cheeburger Cheeburger:** Beer & wine specials
- **Adventures in Paradise:** Hors d'oeuvres & drinks
- **Cip's Place:** Light refreshments
- **Eileen Fisher:** Light refreshments

### 4. Periwinkle Place

- Pictures with Santa 6:30-7:30
- Live music from 6:00 to 8:30 by Malibu Duo
- Children's Education Center Choir—5:45

### 5. St. Michael & All Angels Church

- Brass Quintet, Hot cider & cookies

### 6. Village Shops

- Bonnie G - vocalist - jazz standards and easy listening
- **The Dale Home:** Food & drinks

### 7. Palm Ridge Plaza

- **Sanibel Deli:** Pizza and Beer
- **Rosie's Cafe:** Wine & snacks
- **Sanibel Sweet Shoppe:** Holiday treats
- **RE/MAX of the Islands:** Giant Balloon, The Grinch & Cindy Lou Who, Food & drinks
- **Premier Sotheby's Int'l Realty—**Refreshments

### 8. Olde Sanibel Shoppes

- Island Brass music & Sing-a-long Carols
- **On Island:** Refreshments & free gifts
- **Suncatcher's Dream:** Food & drink
- **Over Easy Café:** Snacks & refreshments
- **Island Paws:**

### 9. Bailey's Shopping Center

- **Bailey's General Store:** Wine tasting & hors d'oeuvres, Cypress Lakes School A Capella Group
- **George & Wendy's Seafood Grille:** Live Music, Food & drink specials from 6-9pm
- **Joey's Custard:** Desserts & hot chocolate
- **Cottages To Castles—**Refreshments
- **Whims on Periwinkle:** Drinks & live music
- **Beach Piez:** Pizza and drinks

### 10. McCallion & McCallion Realty:

- "Frozen" theme, hors d'oeuvres, hot cocoa, and wine. Karaoke to your favorite Christmas songs!

### Parking: NO trolleys this year

- 2—Jerry's Center
- 3—Tahitian Gardens
- 4—Periwinkle Place
- 6—Village Shops
- 8—Olde Sanibel Shoppes
- 9—Bailey's Center



*Sanibel Luminary Holiday Stroll*